

3 Regio cup 5-3-2023
Beringen, 5/3/2023

1 - zondag 5 maart 2023

5/03/2023 - 14:00

Programmanr. 1
5/03/2023 - 14:00

Dames, 50m rugslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 34.38; 12: 33.67; 13: 29.53; 14: 30.54; 15: 29.24; 16: 30.31; 17: 27.27; 18: 28.06; 19 +: 27.27

Serie 1 van 10

1	De Belder Kato	DMB/21150/12	NT
2	Souvleris Anna	GZVN/21314/12	NT
3	Schouteden Nienke	DMB/21149/12	NT
4	Hoogwaerts Mirthe	ZCM/21038/08	NT
5	Loos Loesha	ZCM/21039/08	NT
6	Abas Kholud	PZC/21113/10	NT
7	Joriskes Lore	DMB/21147/12	NT
8	Huys Lise	DBT/21148/11	NT

Serie 2 van 10

1	Berghs Jinse	GZVN/21341/12	NT
2	Cluysen Ziva	LWB/21065/12	NT
3	Ruelens Cobien	DMB/21159/12	NT
4	Mélard Levi	ZDKB/21091/10	NT
5	Remans Quin	DMB/21146/12	NT
6	Dreessen Lyana	GZVN/21342/12	NT
7	Vanoppen Margot	HZS/21063/06	NT
8	Stokmans Emma	LWB/21068/10	NT

Serie 3 van 10

1	Hansen Maybel	ZDKB/21117/09	NT
2	Put Fien	DBT/21178/12	NT
3	Maes Charlotte	DBT/21194/06	NT
4	Bijnen Yaël	PZC/21110/10	55.75
5	Machiels Lore	STZC/21017/12	NT
6	Meers Lien	HZS/21154/08	NT
7	Cuypers Manon	GZVN/21315/12	NT
8	Huskens Liene	DMB/21166/12	NT

Serie 4 van 10

1	van Soest Arisra	PZC/21112/12	50.34
2	Vangeloven Fran	DMB/21155/11	49.36
3	Müller Rena	GZVN/21313/11	46.42
4	Poel Maren	DBT/21173/11	45.81
5	Plas Romée	DBT/21134/10	46.18
6	Luyten Lore	HZS/21244/08	46.79
7	Thieleman Kensi	PZC/21108/11	49.88
8	Abas Nour	PZC/21118/12	55.00

Serie 5 van 10

1	Riedl Linde	ZDKB/21098/10	45.20
2	Martens Ries	GZVN/21316/11	44.87
3	Vander Meer Amber	HZS/21209/11	44.52
4	Bousson Julie	DMB/21140/11	43.81
5	Sargesjan Nala	HZS/21232/11	44.24
6	Beunckens Tess	GZVN/21326/11	44.59
7	Tekay Sedef	PZC/21098/10	45.09
8	Luyten Elise	HZS/21246/10	45.37

Serie 6 van 10

1	Coemans Kaat	ZDKB/21090/11	42.25
2	Paulissen Kaat	GZVN/21144/06	41.65
3	Meertens Jessy	GZVN/21277/11	41.32
4	Koren Zara	GZVN/21294/11	40.47
5	Kerkhofs Kaat	DMB/21124/11	41.00
6	Jaspers Lien	HZS/21213/09	41.48
7	Vanierschot Kato	GZVN/21282/09	41.71
8	Van Munster Danné	GZVN/21324/09	42.76

Serie 7 van 10

1	Wevers Gitte	DMB/21123/11	39.83
2	Huybregts Jolien	DMB/21082/09	39.25
3	Jacobs Filippa	GZVN/21278/09	39.12
4	Cornelis Kato	GZVN/21142/06	38.89
5	Luts Emilia	DBT/21144/10	38.96
6	Hermans Yo-Lynne	DBT/21099/08	39.14
7	Coemans Hanne	ZDKB/21073/09	39.49
8	van de voort Saule	STZC/21012/10	40.31

Serie 8 van 10

1	Habraken Amber	GZVN/21258/10	38.53
2	Kozulya Mila	GZVN/21089/07	37.46
3	Dudek Fenne	DMB/21127/11	37.22
4	Vanhees Ella	DBT/21090/09	36.27
5	Mullens Jule	ZDKB/21076/08	36.31
6	Gerlings Anouk	ZDKB/21040/07	37.43
7	But Anastacia	HZS/21173/09	38.09
8	Vanierschot Lina	HZS/21157/08	38.87

Serie 9 van 10

1	Schepers Mirthe	GZVN/21213/04	35.75
2	Lambrechts Noa	DBT/21136/09	35.31
3	Jehaes Tess	ZDKB/21041/06	34.80
4	Cuijvers Lisa	DBT/21085/09	34.65
5	Coomans Emely	DMB/21144/07	34.75
6	Weytjens Amber	DMB/21071/08	35.09
7	Tordeur Lucie	GZVN/21194/09	35.53
8	Loenders Griet	PZC/21052/07	36.13

Serie 10 van 10

1	Vandevenne Liah	DBT/21135/11	34.38
2	Crijns Riyana	DMB/21133/08	33.41
3	Roox Amélie	ZDKB/21072/08	31.90
4	Bussels Fleur	DMB/21066/08	30.54
5	Theuwis Nelle	DMB/21173/06	31.58
6	Vinken Amélie	DMB/21143/07	33.41
7	Broux Elise	GZVN/21015/05	34.25
8	Theuwis Rune	DMB/21174/02	34.40

3 Regio cup 5-3-2023
Beringen, 5/3/2023

Programmanr. 2
5/03/2023 - 14:14

Heren, 50m rugslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 34.43; 12: 33.08; 13: 30.25; 14: 28.58; 15: 27.70; 16: 27.24; 17: 26.62; 18: 26.75; 19 +: 26.21

Serie 1 van 8

1			
2			
3	Kamagate Tamsi	LWB/11071/09	NT
4	Vandijck Samuel	DMB/11142/12	NT
5	Van Overbeek Ferre	DBT/11184/08	NT
6			
7			
8			

Serie 2 van 8

1			
2	Metzemakers Noa	DMB/11068/06	NT
3	Tholen Stijn	DMB/11154/12	NT
4	Geutjens Maxime	DMB/11148/12	NT
5	Walterus Kilyan	DMB/11156/12	NT
6	Gil Sahir Youssef	DMB/11145/12	NT
7	Jamar Kamiel	STZC/11016/12	NT
8			

Serie 3 van 8

1	Vervloet Finn	GZVN/11295/12	NT
2	Mannaerts Mathias	LWB/11069/11	45.44
3	Prosmans Gé	ZDKB/11075/09	44.13
4	Vanrusselt Lucas	GZVN/11317/11	43.65
5	Van Gompel Tristan	ZDKB/11095/09	44.06
6	Beets Jorre	DBT/11162/07	44.75
7	Hauben Sander	HZS/11153/07	NT
8	Meers Jan	HZS/11083/06	NT

Serie 4 van 8

1	Poelmans Keano	DBT/11151/09	43.58
2	Janssen Lander	LWB/11070/11	41.19
3	Verschaeren Lander	DBT/11128/09	39.66
4	Tielen Sander	DMB/11119/11	39.10
5	Moermans Tijmen	ZDKB/11094/08	39.47
6	Schouterden Michel	DMB/11128/11	39.91
7	Frederix Lou	DBT/11137/11	43.45
8	Michiels Tuur	LWB/11064/09	43.64

Serie 5 van 8

1	Evens Vince	DMB/11122/11	38.43
2	Inthof Lars	GZVN/11170/08	37.45
3	Dubois Jieri	GZVN/11193/07	36.87
4	Metten Vince	DMB/11103/10	36.67
5	Pouls Roderik	GZVN/11167/07	36.71
6	Vranken Barend	DMB/11136/11	37.31
7	Cuyper Arnaud	GZVN/11197/09	37.69
8	Daemen Juul	DMB/11105/10	38.60

Serie 6 van 8

1	Vandepoel Quinten	STZC/11007/10	36.48
2	Daemen Tuur	DMB/11064/08	36.20
3	Mpitzilis Ilias	GZVN/11227/10	35.98
4	Vranken Bjarne	DMB/11134/09	35.56
5	Van Edom Jef	DBT/11182/09	35.72
6	Servranckx Senne	DMB/11107/10	36.05
7	Jansen Toon	LWB/11051/08	36.27
8	Vangrootloon Jef	STZC/11009/10	36.62

Serie 7 van 8

1	Smits Pieter	ZDKB/11082/08	35.14
2	Vanoppen Mathias	HZS/11151/09	34.36
3	Baelen Siebe	DBT/11103/07	33.26
4	Broux Alexander	GZVN/11091/07	32.41
5	Vermeir Viktor	GZVN/11087/07	32.47
6	Evens Mats	DMB/11106/10	34.18
7	Rutten Matheo	DMB/11116/07	34.97
8	Jeurissen Xander	ZDKB/11087/04	35.25

Serie 8 van 8

1	Biesmans Jens	ZCM/11011/07	31.76
2	Tops Mika	LWB/11048/06	31.10
3	Simons Vic	ZDKB/11084/08	30.15
4	Lemmens Rune	DMB/11152/05	29.09
5	Veestraeten Mats	DMB/11031/06	29.44
6	Vranken Bartel	DMB/11135/07	30.79
7	Jorissen Rube	GZVN/11137/08	31.27
8	Kopriva Ilio	DBT/11016/06	31.78

Programmanr. 3
5/03/2023 - 14:24

Dames, 200m vlinderslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 2:50.37; 12: 2:41.40; 13: 2:31.17; 14: 2:17.71; 15: 2:19.06; 16: 2:16.93; 17: 2:15.41; 18: 2:15.83; 19 +: 2:15.41

Serie 1 van 1

1			
2	Vanierschot Ella	HZS/21192/10	NT
3	Castillo Ronquillo B.	PZC/21088/08	NT
4	Vertessen Fran	DBT/21114/09	2:41.78
5	Meertens Jody	GZVN/21267/09	2:55.09
6	Maris Tine	ZDKB/21043/06	NT
7			
8			

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Programmanr. 4
5/03/2023 - 14:28

Heren, 200m vlinderslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 2:47.97; 12: 2:33.75; 13: 2:23.05; 14: 2:13.44; 15: 2:09.72; 16: 2:05.77; 17: 2:02.84; 18: 2:02.36; 19 +: 2:02.36

Serie 1 van 1

1	Tordeur Ilias	GZVN/11292/11	NT
2	Vos Sem	GZVN/11257/10	2:54.56
3	Vandooren Jules	GZVN/11276/07	2:33.41
4	Geraerds Luka	GZVN/11335/05	2:19.80
5	Claeskens Milan	DBT/11091/06	2:23.19
6	Engelen Lars	LWB/11061/08	2:45.56
7	Stox Bram	HZS/11090/08	NT
8			

Programmanr. 5
5/03/2023 - 14:32

50m vlinderslag

10 jaar
Startlijst

Prov. Records Limb.: Heren: 34.09; Dames: 36.74

Serie 1 van 1

1	Vlassaks Rosalie	PZC/21103/13	NT
2	Nijs Alani	DBT/21174/13	NT
3	Vanheeswijck Amelea	DMB/21190/13	NT
4	Tordeur Kilian	GZVN/11318/13	43.84
5	Janssens Lieze	DBT/21163/13	1:03.74
6	Theuwissen Nore	DMB/21164/13	NT
7	Beerten Florence	DBT/21172/13	NT
8	Cloesen Lars	DMB/11179/13	NT

Programmanr. 6
5/03/2023 - 14:34

50m rugslag

9 - 10 jaar
Startlijst

Prov. Records Limb.: 9 Heren: 39.13; 10 Heren: 36.63; 9 Dames: 40.71; 10 Dames: 37.41

Serie 1 van 4

1	Van Ham Marie	LWB/21084/13	NT
2	Ferreira Cravo Enzo	DMB/11188/14	NT
3	Vanhees Hannah	GZVN/21354/14	NT
4	Nijs Viktor	DMB/11192/14	NT
5	Pennemans Lisa	LWB/21080/14	NT
6	Swinnen Paulien	DBT/21189/14	NT
7	Franssen Emily	DMB/21180/13	NT
8			

Serie 2 van 4

1	Segers Ferre	DMB/11183/14	NT
2	Beijnsberger Louise	DMB/21184/14	NT
3	Moors Victor	DMB/11185/14	NT
4	Claes Janne	DBT/21185/14	NT
5	Moors Calista	DMB/21190/14	NT
6	Timmers Bjarne	DMB/11178/13	NT
7	Schreurs Alina	DMB/21182/14	NT
8	Put Tyana	HZS/21283/14	NT

Serie 3 van 4

1	Pira Anne-Sophie	DBT/21188/13	NT
2	Hiemeleers Fien	HZS/21284/14	NT
3	Vander Meer Noor	HZS/21282/13	NT
4	Hermans Yesse	DBT/11187/13	NT
5	Nulens Azzurra	DMB/21186/14	NT
6	Nouwen Fleur	DMB/21167/13	NT
7	Vandewaerde Oobe	DMB/21181/13	NT
8	Gielen Zoran	DBT/11186/13	NT

Serie 4 van 4

1	Vreys Anse	DBT/21191/14	NT
2	Creemers Alexia	DMB/21189/14	NT
3	Ratsitska Iriini Dimitra	GZVN/21352/13	NT
4	Das Louise	STZC/21015/13	NT
5	Cuypers Maxime	GZVN/11351/13	NT
6	Smeets Ella	DMB/21187/14	NT
7	Van Hees Lenthel	DBT/21190/14	NT
8	Bollen Warre	PZC/11115/14	NT

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Programmanr. 7
5/03/2023 - 14:39

Dames, 100m wisselslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 1:14.01; 12: 1:08.70; 13: 1:05.07; 14: 1:03.05; 15: 1:06.84; 16: 1:00.66; 17: 59.34; 18: 1:07.01; 19 +: 59.34

Serie 1 van 8

1			
2	Unal Ada	DBT/21176/12	NT
3	Weytjens Amber	DMB/21071/08	NT
4	Vanierschot Kato	GZVN/21282/09	NT
5	Vangeloven Fran	DMB/21155/11	NT
6	Luyten Elise	HZS/21246/10	NT
7			
8			

Serie 2 van 8

1	Meers Lien	HZS/21154/08	NT
2	Mélard Levi	ZDKB/21091/10	NT
3	Cona Tanem	GZVN/21348/10	NT
4	Hoogwaerts Mirthe	ZCM/21038/08	NT
5	Vinken Amélie	DMB/21143/07	NT
6	Janssen Lore	GZVN/21253/07	NT
7	Wevers Gitte	DMB/21123/11	NT
8	Moors Yana	DBT/21139/09	NT

Serie 3 van 8

1	Jaspers Lien	HZS/21213/09	NT
2	Stokmans Emma	LWB/21068/10	NT
3	Ardu Peppa Jolene	DBT/21175/12	NT
4	Engelen Floor	DBT/21146/12	NT
5	Vanbrabant Manon	DBT/21177/12	NT
6	Maes Charlotte	DBT/21194/06	NT
7	Billen Yana	STZC/21018/10	NT
8	Zangari Aurora	GZVN/21195/09	NT

Serie 4 van 8

1	Schepers Mirthe	GZVN/21213/04	NT
2	Remans Quin	DMB/21146/12	NT
3	Jacobs Filippa	GZVN/21278/09	NT
4	Lambrechts Noa	DBT/21136/09	NT
5	Theuwis Rune	DMB/21174/02	NT
6	Bijnen Yaël	PZC/21110/10	NT
7	Kurt Zulal	GZVN/21325/10	NT
8	Daoudi Lilya	GZVN/21344/10	NT

Serie 5 van 8

1	Vanoppen Margot	HZS/21063/06	NT
2	Jansen Eline	PZC/21111/11	1:44.28
3	Cypers de Landrecy Jozefien	PZC/21092/11	1:37.88
4	Pannemans Tessa	GZVN/21340/10	1:33.36
5	Van Litsenborg Aurélie	DBT/21149/11	1:36.30
6	Cluysen Ziva	LWB/21065/12	1:41.84
7	Bousson Julie	DMB/21140/11	1:47.58
8	Khadija Said Mohamed	GZVN/21343/10	NT

Serie 6 van 8

1	Vandevenne Liah	DBT/21135/11	1:26.71
2	Gerlings Anouk	ZDKB/21040/07	1:26.44
3	Hermans Yo-Lynne	DBT/21099/08	1:25.31
4	Claeskens Lina	DBT/21098/08	1:23.43
5	Coemans Hanne	ZDKB/21073/09	1:24.30
6	Dudek Fenne	DMB/21127/11	1:26.03
7	Odeur Lore	GZVN/21283/09	1:26.66
8	Verleysen Noa	HZS/21233/11	1:29.89

Serie 7 van 8

1	Renette Lena	DBT/21142/09	1:20.00
2	Coomans Emely	DMB/21144/07	1:19.00
3	Cluysen Zoë	LWB/21062/10	1:18.48
4	Mullens Jule	ZDKB/21076/08	1:17.30
5	Jehaes Tess	ZDKB/21041/06	1:17.92
6	Roox Amélie	ZDKB/21072/08	1:18.51
7	Brouwers Charlotte	DBT/21145/11	1:19.30
8	Melotte Pia	DBT/21150/10	1:22.86

Serie 8 van 8

1	Vertessen Fran	DBT/21114/09	1:14.42
2	Theuwis Nelle	DMB/21173/06	1:11.26
3	Verstrepen Siel	GZVN/20598/03	1:09.20
4	Palumbo Mila	DBT/21070/08	1:08.12
5	Bussels Fleur	DMB/21066/08	1:08.12
6	Broux Elise	GZVN/21015/05	1:09.97
7	Frederix Maya	DBT/21083/09	1:14.04
8	Vanhees Ella	DBT/21090/09	1:14.67

Programmanr. 8
5/03/2023 - 14:57

Heren, 100m wisselslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 1:15.09; 12: 1:07.99; 13: 1:02.75; 14: 1:00.51; 15: 59.51; 16: 57.73; 17: 56.43; 18: 56.94; 19 +: 56.43

Serie 1 van 6

1			
2	Kumas Arda	GZVN/11327/09	NT
3	Vertessen Wout	DBT/11161/12	NT
4	Gil Sahir Youssef	DMB/11145/12	NT
5	Gerits Tuur	LWB/11060/09	NT
6	Verschaeren Lander	DBT/11128/09	NT
7	Geutjens Maxime	DMB/11148/12	NT
8			

Serie 2 van 6

1	Van Gompel Tristan	ZDKB/11095/09	NT
2	Vandijck Samuel	DMB/11142/12	NT
3	Janssen Thibe	DBT/11167/11	NT
4	Knops Jelle	GZVN/11323/09	NT
5	Tholen Stijn	DMB/11154/12	NT
6	Lemmens Rune	DMB/11152/05	NT
7	Baelen Siebe	DBT/11103/07	NT
8	Tielen Sander	DMB/11119/11	NT

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Programmanr. 8, Heren, 100m wisselslag

Serie 3 van 6

1	Baelen Tobe	DBT/11113/10	NT
2	Hensen Lars	ZDKB/11113/07	NT
3	Mannaerts Mathias	LWB/11069/11	1:34.67
4	Moermans Tijmen	ZDKB/11094/08	1:33.44
5	Schouterden Michel	DMB/11128/11	1:33.95
6	Rutten Matheo	DMB/11116/07	NT
7	Meermans Stan	DBT/11164/12	NT
8	Prosmans Gé	ZDKB/11075/09	NT

Serie 4 van 6

1	Beets Jorre	DBT/11162/07	1:31.97
2	Cetinkaya Doruk	DBT/11166/08	1:23.47
3	Daemen Juul	DMB/11105/10	1:20.42
4	Vranken Bjarne	DMB/11134/09	1:18.94
5	Inthof Lars	GZVN/11170/08	1:19.25
6	Smits Pieter	ZDKB/11082/08	1:22.41
7	Janssen Lander	LWB/11070/11	1:30.47
8	Evens Vince	DMB/11122/11	1:32.76

Serie 5 van 6

1	Daemen Tuur	DMB/11064/08	1:16.93
2	Michiels Pieter	LWB/11022/07	1:12.64
3	Pouls Roderik	GZVN/11167/07	1:09.69
4	Biesmans Jens	ZCM/11011/07	1:08.84
5	Simons Vic	ZDKB/11084/08	1:09.07
6	Jeurissen Xander	ZDKB/11087/04	1:11.37
7	Theunissen Toon	DBT/11120/09	1:13.88
8	Evens Mats	DMB/11106/10	1:17.92

Serie 6 van 6

1	Vermeir Viktor	GZVN/11087/07	1:08.05
2	Birlogeanu Luca	DBT/11055/05	1:06.89
3	Kopriva Ilio	DBT/11016/06	1:04.70
4	Oris Tim	DMB/10326/98	1:01.60
5	Veestraeten Mats	DMB/11031/06	1:04.02
6	Vranken Bartel	DMB/11135/07	1:05.35
7	Jorissen Rube	GZVN/11137/08	1:07.87
8	Metzemakers Noa	DMB/11068/06	1:08.84

15:10 PAUZE

Programmanr. 9
5/03/2023 - 15:25

Dames, 100m vrije slag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 1:04.19; 12: 59.48; 13: 57.55; 14: 55.53; 15: 56.41; 16: 56.00; 17: 54.71; 18: 54.51; 19 +: 54.71

Serie 1 van 8

1	Loos Loesha	ZCM/21039/08	NT
2	Billen Yana	STZC/21018/10	NT
3	Thieleman Kensi	PZC/21108/11	1:45.02
4	Souvleris Anna	GZVN/21314/12	1:40.67
5	Vanbrabant Manon	DBT/21177/12	1:41.50
6	Pennemans Lana	LWB/21081/12	NT
7	Machiels Lore	STZC/21017/12	NT
8	Hansen Maybel	ZDKB/21117/09	NT

Serie 2 van 8

1	De Belder Kato	DMB/21150/12	1:40.14
2	Dreessen Lyana	GZVN/21342/12	1:36.54
3	Unal Ada	DBT/21176/12	1:35.12
4	van Soest Arisra	PZC/21112/12	1:33.86
5	Joriskes Lore	DMB/21147/12	1:34.25
6	Riedl Linde	ZDKB/21098/10	1:36.21
7	Jansen Eline	PZC/21111/11	1:39.83
8	Abas Nour	PZC/21118/12	1:40.24

Serie 3 van 8

1	Ruelens Cobien	DMB/21159/12	1:28.85
2	Abas Kholud	PZC/21113/10	1:28.43
3	Poel Maren	DBT/21173/11	1:26.56
4	Huys Lise	DBT/21148/11	1:24.48
5	Luyten Lore	HZS/21244/08	1:26.41
6	Cypers de Landrecy Jozefien	PZC/21092/11	1:27.87
7	Schouteden Nienke	DMB/21149/12	1:28.83
8	Berghs Jinse	GZVN/21341/12	1:31.83

Serie 4 van 8

1	Maes Leonie	PZC/21106/12	1:23.10
2	Coemans Kaat	ZDKB/21090/11	1:22.02
3	Müller Rena	GZVN/21313/11	1:21.20
4	Bollen Gitte	PZC/41102/11	1:20.20
5	Michiels Ans	LWB/21052/10	1:20.94
6	Vos Jitte	ZDKB/21108/08	1:21.93
7	Cuypers Manon	GZVN/21315/12	1:22.85
8	Tekay Sedef	PZC/21098/10	1:24.28

Serie 5 van 8

1	Martens Ries	GZVN/21316/11	1:18.66
2	Beunckens Tess	GZVN/21326/11	1:17.09
3	Meertens Jessy	GZVN/21277/11	1:15.46
4	Cypers de Landrecy Tillie	PZC/21084/10	1:15.09
5	Lemmens Wies	LWB/21075/10	1:15.16
6	Koren Zara	GZVN/21294/11	1:15.56
7	Van Munster Danné	GZVN/21324/09	1:18.59
8	Put Fien	DBT/21178/12	1:19.03

Serie 6 van 8

1	Kerkhofs Kaat	DMB/21124/11	1:14.13
2	Wevers Gitte	DMB/21123/11	1:13.16
3	Gerlings Anouk	ZDKB/21040/07	1:12.00
4	Odeur Lore	GZVN/21283/09	1:10.30
5	Habraken Amber	GZVN/21258/10	1:10.94
6	Lodewijks Floor	LWB/21053/10	1:12.31
7	Huybregts Jolien	DMB/21082/09	1:13.49
8	Vlassaks Lena	PZC/21085/10	1:14.23

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Programmanr. 9, Dames, 100m vrije slag

Serie 7 van 8

1	Jansen Roos	PZC/21042/08	1:08.93
2	Souvleris Sofia	GZVN/21260/10	1:08.56
3	Tordeur Lucie	GZVN/21194/09	1:07.26
4	Maes Helene	PZC/21074/10	1:06.94
5	Cluysen Zoë	LWB/21062/10	1:07.06
6	Luts Emilia	DBT/21144/10	1:07.62
7	Meertens Jody	GZVN/21267/09	1:08.91
8	Lomans Alaine	GZVN/21322/10	1:09.68

Serie 8 van 8

1	Renette Lena	DBT/21142/09	1:06.60
2	Thijs Hannah	PZC/21043/08	1:04.87
3	Lambrechts Noa	DBT/21136/09	1:03.54
4	Crijns Riyana	DMB/21133/08	1:02.23
5	Kozulya Mila	GZVN/21089/07	1:03.51
6	Maris Tine	ZDKB/21043/06	1:04.56
7	Frederix Maya	DBT/21083/09	1:05.20
8	Cuypers Linne	GZVN/21270/10	1:06.77

Programmanr. 10
5/03/2023 - 15:41

Heren, 100m vrije slag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 1:02.97; 12: 1:00.12; 13: 56.78; 14: 53.82; 15: 53.12; 16: 52.12; 17: 51.94; 18: 51.80; 19 +: 48.97

Serie 1 van 6

1			
2	Ayoubi Farhan	ZDKB/11120/10	NT
3	Jamar Kamiel	STZC/11016/12	NT
4	Cluysen Kyan	LWB/11082/12	NT
5	Swendrowski Milan	ZDKB/11111/10	NT
6	Jans Sen	ZDKB/11104/11	NT
7	Walterus Kilyan	DMB/11156/12	NT
8			

Serie 2 van 6

1	Vanrusselt Lucas	GZVN/11317/11	1:19.83
2	Tordeur Ilias	GZVN/11292/11	1:15.01
3	van den Berg Jasper	PZC/11086/10	1:13.88
4	Vervloet Finn	GZVN/11295/12	1:13.37
5	Van Overbeek Ferre	DBT/11184/08	1:13.56
6	Danilov Michaël	PZC/11054/09	1:14.22
7	Gerits Tuur	LWB/11060/09	1:19.04
8	Frederix Lou	DBT/11137/11	1:23.12

Serie 3 van 6

1	Michiels Tuur	LWB/11064/09	1:12.75
2	Smits Pieter	ZDKB/11082/08	1:11.39
3	Beyens Nicolas	DBT/11101/07	1:09.63
4	Mpitilis Ilias	GZVN/11227/10	1:08.41
5	Cuypers Arnaud	GZVN/11197/09	1:08.54
6	Servranckx Senne	DMB/11107/10	1:10.44
7	Fransen Dylano	PZC/11096/11	1:12.39
8	Gijbels Juul	DBT/11119/08	1:13.14

Serie 4 van 6

1	Cetinkaya Doruk	DBT/11166/08	1:06.97
2	Dubois Jieri	GZVN/11193/07	1:06.04
3	Vranken Barend	DMB/11136/11	1:05.51
4	Vanoppen Mathias	HZS/11151/09	1:04.70
5	Vranken Bjarne	DMB/11134/09	1:04.86
6	Van Edom Jef	DBT/11182/09	1:05.99
7	Roosen Lukas	PZC/11077/10	1:06.78
8	Baelen Tobe	DBT/11113/10	1:07.68

Serie 5 van 6

1	Theunissen Toon	DBT/11120/09	1:02.54
2	Biesmans Jens	ZCM/11011/07	1:00.47
3	Simons Vic	ZDKB/11084/08	58.94
4	Tops Mika	LWB/11048/06	58.62
5	Claeskens Milan	DBT/11091/06	58.63
6	Vandooren Jules	GZVN/11276/07	59.54
7	Broux Alexander	GZVN/11091/07	1:00.58
8	Daemen Tuur	DMB/11064/08	1:03.56

Serie 6 van 6

1	Vranken Bartel	DMB/11135/07	58.16
2	Geraerds Luka	GZVN/11335/05	57.10
3	Moors Eli-Emmanuel	LWB/11083/07	56.42
4	Peeters Yentl	ZCM/10222/00	55.37
5	Hauben Sander	HZS/11153/07	56.30
6	Stox Bram	HZS/11090/08	56.75
7	Kopriva Ilio	DBT/11016/06	57.38
8	Meers Jan	HZS/11083/06	58.52

Programmanr. 11
5/03/2023 - 15:52

Dames, 50m schoolslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 37.62; 12: 36.88; 13: 34.76; 14: 34.14; 15: 33.56; 16: 32.99; 17: 32.63; 18: 31.62; 19 +: 31.55

Serie 1 van 6

1			
2			
3	Mélard Levi	ZDKB/21091/10	NT
4	Pennemans Lana	LWB/21081/12	NT
5	Hoogwaerts Mirthe	ZCM/21038/08	NT
6	Maes Charlotte	DBT/21194/06	NT
7			
8			

Serie 2 van 6

1	Khadija Said Mohamed	GZVN/21343/10	NT
2	Ardu Peppa Jolene	DBT/21175/12	NT
3	Huskens Liene	DMB/21166/12	NT
4	Cona Tanem	GZVN/21348/10	NT
5	Bousson Julie	DMB/21140/11	NT
6	Dudek Fenne	DMB/21127/11	NT
7	Daoudi Lilya	GZVN/21344/10	NT
8	Theuwis Nelle	DMB/21173/06	NT

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Programmanr. 11, Dames, 50m schoolslag

Serie 3 van 6

1	Castillo Ronquillo B.	PZC/21088/08	NT
2	Zangari Aurora	GZVN/21195/09	NT
3	Pannemans Tessa	GZVN/21340/10	52.66
4	Luyten Elise	HZS/21246/10	49.87
5	Van Litsenborg Aurélie	DBT/21149/11	51.28
6	Kurt Zulal	GZVN/21325/10	52.69
7	Meers Lien	HZS/21154/08	NT
8	Cornelis Kato	GZVN/21142/06	NT

Serie 4 van 6

1	Jaspers Lien	HZS/21213/09	48.59
2	Lemmens Wies	LWB/21075/10	46.43
3	Brouwers Charlotte	DBT/21145/11	45.75
4	Vandevenne Liah	DBT/21135/11	44.71
5	Vos Jitte	ZDKB/21108/08	45.09
6	Melotte Pia	DBT/21150/10	46.16
7	Claeskens Lina	DBT/21098/08	46.50
8	Engelen Floor	DBT/21146/12	48.76

Serie 5 van 6

1	Coemans Kaat	ZDKB/21090/11	43.41
2	Moors Yana	DBT/21139/09	41.59
3	Mullens Jule	ZDKB/21076/08	40.80
4	Jehaes Tess	ZDKB/21041/06	40.08
5	Lodewijks Floor	LWB/21053/10	40.60
6	Coemans Hanne	ZDKB/21073/09	41.26
7	Vanierschot Lina	HZS/21157/08	43.03
8	Coomans Emely	DMB/21144/07	44.13

Serie 6 van 6

1	Frederix Maya	DBT/21083/09	39.81
2	Bussels Fleur	DMB/21066/08	38.50
3	Theuwis Rune	DMB/21174/02	36.88
4	Verstrepn Siel	GZVN/20598/03	31.55
5	Palumbo Mila	DBT/21070/08	35.86
6	Roox Amélie	ZDKB/21072/08	37.66
7	Vertessen Fran	DBT/21114/09	38.71
8	Vanhees Ella	DBT/21090/09	39.93

Programmanr. 12
5/03/2023 - 16:01

Heren, 50m schoolslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 37.67; 12: 34.61; 13: 32.83; 14: 32.30; 15: 29.81; 16: 28.70; 17: 28.93; 18: 28.29; 19 +: 26.73

Serie 1 van 5

1	Evens Vince	DMB/11122/11	NT
2	Schouterden Michel	DMB/11128/11	NT
3	Servranckx Senne	DMB/11107/10	NT
4	Swendrowski Milan	ZDKB/11111/10	NT
5	Vertessen Wout	DBT/11161/12	NT
6	Tielen Sander	DMB/11119/11	NT
7	Cluysen Kyan	LWB/11082/12	NT
8			

Serie 2 van 5

1	Knops Jelle	GZVN/11323/09	NT
2	Jans Sen	ZDKB/11104/11	NT
3	Hensen Lars	ZDKB/11113/07	NT
4	Meermans Stan	DBT/11164/12	NT
5	Janssen Thibe	DBT/11167/11	NT
6	Ayoubi Farhan	ZDKB/11120/10	NT
7	Van Gompel Tristan	ZDKB/11095/09	NT
8	Evens Mats	DMB/11106/10	NT

Serie 3 van 5

1	Beets Jorre	DBT/11162/07	51.02
2	Kamagate Tamsi	LWB/11071/09	46.06
3	Kumas Arda	GZVN/11327/09	43.98
4	Verschaeren Lander	DBT/11128/09	40.27
5	Metten Vince	DMB/11103/10	41.47
6	Daemen Juul	DMB/11105/10	44.71
7	Gijbels Juul	DBT/11119/08	46.34
8	Prosmans Gé	ZDKB/11075/09	51.11

Serie 4 van 5

1	Beyens Nicolas	DBT/11101/07	39.74
2	Tops Mika	LWB/11048/06	39.22
3	Daemen Tuur	DMB/11064/08	38.78
4	Pouls Roderik	GZVN/11167/07	38.35
5	Jansen Toon	LWB/11051/08	38.75
6	Vranken Bjarne	DMB/11134/09	39.05
7	Moermans Tijmen	ZDKB/11094/08	39.65
8	Inthof Lars	GZVN/11170/08	40.18

Serie 5 van 5

1	Lemmens Rune	DMB/11152/05	35.89
2	Vermeir Viktor	GZVN/11087/07	35.30
3	Metzemakers Noa	DMB/11068/06	33.19
4	Oris Tim	DMB/10326/98	30.83
5	Jorissen Rube	GZVN/11137/08	33.14
6	Jeurissen Xander	ZDKB/11087/04	34.36
7	Birlogeanu Luca	DBT/11055/05	35.87
8	Moors Eli-Emmanuel	LWB/11083/07	36.06

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Programmanr. 13
5/03/2023 - 16:08

100m schoolslag

9 - 10 jaar
Startlijst

Serie 1 van 5

1	Gielen Zoran	DBT/11186/13	NT
2	Das Louise	STZC/21015/13	NT
3	Timmers Bjarne	DMB/11178/13	NT
4	Schreurs Alina	DMB/21182/14	NT
5	Van Ham Marie	LWB/21084/13	NT
6	Vreys Anse	DBT/21191/14	NT
7	Nijs Viktor	DMB/11192/14	NT
8			

Serie 2 van 5

1	Ratsitska Irini Dimitra	GZVN/21352/13	NT
2	Beijnsberger Louise	DMB/21184/14	NT
3	Swinnen Paulien	DBT/21189/14	NT
4	Hermans Yesse	DBT/11187/13	NT
5	Vandewaerde Oobe	DMB/21181/13	NT
6	Moors Calista	DMB/21190/14	NT
7	Hiemeleers Fien	HZS/21284/14	NT
8	Vanhees Hannah	GZVN/21354/14	NT

Serie 3 van 5

1	Vander Meer Noor	HZS/21282/13	NT
2	Vanheeswijck Amelea	DMB/21190/13	NT
3	Moors Victor	DMB/11185/14	NT
4	Smeets Ella	DMB/21187/14	NT
5	Pennemans Lisa	LWB/21080/14	NT
6	Bollen Warre	PZC/11115/14	NT
7	Put Tyana	HZS/21283/14	NT
8	Segers Ferre	DMB/11183/14	NT

Serie 4 van 5

1	Cuypers Maxime	GZVN/11351/13	NT
2	Claes Janne	DBT/21185/14	NT
3	Pira Anne-Sophie	DBT/21188/13	NT
4	Nulens Azzurra	DMB/21186/14	NT
5	Creemers Alexia	DMB/21189/14	NT
6	Van Hees Lenthel	DBT/21190/14	NT
7	Ferreira Cravo Enzo	DMB/11188/14	NT
8	Cloesen Lars	DMB/11179/13	NT

Serie 5 van 5

1	Janssens Lieze	DBT/21163/13	2:09.92
2	Nijs Alani	DBT/21174/13	2:00.86
3	Theuwissen Nore	DMB/21164/13	1:57.78
4	Vlassaks Rosalie	PZC/21103/13	1:49.96
5	Tordeur Kilian	GZVN/11318/13	1:52.07
6	Beerten Florence	DBT/21172/13	2:00.83
7	Franssen Emily	DMB/21180/13	2:09.45
8	Nouwen Fleur	DMB/21167/13	2:12.06

Programmanr. 14
5/03/2023 - 16:22

Dames, 200m wisselslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 2:38.92; 12: 2:32.23; 13: 2:22.97; 14: 2:17.65; 15: 2:21.94; 16: 2:21.69; 17: 2:20.73; 18: 2:21.25; 19+: 2:17.65

Serie 1 van 6

1			
2	Loos Loesha	ZCM/21039/08	NT
3	Riedl Linde	ZDKB/21098/10	NT
4	Plas Romée	DBT/21134/10	NT
5	Hansen Maybel	ZDKB/21117/09	NT
6	Vangeloven Fran	DMB/21155/11	NT
7			
8			

Serie 2 van 6

1	Ruelens Cobien	DMB/21159/12	3:35.20
2	Maes Leonie	PZC/21106/12	3:32.52
3	Schouteden Nienke	DMB/21149/12	3:22.33
4	Van Munster Danné	GZVN/21324/09	3:14.12
5	Joriskes Lore	DMB/21147/12	3:16.46
6	Bollen Gitte	PZC/41102/11	3:29.91
7	Remans Quin	DMB/21146/12	3:34.44
8	De Belder Kato	DMB/21150/12	3:38.65

Serie 3 van 6

1	Martens Ries	GZVN/21316/11	3:12.37
2	Müller Rena	GZVN/21313/11	3:10.69
3	Sargesjan Nala	HZS/21232/11	3:07.51
4	Kerkhofs Kaat	DMB/21124/11	3:06.97
5	Koren Zara	GZVN/21294/11	3:07.49
6	Vlassaks Lena	PZC/21085/10	3:08.16
7	Beunckens Tess	GZVN/21326/11	3:10.75
8	Vander Meer Amber	HZS/21209/11	3:13.10

Serie 4 van 6

1	Huybregts Jolien	DMB/21082/09	3:05.62
2	Meertens Jessy	GZVN/21277/11	3:01.67
3	Cypers de Landrecy Tillie	PZC/21084/10	2:58.02
4	Souvleris Sofia	GZVN/21260/10	2:52.69
5	But Anastacia	HZS/21173/09	2:56.85
6	Habraken Amber	GZVN/21258/10	3:00.20
7	Verleysen Noa	HZS/21233/11	3:03.67
8	van de voort Saule	STZC/21012/10	3:06.95

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Programmanr. 14, Dames, 200m wisselslag

Serie 5 van 6

1	Maes Helene	PZC/21074/10	2:50.82
2	Cuypers Linne	GZVN/21270/10	2:50.24
3	Thijs Hannah	PZC/21043/08	2:48.75
4	Luts Emilia	DBT/21144/10	2:48.06
5	Loenders Griet	PZC/21052/07	2:48.65
6	Jansen Roos	PZC/21042/08	2:49.03
7	Renette Lena	DBT/21142/09	2:50.72
8	Lomans Alaine	GZVN/21322/10	2:51.07

Serie 6 van 6

1	Cuijvers Lisa	DBT/21085/09	2:43.25
2	Vinken Amélie	DMB/21143/07	2:38.23
3	Weytjens Amber	DMB/21071/08	2:35.64
4	Palumbo Mila	DBT/21070/08	2:25.95
5	Verstrepen Siel	GZVN/20598/03	2:30.21
6	Crijns Riyana	DMB/21133/08	2:36.20
7	Zangari Aurora	GZVN/21195/09	2:38.73
8	Janssen Lore	GZVN/21253/07	2:47.46

Programmanr. 15
5/03/2023 - 16:46

Heren, 200m wisselslag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 2:41.04; 12: 2:27.44; 13: 2:19.21; 14: 2:10.57; 15: 2:08.12; 16: 2:03.35; 17: 2:02.34; 18: 2:02.26; 19 +: 2:01.68

Serie 1 van 4

1			
2	Dubois Jieri	GZVN/11193/07	NT
3	Geutjens Maxime	DMB/11148/12	3:23.58
4	Vanrusselt Lucas	GZVN/11317/11	3:18.94
5	Walterus Kilyan	DMB/11156/12	3:20.57
6	Gil Sahir Youssef	DMB/11145/12	3:26.38
7	Poelmans Keano	DBT/11151/09	NT
8			

Serie 2 van 4

1	Tordeur Ilias	GZVN/11292/11	3:09.17
2	Vervloet Finn	GZVN/11295/12	3:04.93
3	Tielen Sander	DMB/11119/11	3:02.24
4	Servranckx Senne	DMB/11107/10	3:00.71
5	van den Berg Jasper	PZC/11086/10	3:00.76
6	Danilov Michaël	PZC/11054/09	3:02.92
7	Fransen Dylano	PZC/11096/11	3:07.15
8	Vandijck Samuel	DMB/11142/12	3:11.66

Serie 3 van 4

1	Roosen Lukas	PZC/11077/10	2:54.14
2	Vandepoel Quinten	STZC/11007/10	2:49.65
3	Vranken Barend	DMB/11136/11	2:41.20
4	Metten Vince	DMB/11103/10	2:39.73
5	Michiels Pieter	LWB/11022/07	2:39.80
6	Cuypers Arnaud	GZVN/11197/09	2:48.59
7	Mpizilis Ilias	GZVN/11227/10	2:50.38
8	Tholen Stijn	DMB/11154/12	3:00.15

Serie 4 van 4

1	Vangrootloon Jef	STZC/11009/10	2:38.25
2	Vos Sem	GZVN/11257/10	2:31.51
3	Vranken Bartel	DMB/11135/07	2:19.42
4	Oris Tim	DMB/10326/98	2:15.02
5	Veestraeten Mats	DMB/11031/06	2:18.49
6	Claeskens Milan	DBT/11091/06	2:24.86
7	Rutten Matheo	DMB/11116/07	2:37.15
8	Theunissen Toon	DBT/11120/09	2:38.67

Programmanr. 16
5/03/2023 - 17:01

Dames, 4 x 100m vrije slag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 4:32.37; 12: 4:32.37; 13: 4:04.96; 14: 4:04.96; 15: 4:00.34; 16: 4:00.34; 17: 4:01.46; 18: 4:01.46; 19 +: 3:54.66

Serie 1 van 2

1			
2	LWB 1		NT
3	DBT 41		5:55.00
4	PZC 2		5:10.65
5	DBT 11		5:48.00
6	PZC 3		6:22.33
7	ZDKB 2		NT
8	GZVN 3		NT

Serie 2 van 2

1	PZC 1		4:37.75
2	DBT 18		4:37.00
3	GZVN 2		4:28.00
4	DBT 14		4:18.00
5	ZDKB 1		4:27.05
6	DBT 13		4:33.00
7	GZVN 1		4:37.29
8	DBT 12		4:50.00

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Programmanr. 17
5/03/2023 - 17:13

Heren, 4 x 100m vrije slag

11 jaar en ouder
Startlijst

Prov. Records Limb.: 11: 4:26.31; 12: 4:26.31; 13: 4:03.46; 14: 4:03.46; 15: 3:42.90; 16: 3:42.90; 17: 3:41.69; 18: 3:41.69; 19 +: 3:30.06

Serie 1 van 2

1
2
3 LWB 1
4 ZDKB 2
5 LWB 2
6 GZVN 2
7
8

Serie 2 van 2

	1 DBT 12	5:50.00
	2 DBT 16	4:44.00
NT	3 ZDKB 1	4:24.46
NT	4 DBT 18	4:00.00
NT	5 GZVN 1	4:00.38
NT	6 DBT 14	4:30.00
	7 PZC 1	5:02.07
	8	

17:27 Einde wedstrijd