

# **Open Belgian Championships – 2022**

## **Dear team-representative,**

A very warm welcome to all the clubs. We hope you will have a pleasant competition and we hope that all the swimmers will achieve great results. To streamline our competition in an orderly fashion, we would like to invite you to respect the following guidelines. Only the team representative can contact the jury, no coaches or swimmers are allowed at the main jury table (there will be a list with names of team representatives to be signed at the jury table during the warming-up).

## **Entrance.**

- The swimmers enter the building through the main entrance and can only access the swimming pool passing by the individual changing rooms, where they can change clothes. We ask everyone to at least change their shoes (hygienic reasons) in the changing rooms.
- For team-representatives and trainers, bracelets for each session are available in your club- envelop.
- To use the lockers, you must compose your own personal code, and make sure you can remember the code!
- The sitting places on the main stands are reserved for the public.
- Swimmers may not enter the swimming hall using the doors between the swimming pool and the main entry hall.

## **Warm-up**

- The training pool and the competition pool can be used during the warm-up.
- During warm-up, the lanes 1 and 8 of the competition pool are reserved for sprints.
- During the competition and for the warm-up of the finals, the training pool can be used for warm-up /cooling-down.
- In the training pool one backstroke start device is available for backstroke swimmers.
- Never leave the pool by climbing over the time-registration panels, always use the stairs on the side of the pool.
- The warming up in the competition pool ends 15 minutes before the start of the competition. Please ask your swimmers to leave immediately the pool.

## **Warming up pool / training pool**

- The space next to this pool is reserved for physiotherapist purposes.
- NO beds, storage of bags or sleeping swimmers are allowed in this area.
- The entire space around this pool must stay empty.

## **Competition**

- Every swimmer has to be present 10 minutes before his or her competition, in the call-room, located at the side of the competition pool (in face of the main grandstand).
- Every swimmer leaves the water immediately after the start of the next heat, except for the 50 m competition where they have to leave the pool by the stairs, never climb over the time-registration panels.
- Cancellations for the finals are to be communicated to the jury table according to the timing mentioned on the results, published at the doors between the competition pool and the hall. Reserve athletes must also be notified if they do not wish to participate. The results will be posted at the door between the swimming pool and the entrance hall.
- Timing: heats: 09:00 - finales: 16:00 (warming up starts 07:30 / 14:30).
- Open Finals: A with the best 8 of the heats (max. 2 foreign athletes); B (next best 8, also max. 2 foreign athletes).
- The "OPEN B" final will only be swum if there are min. 24 entries or swimmers (after withdrawals 48h before event).

## **Medal Ceremonies**

- The first three in the A-final get a medal. Timing of the medal ceremonies is on the program. Too late = no medal...
- The medal podium is placed face of the main grandstand).

## **Waste**

- Please keep the pool area clean and deposit all the waste in the available bags or waste bins.
- Verify that when you leave the place where you stayed with your swimmers everything is cleaned up.

## **Catering**

- Open from 07:00 until an hour after the end of the finals.
- You can only pay after you acquired cards for drinks.

**We wish you a pleasant and successful competition!**