





Open Belgian Qualification Meet

3-4 April 2021

The Royal Belgian Swimming Association, the FFBN and the Flemisch Swimming Federation are pleased to invite you to the Open Belgian Qualification Meet 2021. This swim meet takes place at the **Olympic Aquatic Centre Wezenberg, Desguinlei 17-19, 2018 Antwerp, Belgium**. A 50m competition pool with eight lanes and a 50m training pool with six lanes.

This meet will only host Belgian swimmers and foreign swimmers who want to qualify or prepare for the European (Junior) championships and also for the Olympic Games.

Visit <u>www.zwemfed.be/open-belgian-qualification-meet-obqm</u>, <u>www.ffbn.be</u>, <u>www.belswim.be</u> to find all the information.

If you have any questions regarding the practical organisation or the COVID measures, please contact: <u>inge.leeten@zwemfed.be</u>.

For questions concerning registrations, kindly contact <u>ronny.buggenhout@skynet.be</u>

For all other questions, please contact pascal.ghesquiere@gmail.com

















Program

				Saturday 3/04/202	1			
	Heats			B-finales			A-finales	
	Warming up: 07:15			Warming up: 14:30			Warming up: free	
	Start: 09:00			Start: 16:00			Start: 17:00	
1	100m freestyle	women		100m freestyle	women		100m freestyle	women
2	200m freestyle	men		200m freestyle	men		200m freestyle	men
3	400m I.M.	women		400m I.M.	women		400m I.M.	women
4	100m backstroke	men		100m backstroke	men		100m backstroke	men
5	200m butterfly	women		200m butterfly	women		200m butterfly	women
6	200m I.M.	men		200m I.M.	men		200m I.M.	men
7	50m butterfly	women		50m butterfly	women		50m butterfly	women
8	50m breaststroke	men		50m breaststroke	men		50m breaststroke	men
9	50m backstroke	women		50m backstroke	women		50m backstroke	women
10	50m freestyle	men		50m freestyle	men		50m freestyle	men
11	100m breaststroke	women		100m breaststroke	women		100m breaststroke	women
12	100m butterfly	men		100m butterfly	men		100m butterfly	men
13	200m backstroke	women		200m backstroke	women		200m backstroke	women
14	200m breaststroke	men		200m breaststroke	men		200m breaststroke	men
15	400m freestyle	women		400m freestyle	women		400m freestyle	women
			16	1500m freestyle	women	17	800m freestyle	men
						18	4 x 100m I.M.	women
						19	4 x 100m freestyle	men
				Sunday 4/04/2021				
	Heats			B-finales			A-finales	
	Warming up: 07:15			Warming up: 14:30			Warming up: free	
	Start: 09:00			Start: 16:00			Start: 17:00	
20	100m freestyle	men		100m freestyle	men		100m freestyle	men
21	200m freestyle	women		200m freestyle	women		200m freestyle	women
22	400m I.M.	men		400m I.M.			400 1.1.4	
23					men		400m I.M.	men
24	100m backstroke	women		100m backstroke	men women		400m I.M. 100m backstroke	women
25	100m backstroke 200m butterfly	women men			_			_
25				100m backstroke	women		100m backstroke	women
	200m butterfly	men		100m backstroke 200m butterfly	women men		100m backstroke 200m butterfly	women men
26	200m butterfly 200m I.M.	men women		100m backstroke 200m butterfly 200m I.M.	women men women		100m backstroke 200m butterfly 200m I.M.	women men women
26 27	200m butterfly 200m I.M. 50m butterfly	men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly	women men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly	women men women men
26 27 28	200m butterfly 200m I.M. 50m butterfly 50m breaststroke	men women men women		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke	women men women men women		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke	women men women men women
26 27 28	200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke	men women men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke	women men women men women men		100m backstroke200m butterfly200m I.M.50m butterfly50m breaststroke50m backstroke	women men women men women men
26 27 28 29 30	200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle	men women women men women		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle	women men women men women women		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle	women men women men women men women
26 27 28 29 30	200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke	men women women men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke	women men women women men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke	women men women women men women men
26 27 28 29 30 31 32	200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly	men women women men women men women		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly	women men women women men women women		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly	womenmenwomenwomenwomenmenwomenwomenmenwomen
26 27 28 29 30 31 32 33	200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly 200m backstroke	men women women men women men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly 200m backstroke	women men women women women men women men		100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly 200m backstroke	womenmenwomenmenwomenmenwomenmenwomenmen
26 27 28 29 30 31 32 33	200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m backstroke 50m freestyle 100m breaststroke 100m butterfly 200m backstroke 200m breaststroke	men women women men women women men women	36	100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m breaststroke 50m freestyle 100m breaststroke 100m butterfly 200m backstroke 200m breaststroke	women men women women men women women men women	37	100m backstroke 200m butterfly 200m I.M. 50m butterfly 50m breaststroke 50m freestyle 100m breaststroke 100m butterfly 200m backstroke 200m breaststroke	womenmenwomenmenwomenmenwomenmenwomenmenwomenmenwomenmen

The starting times are indicative and may be changed.

















Regulations

Qualification prerequisites

The goal of the meet is to allow swimmers a chance to qualify for the EC 2021, the EYC 2021 or the Olympic Games.

- For foreign athletes we use the FINA B times for the Olympic Games
- For Belgian athletes we use the qualification times for the EC or the EJC + 5%
- If an athlete has matched a qualification time, he or she will be allowed to participate in other distances during the meet.

On the websites of the FFBN and the Flemish Swimming Federation, you will find:

- The full program, table with qualification times and the list with Belgian swimmers permitted to join the competition (PDF)
- The Lenex Splash file.

Qualification rules

Qualifying times must be swum in a 50m pool, between 01-01-2019 and 21-03-2021.

Entries

Entries should be e-mailed to <u>ronny.buggenhout@skynet.be</u>, containing the Entry form (Excel) or the SPLASH Lenex. The closing date to submit the entries is -03-2021.

Entries will be published for your reference on <u>www.ffbn.be</u> and <u>www.zwemfed.be</u>

Entry fee

Due to the COVID-19 pandemic, each athlete and staff member will need to take a COVID-rapid test on site. This will be provided by the Flemish Swimming Federation and is included in the entry fee.

The entry fee will be €100 for foreign swimmers and €100 for every staff member (foreign teams).

In annex you can find a document with all the necessary information we need to complete the financial transactions. May we ask to fill in this document and to email us (along with the entries. After 22/03 (closing date for entry) we'll send you the invoice. We'll ask you to pay the amount due in advance.

In case of cancellation:

- If the participant decides to cancel, the fee will not be remunerated.
- In case of cancellation by the organisation the fee will be remunerated.





WEB & GRAPHICS











Pre competition training facilities

Due to COVID, we discourage participants to stay in Belgium longer than needed.

If, however, you arrive earlier than Friday due to travel availability or otherwise, please contact us for the availability of the training pool.

Heats

The heats (expect 800m, 1500m and medleys) will be divided based on FINA rules SW 3.1.1.2 and all associated rules.

Finals

Withdrawals for finals should be made no later than 30 minutes after the announcement of the finalists after each competition number.

There will only be a B-final if after the withdrawals there are minimum 11 swimmers in the finals.

Technical meeting

We organize an online technical meet to share the latest information. This meeting will be organised prior to the departure of the participants to Belgium on Wednesday 29/03. More details about this meeting (link) and the latest Covid-19 protocol in Belgium will be provided by mail.

Organization

The organisation has the right to accept or refuse participants or to change the regulations of the swim meet if forced by circumstances.

COVID-measures

All COVID-measures are bundled in a clear overview and will be sent to the participants.

All international participants will need to provide a negative PCR test taken at the most 72 hours prior to arrival in Belgium.

One team captain (Covid Responsible), one coach and one physiotherapist are allowed to be present at the pool at a time. Per nation, one analyst is welcome to join. Do you want to participate with a larger delegation? Please contact us.

The Flemish Swimming Federation will not provide airport transfer.

The COVID-measures will also be elucidated during the technical meet.

















Accommodation

In cooperation with our partner Hotel Mercure Antwerp City South, we offer attractive accommodation packages.

Mercure Antwerp City South



Single room: € 90/night

Twin room: € 105/night

4-star hotel, across the Wezenberg

Pricing incl. breakfast Excl. € 3 city tax per person per day

Lunch: € 20,5/person Dinner: € 28/person

Reservations Kindly fill in the reservation form.

Reservation deadline: March 23, 2021

COVID-measures hotel

Hotel Mercure is part of the Accor Group and follows their strict guidelines in regard to COVID. As such, they have received the All Safe Label. More info: <u>https://all.accor.com/event/allsafe.en.shtml</u>

















Attachments

Attachment A: qualification tin	nes
FEMALE	OPEN
	Foreign
	OS-B limiet
50 free	0:25,51
100m free	0:56,01
200m free	2:00,80
400m free	4:15,34
800m free	8:48,76
1500m free	17:01,80
50m back	
100m back	1:02,06
200m back	2:14,30
50m breast	
100m breast	1:09,08
200m breast	2:29,89
50m butterfly	
100m butterfly	0:59,66
200m butterfly	2:12,28
200m ind. medley	2:16,54
400m ind. medley	4:46,89
	-
MALE	OPEN
	Foreign
	OS B-Limiet
50 free	0:22,67
100m free	0:50,03
200m free	1:50,23
400m free	3:53,58
800m free	3:53,58 8:08,54
800m free 1500m free	3:53,58
800m free 1500m free 50m back	3:53,58 8:08,54 15:28,02
800m free 1500m free 50m back 100m back	3:53,58 8:08,54 15:28,02 0:55,47
800m free 1500m free 50m back 100m back 200m back	3:53,58 8:08,54 15:28,02
800m free 1500m free 50m back 100m back 200m back 50m breast	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03
800m free 1500m free 50m back 100m back 200m back 50m breast 100m breast	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03 1:01,73
800m free 1500m free 50m back 100m back 200m back 50m breast 100m breast 200m breast	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03
800m free 1500m free 50m back 100m back 200m back 50m breast 100m breast 200m breast 50m breast 50m butterfly	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03 1:01,73 2:14,26
800m free 1500m free 50m back 100m back 200m back 50m breast 100m breast 200m breast 50m butterfly 100m butterfly	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03 1:01,73 2:14,26 0:53,52
800m free 1500m free 50m back 100m back 200m back 50m breast 100m breast 200m breast 50m butterfly 100m butterfly 200m butterfly	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03 1:01,73 2:14,26 0:53,52 1:59,87
800m free 1500m free 50m back 100m back 200m back 50m breast 100m breast 200m breast 50m butterfly 100m butterfly	3:53,58 8:08,54 15:28,02 0:55,47 2:01,03 1:01,73 2:14,26 0:53,52

























