

Limiettijden voor G-sporters deelname wedstrijden 2022
Flanders Swimming Cup (22-23 januari 2022)
Vlaamse kampioenschappen (25-27/02/2022)

G-sporters die een wedstrijdlicentie hebben ,bij een club aangesloten bij de zwemfed of FFBN, mogen deelnemen aan de hierboven bepaalde wedstrijden op de afstanden waar ze een limiet voor behaald hebben.

wedstrijd-afstand	categorie	Dames			Heren		
		19-jarigen en > (senioren)	17- en 18-jarigen (junioren)	15- 16-jarigen (kadetten)	19-jarigen en > (senioren)	17- en 18-jarigen (junioren)	15- en 16-jarigen*
50m vrije slag	S1						
50m vrije slag	S2				01:15,49	01:20,54	01:27,25
50m vrije slag	S3	01:09,97	01:14,65	01:20,90	00:53,76	00:57,35	01:02,15
50m vrije slag	S4	00:49,23	00:52,52	00:56,92	00:46,53	00:49,64	00:53,80
50m vrije slag	S5				00:38,29	00:40,85	00:44,27
50m vrije slag	S6	00:39,37	00:42,01	00:45,52	00:36,43	00:38,86	00:42,12
50m vrije slag	S7	00:39,36	00:41,99	00:45,51	00:33,04	00:35,25	00:38,20
50m vrije slag	S8	00:36,64	00:39,09	00:42,36			
50m vrije slag	S9	00:34,81	00:37,14	00:40,25	00:29,71	00:31,70	00:34,35
50m vrije slag	S10	00:33,44	00:35,67	00:38,66	00:28,61	00:30,52	00:33,08
50m vrije slag	S11	00:35,67	00:38,06	00:41,24	00:31,54	00:33,65	00:36,47
50m vrije slag	S12	00:33,16	00:35,38	00:38,34	00:28,48	00:30,38	00:32,93
50m vrije slag	S13	00:32,34	00:34,51	00:37,39	00:28,49	00:30,40	00:32,94
100m vrije slag	S1						
100m vrije slag	S2	03:08,98	03:21,61	03:38,49			
100m vrije slag	S3	02:28,61	02:38,55	02:51,82	02:25,05	02:34,75	02:47,71
100m vrije slag	S4	01:57,52	02:05,37	02:15,87	01:42,08	01:48,91	01:58,02
100m vrije slag	S5	01:37,00	01:43,48	01:52,14	01:24,93	01:30,61	01:38,19
100m vrije slag	S6	01:29,76	01:35,76	01:43,77	01:18,00	01:23,22	01:30,18
100m vrije slag	S7	01:26,57	01:32,36	01:40,09	01:13,79	01:18,72	01:25,31
100m vrije slag	S8	01:20,67	01:26,06	01:33,27	01:09,16	01:13,78	01:19,96
100m vrije slag	S9	01:13,91	01:18,85	01:25,45			
100m vrije slag	S10	01:11,44	01:16,21	01:22,59	01:02,78	01:06,98	01:12,58
100m vrije slag	S11	01:21,79	01:27,25	01:34,56			
100m vrije slag	S12	01:11,71	01:16,50	01:22,90	01:02,38	01:06,55	01:12,13
100m vrije slag	S13						
100m vrije slag	S14				01:01,85	01:05,98	01:11,51
100m vrije slag	S1						
200m vrije slag	S2				05:24,02	05:45,69	06:14,62
200m vrije slag	S3				04:24,33	04:42,00	05:05,61
200m vrije slag	S4				03:32,94	03:47,18	04:06,20
200m vrije slag	S5	03:30,34	03:44,40	04:03,18	03:15,13	03:28,18	03:45,61
200m vrije slag	S14	02:35,12	02:45,49	02:59,35	02:15,39	02:24,45	02:36,54
400m vrije slag	S6	06:22,77	06:48,37	07:22,55	06:07,46	06:32,03	07:04,84
400m vrije slag	S7	06:26,63	06:52,48	07:27,00	05:35,24	05:57,66	06:27,59
400m vrije slag	S8	05:58,07	06:22,01	06:53,98	05:20,24	05:41,65	06:10,25
400m vrije slag	S9	05:38,69	06:01,33	06:31,58	05:00,22	05:20,29	05:47,10
400m vrije slag	S10	05:32,47	05:54,70	06:24,39	04:56,76	05:16,61	05:43,11
400m vrije slag	S11	06:17,83	06:43,09	07:16,83	05:41,75	06:04,60	06:35,12
400m vrije slag	S12	05:42,26	06:05,14	06:35,71	04:54,17	05:13,84	05:40,11
400m vrije slag	S13	05:34,56	05:56,92	06:26,80	05:03,20	05:23,47	05:50,55

50m schoolslag	SB1				01:31,33	01:37,44	01:45,59
50m schoolslag	SB2	01:19,04	01:24,32	01:31,38	01:17,89	01:23,09	01:30,05
50m schoolslag	SB3	01:11,36	01:16,13	01:22,50	01:00,03	01:04,05	01:09,41
100m schoolslag	SB4	02:14,65	02:23,65	02:35,68	02:03,98	02:12,26	02:23,34
100m schoolslag	SB5	02:00,84	02:08,92	02:19,72	01:51,34	01:58,78	02:08,72
100m schoolslag	SB6	01:56,36	02:04,14	02:14,54	01:36,88	01:43,36	01:52,01
100m schoolslag	SB7	01:55,70	02:03,44	02:13,77	01:37,10	01:43,59	01:52,27
100m schoolslag	SB8	01:40,57	01:47,29	01:56,28	01:22,47	01:27,99	01:35,35
100m schoolslag	SB9	01:32,05	01:38,21	01:46,43	01:22,59	01:28,11	01:35,49
100m schoolslag	SB11	01:45,88	01:52,96	02:02,41	01:30,17	01:36,19	01:44,25
100m schoolslag	SB12	01:38,37	01:44,95	01:53,73	01:23,41	01:28,99	01:36,44
100m schoolslag	SB13	01:33,10	01:39,32	01:47,64	01:17,69	01:22,88	01:29,82
100m schoolslag	SB14	01:30,01	01:36,03	01:44,07	01:17,67	01:22,86	01:29,79
50m rugslag	S1	01:47,65	01:54,84	02:04,46	01:34,94	01:41,28	01:49,76
50m rugslag	S2	01:23,17	01:28,73	01:36,16	01:10,96	01:15,71	01:22,04
50m rugslag	S3	01:09,37	01:14,00	01:20,20	00:57,46	01:01,30	01:06,43
50m rugslag	S4	01:00,71	01:04,77	01:10,19	00:52,27	00:55,76	01:00,43
50m rugslag	S5	00:55,70	00:59,43	01:04,40	00:41,89	00:44,69	00:48,43
100m rugslag	S1	03:45,08	04:00,13	04:20,23	03:23,64	03:37,26	03:55,44
100m rugslag	S2	03:01,82	03:13,98	03:30,21	02:34,56	02:44,90	02:58,70
100m rugslag	S6	01:35,57	01:41,96	01:50,49	01:29,12	01:35,08	01:43,03
100m rugslag	S7	01:38,20	01:44,76	01:53,53	01:23,40	01:28,98	01:36,43
100m rugslag	S8	01:36,33	01:42,77	01:51,38	01:20,41	01:25,79	01:32,97
100m rugslag	S9	01:25,85	01:31,59	01:39,25	01:15,16	01:20,19	01:26,90
100m rugslag	S10	01:23,21	01:28,77	01:36,20	01:11,60	01:16,39	01:22,78
100m rugslag	S11	01:35,03	01:41,38	01:49,87	01:22,11	01:27,60	01:34,93
100m rugslag	S12	01:26,51	01:32,29	01:40,02	01:13,15	01:18,04	01:24,57
100m rugslag	S13	01:19,85	01:25,19	01:32,32	01:10,52	01:15,23	01:21,53
100m rugslag	S14	01:22,81	01:28,35	01:35,74	01:10,95	01:15,69	01:22,03
50m vlinderslag	S4	00:53,15	00:56,71	01:01,45	00:50,81	00:54,21	00:58,75
50m vlinderslag	S5	00:53,63	00:57,22	01:02,01	00:41,64	00:44,43	00:48,15
50m vlinderslag	S6	00:43,45	00:46,35	00:50,23	00:37,86	00:40,39	00:43,77
50m vlinderslag	S7	00:42,07	00:44,89	00:48,64	00:35,23	00:37,59	00:40,73
100m vlinderslag	S8	01:36,79	01:43,26	01:51,90	01:13,63	01:18,55	01:25,12
100m vlinderslag	S9	01:21,22	01:26,65	01:33,90	01:10,96	01:15,71	01:22,04
100m vlinderslag	S10	01:20,13	01:25,49	01:32,65	01:08,02	01:12,56	01:18,64
100m vlinderslag	S11				01:17,80	01:23,01	01:29,96
100m vlinderslag	S12	01:19,85	01:25,19	01:32,32	01:08,65	01:13,23	01:19,37
100m vlinderslag	S13	01:19,62	01:24,94	01:32,05	01:07,68	01:12,20	01:18,25
100m vlinderslag	S14	01:18,53	01:23,78	01:30,79	01:06,47	01:10,91	01:16,85
200m wisselslag	SM4						
200m wisselslag	SM5	04:17,08	04:34,26	04:57,22			
200m wisselslag	SM6	03:34,58	03:48,93	04:08,09	03:12,24	03:25,09	03:42,26
200m wisselslag	SM7	03:34,05	03:48,36	04:07,47	02:59,78	03:11,80	03:27,86
200m wisselslag	SM8	03:29,10	03:43,08	04:01,76	02:51,60	03:03,07	03:18,40
200m wisselslag	SM9	03:04,64	03:16,98	03:33,47	02:44,63	02:55,64	03:10,34
200m wisselslag	SM10	02:58,01	03:09,92	03:25,81	02:37,43	02:47,95	03:02,01
200m wisselslag	SM11	03:29,65	03:43,67	04:02,39	02:54,52	03:06,19	03:21,78
200m wisselslag	SM12	03:01,49	03:13,63	03:29,84	02:40,30	02:51,02	03:05,33
200m wisselslag	SM13	03:00,96	03:13,06	03:29,22	02:36,02	02:46,45	03:00,38
200m wisselslag	SM14	02:57,03	03:08,86	03:24,67	02:34,67	02:45,01	02:58,82

* Tijdens de VK is het voor kadetten jongens enkel mogelijk om deel te nemen als ze geboren zijn in 2006 (naar analogie met het wedstrijdreglement van de VK).

Deze limiettijden zijn opgesteld door Parantee-Psylos. Indien er hier vragen over zijn gelieve dan ook contact op te nemen met de topsportcoördinator van Parantee-Psylos (Steven Van Beylen)