



38 NUTRITION
HIGH QUALITY SPORTS SUPPLEMENTS



Swimming Cup Zennevallei 2026
Sint-Pieters-Leeuw, 18/10/2026



1 - Swimming Cup Zennevallei 2026 VM

18/10/2026 - 8:30

Programmanr. 1
18/10/2026 - 8:30

Heren, 200m wisselslag

11 jaar en ouder
Startlijst

Serie 1 van 11, 8:30

1 VERMEIR, Caene	ZIOS/11144/13	NT
2 ZEGAYE, Imrane	HN/014068/07	NT
3 SZAUKA, David	STZ/11172/14	3:28.68
4 JADDI, Mohamed Yassin	ALZV/11189/12	NT
5 D'HONDT, Michiel	STZ/11223/15	NT
6		

Serie 2 van 11, 8:35

1 VAN HOUCKE, Xander	ZIOS/11122/13	3:23.96
2 JACQUEMYNS, Lewis	DDAT/11175/14	3:19.75
3 MATHELOT, Amaury	ALZV/11168/13	3:15.71
4 JANUARIUS, Jules	STZ/11185/15	3:18.91
5 YAKILI, Furkan	BEST/11158/14	3:21.27
6 DESMEDT, Timo	ALZV/11190/12	3:27.58

Serie 3 van 11, 8:40

1 BOONE, Torre	ALZV/11192/14	3:11.17
2 HAAN, Alexander	STZ/11169/14	3:10.06
3 EL MELIOUI, Abderazak	CNSN/013589/14	3:04.35
4 KOROGLU, Sinan	CNSN/014762/12	3:05.44
5 DOBBELEIRE, Niels	STZ/11167/13	3:10.61
6 VANGENECHTEN, Matthias	BEST/11156/14	3:11.84

Serie 4 van 11, 8:40

1 CLAES, Tiebe	DDAT/11139/13	3:01.17
2 VANINBROUKX, Toon	BEST/11168/13	2:59.60
3 MEMA, Brady	CNSN/014447/13	2:57.22
4 JAMAR, Alexander	BEST/11155/12	2:57.75
5 VANDEPITTE, Kyan	DDAT/11158/13	2:59.94
6 TIELEMANS, Wolf	STZ/11181/15	3:03.44

Serie 5 van 11, 8:45

1 SA'ADEH, Nayim	STZ/11192/13	2:55.91
2 GHISLAIN, Antoine	STZ/11148/13	2:54.49
3 BAS, Gaston	STZ/11128/12	2:50.91
4 BLOMMAERTS, Mathis	ZIOS/11135/12	2:54.32
5 CONSTANTINESCU, Armand	HN/014123/13	2:55.36
6 ABOUAZAR, Pieter	STZ/11113/11	2:57.11

Serie 6 van 11, 8:50

1 HAENEN, Colin	STZ/11125/11	2:48.49
2 VAN DEN BERGHE, Vince	ALZV/11147/12	2:48.30
3 WIELEMAN, Robbe	STZ/11137/13	2:45.10
4 VANTHUYNE, Wout	ALZV/11159/12	2:47.67
5 PEETERS, Kobe	STZ/11211/11	2:48.37
6 WAGEMANS, Daan	ALZV/11185/15	2:49.01

Serie 7 van 11, 8:50

1 COCRIAMONT, Théo	CNSN/014745/12	2:43.17
2 VANDAELE, Felix	STZ/11124/11	2:41.26
3 BOMBAERT, Louis	ZIOS/11120/12	2:39.94
4 VANDERGUCHT, Jonas	STZ/11149/13	2:40.23
5 LAMAASAB, Raphaël	CNSN/014443/11	2:41.33
6 DE MESMAEKER, Loann	DDAT/11149/13	2:43.67

Serie 8 van 11, 8:55

1 VERHASSELT, Lars	DDAT/11151/11	2:39.26
2 DE HAES, Tibo	STZ/11112/10	2:38.65
3 VAN HOUCKE, Quinten	ZIOS/11084/10	2:38.16
4 VEKEMAN, Kwinte	STZ/11130/10	2:38.18
5 HERMANS, Viktor	ALZV/11156/12	2:39.04
6 GUENDOUZ, Anas	KVZP/11075/10	2:39.52

Serie 9 van 11, 9:00

1 CLAES, Elian	DDAT/11105/10	2:37.01
2 JACQUEMYNS, Kobe	DDAT/11137/13	2:34.79
3 WALDMAN, Jonathan	STZ/11226/10	2:32.59
4 SMISMANS, Kamil	STZ/11033/07	2:34.24
5 TURF, Sander	ZIOS/11114/10	2:37.00
6 LESCAUWAET, Max	STZ/11134/12	2:37.68

Serie 10 van 11, 9:00

1 VOLCKAERT, Thomas	ZIOS/11106/10	2:31.33
2 TRONCKOE, Kobe	DDAT/11131/11	2:27.78
3 VAN HOOFF, Cobe	BEST/11118/10	2:22.82
4 DE PEYPER, Mats	ZIOS/11113/11	2:24.75
5 HALLET, Brent	STZ/11118/11	2:29.06
6 BAS, Briek	STZ/11115/10	2:32.08

Serie 11 van 11, 9:05

1 TUBBE, Xander	STZ/11003/09	2:19.35
2 VOLCKAERT, Matthias	ZIOS/11067/08	2:13.40
3 BENNANI, Walid	HN/014066/07	2:07.61
4 CLEYMANS, Torben	STZ/11081/08	2:12.60
5 CLEYMANS, Karsten	STZ/11058/02	2:16.50
6 MEERT, Vince		2:21.49



38 NUTRITION
HIGH QUALITY SPORTS SUPPLEMENTS



Swimming Cup Zennevallei 2026 Sint-Pieters-Leeuw, 18/10/2026

Programmanr. 2
18/10/2026 - 9:10

100m schoolsdag

9 - 10 jaar
Startlijst

Serie 1 van 4, 9:10

1 CHARAF, jed	CNSN//16	NT
2 CIETERS VANDI, Lisa	STZ/21222/16	NT
3 VANDER ELST, Elliot	DDAT/11195/16	NT
4 DE GRAEVE, Aliya	CNSN//16	NT
5 FAIKOVA, Derin	CNSN/136552/16	NT
6		

Serie 2 van 4, 9:10

1 SUTU, Innes Cataleya	CNSN/788287/16	NT
2 DERIDI, Logman	CNSN/015958/16	NT
3 LAZZOUNI, Rita	CNSN/989743/16	NT
4 STEFANESCU, Olivia	CNSN//17	NT
5 BAS, Titus	STZ/11203/16	NT
6 BRACONI, Ludovico	CNSN/016198/16	NT

Serie 3 van 4, 9:15

1 VAESSEN, Alexis	CNSN/015791/16	2:16.99
2 VAN ELEWIJCK, Cath	STZ/21220/16	2:00.06
3 VANDER STRAETEN, Sem	STZ/11198/16	1:56.58
4 DOBBELEIRE, Liselot	STZ/21200/16	1:57.16
5 CASTANHEIRA, Olivia	CNSN/015126/16	2:05.18
6 PEETERS RUCHE, Mathias	STZ/11224/17	2:18.68

Serie 4 van 4, 9:15

1 KERCKHOFS, Diewke	BEST/21188/16	1:53.43
2 HALLET, Sibbe	STZ/11195/16	1:45.78
3 STEELS, Wout	STZ/11201/16	1:42.69
4 VAN DE GUCHT, Tibo	DDAT/11179/16	1:42.95
5 VAN THIENEN, Juliette	STZ/21219/16	1:52.89
6 SA'ADEH, Amien	STZ/11225/16	1:55.74

Programmanr. 3
18/10/2026 - 9:20

Dames, 200m wisselslag

11 jaar en ouder
Startlijst

Serie 1 van 8, 9:20

1 VANBELLINGEN VERMEERE, L.	KVZP/21115/14	3:27.57
2 SMEETS, Lou	BEST/21169/14	3:26.53
3 DE PRATER, Eline	DDAT/21180/15	3:23.07
4 MUYLEAERT, Yinse	ZIOS/21134/11	3:24.97
5 DOYEN, Laure	STZ/21171/13	3:26.59
6		

Serie 2 van 8, 9:25

1 MUYLEAERT, Yaelle	ZIOS/21111/09	3:15.90
2 VAN DER VEKEN, Lara	ZIOS/21132/13	3:13.17
3 VANGENECHTEN, Anna	BEST/21163/15	3:11.18
4 KERCKHOFS, Wouke	BEST/21148/13	3:11.76
5 VAN DER POORTEN, Elien	ZIOS/21128/12	3:13.27
6 PEETERS RUCHE, Alicia	STZ/21162/14	3:17.50

Serie 3 van 8, 9:25

1 VERMEIR, Josefien	DDAT/21171/13	3:09.82
2 PINTE, Ella	ALZV/21175/15	3:03.98
3 MECHROUBI, Yasmina	STZ/21164/14	2:59.43
4 CHARGOU, Sophia	CNSN/014009/13	3:02.41
5 ROELANT, Siska	KVZP/21088/11	3:04.35
6 VANMECHELEN, Kato	BEST/21180/14	3:11.18

Serie 4 van 8, 9:30

1 DE BRUYN, Jade	ZIOS/21139/14	2:57.50
2 DELCOIGNE, Ella	DDAT/21161/14	2:52.53
3 RIAHI, Sonia	HN/010591/10	2:51.58
4 LOUCKX, Célie	STZ/21207/10	2:51.90
5 VAN STEENWINKEL, Esther	KVZP/21095/10	2:56.57
6 TRONCKOE, Bente	DDAT/21167/13	2:58.63

Serie 5 van 8, 9:35

1 BOMBAERT, Milla	ZIOS/21105/10	2:50.84
2 HENNEAU, Lotte	STZ/21180/10	2:49.75
3 ESHREF, Alara	HN/012918/11	2:48.77
4 DE PRATER, Juno	DDAT/21148/11	2:49.74
5 BIESEMANS, Jana	ZIOS/21109/13	2:49.78
6 HEYE, Mirthe	STZ/21065/06	2:51.52

Serie 6 van 8, 9:40

1 FRANCKX, Margaux	DDAT/21132/11	2:45.83
2 MATTHIJS, Xanthe	ZIOS/21081/09	2:45.11
3 NDIAYE, Maï	DDAT/21170/14	2:43.59
4 D'HONDT, Annelien	STZ/21182/12	2:44.10
5 GHOOS, Kato	BEST/21171/14	2:45.15
6 NSUBUGA, Sofia	DDAT/21172/11	2:47.18

Serie 7 van 8, 9:40

1 KERCKHOFS, Nienke	BEST/21116/11	2:41.12
2 LECHIFFLARD, Léa	CNSN/013582/09	2:38.53
3 AELEN, Bente	STZ/21127/12	2:38.10
4 BENNANI, Maryam	HN/014122/10	2:38.32
5 DEROOST, Beau	ZIOS/21127/12	2:39.11
6 VAN ROY, Onah	DDAT/21196/13	2:43.20

Serie 8 van 8, 9:45

1 VANDERLINDEN, Paulien	BEST/21117/11	2:31.74
2 DE BACKER, Birgit	ZIOS/21066/09	2:30.10
3 LABASSE, Clemence	HN/015249/07	2:23.16
4 LANDRIEU, Nora	ZIOS/21100/10	2:29.42
5 NAZARUK, Nicole	STZ/21034/09	2:31.58
6 WYFFELS, Louise Marie	DDAT/21150/13	2:37.15

Café DEKANTINE



38 NUTRITION
HIGH QUALITY SPORTS SUPPLEMENTS



Swimming Cup Zennevallei 2026
Sint-Pieters-Leeuw, 18/10/2026



Programmanr. 4
18/10/2026 - 9:50

50m rugslag

9 - 10 jaar
Startlijst

Serie 1 van 2, 9:50

1			
2	GHOOS, Dorien	BEST/21190/16	NT
3	DOBBELEIRE, Liselot	STZ/21200/16	55.71
4	LUBOWICKI, Ada	ZIOS/21141/16	NT
5			
6			

Serie 2 van 2, 9:50

1	SERMON, Max	STZ/11215/17	46.90
2	HAAN, Maximiliaan	STZ/11190/16	45.03
3	JANUARIUS, Jef	STZ/11217/17	43.34
4	VAN DE GUCHT, Tibo	DDAT/11179/16	44.66
5	DE VRIESE, Leon	STZ/11216/17	45.57
6	EGÉE, Samuel	KVZP/11126/17	49.04

Programmanr. 5
18/10/2026 - 9:50

Heren, 50m schoolslag

11 jaar en ouder
Startlijst

Serie 1 van 5, 9:50

1			
2	TODERICA, Andrei	ZIOS/11157/13	NT
3	CARLIER, Noha	CNSN//13	NT
4	BOUSSAADA, Ayman	CNSN/015806/14	NT
5			
6			

Serie 2 van 5, 9:55

1	MUSSIMBWA, Isaaka	HN/059346/15	NT
2	CLAESSENS, Mattiz	STZ/11199/14	58.05
3	KHAN, Raja Balaj	BEST/11183/13	54.59
4	CHARGOU, Ahmed-Taha	CNSN/014005/15	54.87
5	JAMAR, Jonathan	BEST/11187/15	1:18.20
6			

Serie 3 van 5, 9:55

1	YAKILI, Furkan	BEST/11158/14	53.27
2	VANINBROUKX, Toon	BEST/11168/13	50.70
3	VAN STEENWINKEL, Wout	KVZP/11101/14	47.75
4	VANGENECHTEN, Matthias	BEST/11156/14	48.37
5	DESMET, Finn	STZ/11173/13	52.51
6	ABOUAZAR, Karl	STZ/11170/14	53.49

Serie 4 van 5, 9:55

1	PEETERS, Tibo	STZ/11210/13	45.73
2	HERMAN, Wout	ALZV/11172/13	40.70
3	GUENDOUZ, Anas	KVZP/11075/10	36.75
4	BRYNAERT, Jonas	STZ/11063/07	37.03
5	JAMAR, Alexander	BEST/11155/12	42.81
6	D'HOKER, Tijl	STZ/11197/14	46.64

Serie 5 van 5, 9:55

1	SEGRS, Louis	STZ/11004/07	34.41
2	BRYNAERT, Jasper	STZ/11082/07	32.35
3	CHAREF, Billal	HN/002440/02	30.64
4	VERROKEN, Gerben	ZIOS/11130/08	31.61
5	VANHASSEL, Mathias	STZ/11009/07	34.30
6	EL BOUSTANE, Dawood	HN/055459/10	36.47

10:00 Pauze: om veiligheidsredenen is inzwemmen tijdens de pauze niet mogelijk.

Programmanr. 6
18/10/2026 - 10:15

Dames, 50m schoolslag

11 jaar en ouder
Startlijst

Serie 1 van 6, 10:15

1			
2	DECROLIER, Yasmine	HN/095340/13	NT
3	KABEYA MBOTE, Eliana	HN095369/15	NT
4	MUYLAERT, Yinse	ZIOS/21134/11	NT
5			
6			

Serie 2 van 6, 10:15

1	VAN DER POORTEN, Elien	ZIOS/21128/12	NT
2	LAZZOUNI, Dina	CNSN/136552/16	1:05.79
3	SMEETS, Lou	BEST/21169/14	52.63
4	GROMADKA, Emilia	CNSN/015957/14	56.31
5	PIRET, Elise	ZORO/21237/15	NT
6	DAI, Zixuan Alina	ZORO/21236/14	NT



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Swimming Cup Zennevallei 2026
Sint-Pieters-Leeuw, 18/10/2026

Programmanr. 6, Dames, 50m schoolslag

Serie 3 van 6, 10:15

1	DE BRUYN, Jade	ZIOS/21139/14	49.40
2	YEROMENKO, Kira	STZ/21202/12	47.67
3	VANMECHELEN, Kato	BEST/21180/14	45.83
4	VAN DEN TROOST, Amy	KVZP/21116/14	47.03
5	D'HOKER, Lotte	STZ/21179/11	47.95
6	DE BRIER, Rosalie	BEST/21181/15	51.75

Serie 4 van 6, 10:20

1	VANGENECHTEN, Anna	BEST/21163/15	45.07
2	VANDERBEKEN, Shaïna	STZ/21160/11	44.69
3	MUYLAERT, Yaelle	ZIOS/21111/09	43.76
4	VAN ROYE, Yane	STZ/21183/10	44.23
5	DE GEYTER, Ilana	ZIOS/21053/07	44.74
6	AELEN, Lin	STZ/21126/10	45.71

Serie 5 van 6, 10:20

1	VAN LIERDE, Lana	ZIOS/21082/07	43.39
2	DE BISSCHOP, Lisse	ZIOS/21074/08	42.25
3	GHOOS, Kato	BEST/21171/14	41.60
4	KERCKHOFS, Wouke	BEST/21148/13	42.01
5	NECULAE, Maria Iulia	ALZV/21186/14	43.09
6	VAN HOYLANDT, Julie	KVZP/21106/13	43.65

Serie 6 van 6, 10:20

1	BOMBAERT, Milla	ZIOS/21105/10	40.47
2	NAZARUK, Nicole	STZ/21034/09	38.87
3	CIOBANU, Anastasia	DDAT/21112/09	35.25
4	IANNINO, Valentina	STZ/21150/12	36.87
5	KERCKHOFS, Nienke	BEST/21116/11	39.81
6	GHISLAIN, Juliette	STZ/21120/09	40.64

Programmanr. 7
18/10/2026 - 10:20

100m vrije slag

9 - 10 jaar
Startlijst

Serie 1 van 5, 10:20

1			
2	DE GRAEVE, Aliya	CNSN//16	NT
3	BAS, Titus	STZ/11203/16	NT
4	CHARAF, jed	CNSN//16	NT
5			
6			

Serie 2 van 5, 10:25

1			
2	SUTU, Innes Cataleya	CNSN/788287/16	2:05.46
3	DERIDI, Logman	CNSN/015958/16	2:00.13
4	STEFANESCU, Olivia	CNSN//17	2:04.91
5	VANDER ELST, Elliot	DDAT/11195/16	NT
6			

Serie 3 van 5, 10:30

1	FAIKOVA, Derin	CNSN/136552/16	1:49.16
2	KERCKHOFS, Diewke	BEST/21188/16	1:45.10
3	CASTANHEIRA, Olivia	CNSN/015126/16	1:41.25
4	GHOOS, Dorien	BEST/21190/16	1:42.50
5	PEETERS RUCHE, Mathias	STZ/11224/17	1:45.72
6	LAZZOUNI, Rita	CNSN/989743/16	1:49.45

Serie 4 van 5, 10:30

1	VAN LAER, Milla	DDAT/21189/16	1:40.63
2	VAESSEN, Alexis	CNSN/015791/16	1:36.50
3	BRACONI, Ludovico	CNSN/016198/16	1:33.16
4	CIETERS VANDI, Lisa	STZ/21222/16	1:33.95
5	VAN ELEWIJCK, Cath	STZ/21220/16	1:39.78
6	SA'ADEH, Amien	STZ/11225/16	1:40.72

Serie 5 van 5, 10:30

1	EGÉE, Samuel	KVZP/11126/17	1:29.51
2	VANDER STRAETEN, Sem	STZ/11198/16	1:27.31
3	HAAN, Maximiliaan	STZ/11190/16	1:20.77
4	SERMON, Max	STZ/11215/17	1:26.82
5	DE VRIESE, Leon	STZ/11216/17	1:28.50
6	VAN THIENEN, Juliette	STZ/21219/16	1:30.27

Programmanr. 8
18/10/2026 - 10:35

Heren, 100m vrije slag

11 jaar en ouder
Startlijst

Serie 1 van 14, 10:35

1			
2	VERMEIR, Caene	ZIOS/11144/13	NT
3	BOUSSAADA, Ayman	CNSN/015806/14	1:49.51
4	CARLIER, Noha	CNSN//13	NT
5			
6			

Serie 2 van 14, 10:35

1			
2	PEETERS, Tibo	STZ/11210/13	1:37.51
3	D'HONDT, Michiel	STZ/11223/15	1:32.93
4	KHAN, Raja Balaj	BEST/11183/13	1:37.30
5	JAMAR, Jonathan	BEST/11187/15	1:41.62
6			



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Swimming Cup Zennevallei 2026 Sint-Pieters-Leeuw, 18/10/2026

Programmanr. 8, Heren, 100m vrije slag

Serie 3 van 14, 10:40

1	MUSSIMBWA, Isaaka	HN/059346/15	1:32.24
2	JADDI, Mohamed Yassin	ALZV/11189/12	1:28.72
3	DESMET, Finn	STZ/11173/13	1:25.22
4	CLAESSENS, Mattiz	STZ/11199/14	1:28.66
5	VAN HOUCKE, Xander	ZIOS/11122/13	1:28.94
6	CHARGOU, Ahmed-Taha	CNSN/014005/15	1:32.70

Serie 4 van 14, 10:40

1	TODERICA, Andrei	ZIOS/11157/13	1:23.98
2	ABOUAZAR, Karl	STZ/11170/14	1:21.58
3	DESMEDT, Timo	ALZV/11190/12	1:17.64
4	SZAUKA, David	STZ/11172/14	1:21.58
5	JANUARIUS, Jules	STZ/11185/15	1:23.57
6	JACQUEMYNS, Lewis	DDAT/11175/14	1:24.06

Serie 5 van 14, 10:45

1	MATHELOT, Amaury	ALZV/11168/13	1:15.56
2	DOBBELEIRE, Niels	STZ/11167/13	1:14.44
3	VANDEPITTE, Kyan	DDAT/11158/13	1:13.37
4	CLAES, Tiebe	DDAT/11139/13	1:13.66
5	TIELEMANS, Wolf	STZ/11181/15	1:15.10
6	BOONE, Torre	ALZV/11192/14	1:16.03

Serie 6 van 14, 10:45

1	GHISLAIN, Antoine	STZ/11148/13	1:11.61
2	VAN DEN BERGHE, Vince	ALZV/11147/12	1:10.89
3	DE MESMAEKER, Loann	DDAT/11149/13	1:10.77
4	VAN STEENWINKEL, Wout	KVZP/11101/14	1:10.88
5	EL MELIOUI, Abderazak	CNSN/013589/14	1:11.27
6	HERMAN, Wout	ALZV/11172/13	1:11.95

Serie 7 van 14, 10:45

1	HAAN, Alexander	STZ/11169/14	1:10.07
2	BLOMMAERTS, Mathis	ZIOS/11135/12	1:09.14
3	HAENEN, Colin	STZ/11125/11	1:08.12
4	VANTHUYNE, Wout	ALZV/11159/12	1:08.61
5	MEMA, Brady	CNSN/014447/13	1:09.38
6	WIELEMAN, Robbe	STZ/11137/13	1:10.40

Serie 8 van 14, 10:50

1	CONSTANTINESCU, Armand	HN/014123/13	1:07.75
2	CLAES, Elian	DDAT/11105/10	1:06.28
3	SA'ADEH, Nayim	STZ/11192/13	1:05.91
4	BOMBAERT, Louis	ZIOS/11120/12	1:05.93
5	VERHASSELT, Lars	DDAT/11151/11	1:07.30
6	PEETERS, Kobe	STZ/11211/11	1:08.09

Serie 9 van 14, 10:50

1	WAGEMANS, Daan	ALZV/11185/15	1:05.28
2	COCRIAMONT, Théo	CNSN/014745/12	1:05.05
3	JACQUEMYNS, Kobe	DDAT/11137/13	1:04.12
4	VAN HOUCKE, Quinten	ZIOS/11084/10	1:04.80
5	BAS, Gaston	STZ/11128/12	1:05.28
6	ABOUAZAR, Pieter	STZ/11113/11	1:05.51

Serie 10 van 14, 10:50

1	EL BOUSTANE, Dawood	HN/055459/10	1:03.30
2	VANDAELE, Felix	STZ/11124/11	1:03.15
3	VANDERGUCHT, Jonas	STZ/11149/13	1:03.01
4	KOROGLU, Sinan	CNSN/014762/12	1:03.08
5	VEKEMAN, Kwinte	STZ/11130/10	1:03.21
6	LESCRAUWAET, Max	STZ/11134/12	1:04.06

Serie 11 van 14, 10:55

1	LAMAASAB, Raphaël	CNSN/014443/11	1:02.72
2	BAS, Brik	STZ/11115/10	1:01.03
3	BRYNAERT, Jonas	STZ/11063/07	59.68
4	CHAREF, Billal	HN/002440/02	59.74
5	TURF, Sander	ZIOS/11114/10	1:01.98
6	HERMANS, Viktor	ALZV/11156/12	1:02.81

Serie 12 van 14, 10:55

1	SEGRS, Louis	STZ/11004/07	59.00
2	SMISMANS, Kamil	STZ/11033/07	58.72
3	TUBBE, Xander	STZ/11003/09	58.40
4	DE HAES, Tibo	STZ/11112/10	58.72
5	TRONCKOE, Kobe	DDAT/11131/11	58.90
6	DE PEYPER, Mats	ZIOS/11113/11	59.50

Serie 13 van 14, 10:55

1	ZEGAYE, Imrane	HN/014068/07	57.55
2	WALDMAN, Jonathan	STZ/11226/10	57.42
3	VOLCKAERT, Thomas	ZIOS/11106/10	57.14
4	VANHASSEL, Mathias	STZ/11009/07	57.33
5	VAN HOOFF, Cobe	BEST/11118/10	57.44
6	HALLET, Brent	STZ/11118/11	57.99

Serie 14 van 14, 11:00

1	BRYNAERT, Jasper	STZ/11082/07	55.41
2	BENNANI, Walid	HN/014066/07	54.31
3	VERROKEN, Gerben	ZIOS/11130/08	53.20
4	CLEYMANS, Torben	STZ/11081/08	54.05
5	VOLCKAERT, Matthias	ZIOS/11067/08	54.38
6	CLEYMANS, Karsten	STZ/11058/02	56.25

Programmanr. 9 18/10/2026 - 11:00

50m vlinderslag

9 - 10 jaar Startlijst

Serie 1 van 1, 11:00

1	JANUARIUS, Jef	STZ/11217/17	NT
2	LUBOWICKI, Ada	ZIOS/21141/16	47.91
3	STEELS, Wout	STZ/11201/16	39.12
4	HALLET, Sibbe	STZ/11195/16	43.89
5	VAN LAER, Milla	DDAT/21189/16	57.39
6			

DEKANTINE



38 NUTRITION
HIGH QUALITY SPORTS SUPPLEMENTS



Swimming Cup Zennevallei 2026
Sint-Pieters-Leeuw, 18/10/2026

Programmanr. 10
18/10/2026 - 11:00

Dames, 100m vrije slag

11 jaar en ouder
Startlijst

Serie 1 van 10, 11:00

1			
2	PIRET, Elise	ZORO/21237/15	NT
3	GROMADKA, Emilia	CNSN/015957/14	1:31.15
4	LAZZOUNI, Dina	CNSN/136552/16	NT
5			
6			

Serie 2 van 10, 11:05

1			
2	D'HOKER, Lotte	STZ/21179/11	1:25.85
3	KABEYA MBOTE, Eliana	HN095369/15	1:23.40
4	DE PRATER, Eline	DDAT/21180/15	1:23.46
5	YEROMENKO, Kira	STZ/21202/12	1:26.05
6			

Serie 3 van 10, 11:05

1	VAN DER BEKEN, Shaïna	STZ/21160/11	1:21.20
2	DE BRIER, Rosalie	BEST/21181/15	1:20.11
3	VAN ROYE, Yane	STZ/21183/10	1:18.38
4	DOYEN, Laure	STZ/21171/13	1:19.93
5	PEETERS RUCHE, Alicia	STZ/21162/14	1:20.40
6	VAN BELLINGEN VERMEERE, L.	KVZP/21115/14	1:22.64

Serie 4 van 10, 11:05

1	PINTE, Ella	ALZV/21175/15	1:15.92
2	AELEN, Lin	STZ/21126/10	1:14.25
3	VERMEIR, Josefien	DDAT/21171/13	1:12.46
4	VAN DER VEKEN, Lara	ZIOS/21132/13	1:13.37
5	TRONCKOE, Bente	DDAT/21167/13	1:14.90
6	DECROLIER, Yasmine	HN/095340/13	1:18.13

Serie 5 van 10, 11:10

1	CHARGOU, Sophia	CNSN/014009/13	1:11.88
2	DELCOIGNE, Ella	DDAT/21161/14	1:11.46
3	DE BISSCHOP, Lisse	ZIOS/21074/08	1:11.18
4	VAN DEN TROOST, Amy	KVZP/21116/14	1:11.28
5	MECHROUBI, Yasmina	STZ/21164/14	1:11.63
6	VAN HOYLANDT, Julie	KVZP/21106/13	1:11.88

Serie 6 van 10, 11:10

1	VAN LIERDE, Lana	ZIOS/21082/07	1:10.63
2	BIESEMANS, Jana	ZIOS/21109/13	1:10.32
3	NECULAE, Maria Iulia	ALZV/21186/14	1:08.77
4	DE GEYTER, Ilana	ZIOS/21053/07	1:10.09
5	VAN STEENWINKEL, Esther	KVZP/21095/10	1:10.43
6	LOUCKX, Célie	STZ/21207/10	1:10.68

Serie 7 van 10, 11:10

1	HEYE, Mirthe	STZ/21065/06	1:07.60
2	RIAH, Sonia	HN/010591/10	1:07.47
3	ESHREF, Alara	HN/012918/11	1:06.98
4	HENNEAU, Lotte	STZ/21180/10	1:07.11
5	DE PRATER, Juno	DDAT/21148/11	1:07.54
6	MATTHIJS, Xanthe	ZIOS/21081/09	1:08.12

Serie 8 van 10, 11:15

1	NDIAYE, Maï	DDAT/21170/14	1:06.10
2	VAN ROY, Onah	DDAT/21196/13	1:05.66
3	WYFFELS, Louise Marie	DDAT/21150/13	1:05.40
4	GHISLAIN, Juliette	STZ/21120/09	1:05.63
5	D'HONDT, Annelien	STZ/21182/12	1:05.83
6	FRANCKX, Margaux	DDAT/21132/11	1:06.16

Serie 9 van 10, 11:15

1	NSUBUGA, Sofia	DDAT/21172/11	1:04.88
2	ROELANT, Siska	KVZP/21088/11	1:03.81
3	BENNANI, Maryam	HN/014122/10	1:02.81
4	LECHIFFLARD, Léa	CNSN/013582/09	1:03.21
5	AELEN, Bente	STZ/21127/12	1:03.83
6	DEROOST, Beau	ZIOS/21127/12	1:04.92

Serie 10 van 10, 11:15

1	LANDRIEU, Nora	ZIOS/21100/10	1:01.07
2	DE BACKER, Birgit	ZIOS/21066/09	58.89
3	IANNINO, Valentina	STZ/21150/12	58.68
4	CIOBANU, Anastasia	DDAT/21112/09	58.71
5	LABASSE, Clemence	HN/015249/07	59.41
6	VANDERLINDEN, Paulien	BEST/21117/11	1:02.18

11:20 Pauze: om veiligheidsredenen is inzwemmen tijdens de pauze niet mogelijk.

Programmanr. 11
18/10/2026 - 11:30

Heren, 4 x 50m vrije slag

11 jaar en ouder
Startlijst

Serie 1 van 3, 11:30

1			
2	Cercle Royal De Natation De Schaerbeek N O H 1		NT
3	Swimming Team Zennevallei 7		2:27.41
4	Brabant East Swimming Team 2		3:01.61
5			
6			

Serie 2 van 3, 11:35

1	Aart Lorelei Zwemvereniging 2		2:15.12
2	Swimming Team Zennevallei 5		2:02.00
3	Swimming Team Zennevallei 4		2:00.45
4	Zwemclub "De Dolfijnen" Asse-Ternat 1		2:00.62
5	Brabant East Swimming Team 1		2:04.80
6			



Swimming Cup Zennevallei 2026
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Programmanr. 11, Heren, 4 x 50m vrije slag

Serie 3 van 3, 11:35

1	Swimming Team Zennevallei 6	1:59.72
2	Swimming Team Zennevallei 3	1:46.16
3	Swimming Team Zennevallei 1	1:44.36
4	Herstalnataction 1	1:45.93
5	Swimming Team Zennevallei 2	1:46.88
6	Aart Lorelei Zwemvereniging 1	2:00.42

Programmanr. 12
18/10/2026 - 11:40

Dames, 4 x 50m vrije slag

11 jaar en ouder
Startlijst

Serie 1 van 2, 11:40

1		
2	Swimming Team Zennevallei 3	2:23.33
3	Swimming Team Zennevallei 4	2:19.76
4	Brabant East Swimming Team 2	2:22.11
5		
6		

Serie 2 van 2, 11:40

1	Brabant East Swimming Team 1	2:05.34
2	Zwemclub "De Dolfijnen" Asse-Ternat 1	2:00.36
3	Swimming Team Zennevallei 1	1:53.45
4	Herstalnataction 1	1:59.29
5	Swimming Team Zennevallei 2	2:05.29
6	Zwemclub "De Dolfijnen" Asse-Ternat 2	2:06.20

11:45 Middagpauze: Broodjes verkrijgbaar in de hal, warme snacks in de Kantine. Uitreiking medailles wed 1-12 in de hal.

2 - Swimming Cup Zennevallei 2026 NM

18/10/2026 - 14:00

Programmanr. 13
18/10/2026 - 14:00

Gemengd, 4 x 50m vrije slag

9 - 10 jaar
Startlijst

Serie 1 van 1, 14:00

1		
2	Cercle Royal De Natation De Schaerbeek N O H 1	NT
3	Swimming Team Zennevallei 1	3:30.53
4	Swimming Team Zennevallei 2	3:40.52
5	Cercle Royal De Natation De Schaerbeek N O H 2	NT
6		

Programmanr. 14
18/10/2026 - 14:05

Dames, 100m wisselslag

11 jaar en ouder
Startlijst

Serie 1 van 5, 14:05

1		
2	STEENO, Lies	ZORO/21220/13
3	THIERENS, Chiara	ZORO/21216/13
4	DAI, Zixuan Alina	ZORO/21236/14
5		
6		

Serie 2 van 5, 14:05

1	PEETROONS, Zena	ZORO/21209/12	NT
2	ROELANT, Siska	KVZP/21088/11	NT
3	KABEYA MBOTE, Eliana	HN095369/15	NT
4	CINAR, Elif	SCSG/21252/12	NT
5	VANDERVELDEN, Aude	SCSG/21248/12	NT
6			



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HIGH QUALITY SPORTS SUPPLEMENTS



Swimming Cup Zennevallei 2026
Sint-Pieters-Leeuw, 18/10/2026

Programmanr. 14, Dames, 100m wisselslag

Serie 3 van 5, 14:10

1	JADOUL, Juliette	ZORO/21233/15	1:46.26
2	D'HOKER, Lotte	STZ/21179/11	1:38.37
3	VAN DER VEKEN, Lara	ZIOS/21132/13	1:32.52
4	DE BRUYN, Jade	ZIOS/21139/14	1:36.10
5	DE BRIER, Rosalie	BEST/21181/15	1:38.91
6	DECROLIER, Yasmine	HN/095340/13	NT

Serie 4 van 5, 14:10

1	VANDERBEKEN, Shaïna	STZ/21160/11	1:29.87
2	DE GEYTER, Ilana	ZIOS/21053/07	1:23.34
3	RIAH, Sonia	HN/010591/10	1:19.42
4	LOUCKX, C��lie	STZ/21207/10	1:20.73
5	AELLEN, Lin	STZ/21126/10	1:26.18
6	MUYLAERT, Yaelle	ZIOS/21111/09	1:29.93

Serie 5 van 5, 14:15

1	AELLEN, Bente	STZ/21127/12	1:12.75
2	DE CORTE, Alix	ZORO/21157/09	1:11.86
3	LABASSE, Clemence	HN/015249/07	1:07.08
4	IANNINO, Valentina	STZ/21150/12	1:10.86
5	BENNANI, Maryam	HN/014122/10	1:11.88
6	GHISLAIN, Juliette	STZ/21120/09	1:18.05

Programmanr. 15
18/10/2026 - 14:15

Heren, 400m vrije slag

11 jaar en ouder
Startlijst

Serie 1 van 5, 14:15

1			
2	D'HOKER, Tijl	STZ/11197/14	NT
3	TODERICA, Andrei	ZIOS/11157/13	NT
4	PEETERS, Tibo	STZ/11210/13	NT
5			
6			

Serie 2 van 5, 14:25

1			
2	CLAESSENS, Mattiz	STZ/11199/14	7:03.94
3	ABOUAZAR, Karl	STZ/11170/14	6:40.33
4	DESMET, Finn	STZ/11173/13	6:45.85
5	ASSELMAN, Jeff	ZIOS/11150/14	NT
6			

Serie 3 van 5, 14:30

1	VANINBROUKX, Toon	BEST/11168/13	6:24.93
2	JAMAR, Alexander	BEST/11155/12	6:14.92
3	YAKILI, Furkan	BEST/11158/14	5:52.35
4	HERMAN, Wout	ALZV/11172/13	5:58.45
5	BOONE, Torre	ALZV/11192/14	6:16.55
6	MATHELOT, Amaury	ALZV/11168/13	6:25.81

Serie 4 van 5, 14:40

1	KOROGLU, Sinan	CNSN/014762/12	5:41.75
2	VANDEPITTE, Kyan	DDAT/11158/13	5:30.78
3	GHISLAIN, Antoine	STZ/11148/13	5:27.76
4	CLAES, Tiebe	DDAT/11139/13	5:30.56
5	ANCOLET, Mats	ZIOS/11133/11	5:36.57
6	VANGENECHTEN, Matthias	BEST/11156/14	5:48.42

Serie 5 van 5, 14:45

1	EL MELIOUI, Abderazak	CNSN/013589/14	5:16.90
2	EUGENE, Felix	ZORO/11114/07	4:36.20
3	VOLCKAERT, Matthias	ZIOS/11067/08	4:16.81
4	TUBBE, Xander	STZ/11003/09	4:21.15
5	DE PEYPER, Mats	ZIOS/11113/11	5:00.77
6	VAN STEENWINKEL, Wout	KVZP/11101/14	5:23.75

Programmanr. 16
18/10/2026 - 14:50

Dames, 400m vrije slag

11 jaar en ouder
Startlijst

Serie 1 van 4, 14:50

1			
2	SMEETS, Lou	BEST/21169/14	6:59.84
3	MUYLAERT, Yinse	ZIOS/21134/11	6:28.05
4	ANCOLET, Laure	ZIOS/21140/14	6:49.65
5			
6			

Serie 2 van 4, 15:00

1	DE PRATER, Eline	DDAT/21180/15	6:15.94
2	TRONCKOE, Bente	DDAT/21167/13	5:59.79
3	KERCKHOFS, Wouke	BEST/21148/13	5:51.84
4	VANGENECHTEN, Anna	BEST/21163/15	5:59.73
5	VANMECHELEN, Kato	BEST/21180/14	6:07.70
6			



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Swimming Cup Zennevallei 2026
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Programmanr. 16, Dames, 400m vrije slag

Serie 3 van 4, 15:05

- 1 DE BISSCHOP, Lisse
- 2 BIESEMANS, Jana
- 3 VAN LIERDE, Lana
- 4 DELCOIGNE, Ella
- 5 VAN DEN TROOST, Amy
- 6 DE PRATER, Juno

ZIOS/21074/08 5:20.94
ZIOS/21109/13 5:18.75
ZIOS/21082/07 5:15.02
DDAT/21161/14 5:18.45
KVZP/21116/14 5:18.97
DDAT/21148/11 5:21.07

Serie 4 van 4, 15:10

- 1 NDIAYE, Maï
- 2 VANDERLINDEN, Paulien
- 3 CIOBANU, Anastasia
- 4 LECHIFFLARD, Léa
- 5 WYFFELS, Louise Marie
- 6 GHOOS, Kato

DDAT/21170/14 5:06.24
BEST/21117/11 4:53.05
DDAT/21112/09 4:45.24
CNSN/013582/09 4:50.30
DDAT/21150/13 5:00.37
BEST/21171/14 5:10.85

Programmanr. 17
18/10/2026 - 15:15

Heren, 100m schoolslag

11 jaar en ouder
Startlijst

Serie 1 van 10, 15:15

- 1
- 2 JADDI, Mohamed Yassin
- 3 CARLIER, Noha
- 4 VERMEIR, Caene
- 5 BLOMMAERTS, Mathis
- 6

ALZV/11189/12 NT
CNSN//13 NT
ZIOS/11144/13 NT
ZIOS/11135/12 NT

Serie 2 van 10, 15:20

- 1 DOBBELAERE, Daan
- 2 GERITS, Jasper
- 3 D'HONDT, Michiel
- 4 KHAN, Raja Balaj
- 5 JAMAR, Jonathan
- 6 BOUSSAADA, Ayman

BEST/11191/14 NT
SCSG/11279/15 2:05.30
STZ/11223/15 2:00.03
BEST/11183/13 2:04.13
BEST/11187/15 2:12.38
CNSN/015806/14 NT

Serie 3 van 10, 15:20

- 1 CHARGOU, Ahmed-Taha
- 2 HENRION, Victor
- 3 JACQUEMYS, Lewis
- 4 JANUARIUS, Jules
- 5 TIELEMANS, Wolf
- 6 SZAUKA, David

CNSN/014005/15 1:55.83
SCSG/11251/11 1:45.19
DDAT/11175/14 1:43.37
STZ/11185/15 1:44.94
STZ/11181/15 1:45.81
STZ/11172/14 1:56.13

Serie 4 van 10, 15:25

- 1 VAN STEENWINKEL, Wout
- 2 CLAES, Tiebe
- 3 VANDEPITTE, Kyan
- 4 HAAN, Alexander
- 5 BOMBAERT, Louis
- 6 DESMEDT, Timo

KVZP/11101/14 1:41.06
DDAT/11139/13 1:39.81
DDAT/11158/13 1:34.22
STZ/11169/14 1:35.26
ZIOS/11120/12 1:40.52
ALZV/11190/12 1:41.58

Serie 5 van 10, 15:25

- 1 DOBBELEIRE, Niels
- 2 CONSTANTINESCU, Armand
- 3 MEMA, Brady
- 4 TRONCKOE, Kobe
- 5 SA'ADEH, Nayim
- 6 WAGEMANS, Daan

STZ/11167/13 1:32.64
HN/014123/13 1:31.27
CNSN/014447/13 1:30.96
DDAT/11131/11 1:31.09
STZ/11192/13 1:32.59
ALZV/11185/15 1:33.64

Serie 6 van 10, 15:30

- 1 VERHASSELT, Lars
- 2 VAN DEN BERGHE, Vince
- 3 VOLCKAERT, Thomas
- 4 JACQUEMYS, Kobe
- 5 DE MESMAEKER, Loann
- 6 BAS, Gaston

DDAT/11151/11 1:29.53
ALZV/11147/12 1:27.70
ZIOS/11106/10 1:26.98
DDAT/11137/13 1:27.42
DDAT/11149/13 1:27.71
STZ/11128/12 1:29.95

Serie 7 van 10, 15:30

- 1 VANTHUYNE, Wout
- 2 WIELEMAN, Robbe
- 3 TURF, Sander
- 4 CINAR, Eyüp
- 5 HERMANS, Viktor
- 6 WALDMAN, Jonathan

ALZV/11159/12 1:25.81
STZ/11137/13 1:23.68
ZIOS/11114/10 1:22.84
SCSG/11229/10 1:23.34
ALZV/11156/12 1:25.65
STZ/11226/10 1:26.81

Serie 8 van 10, 15:35

- 1 VANDAELE, Felix
- 2 COCRIAMONT, Théo
- 3 LAMAASAB, Raphaël
- 4 GUENDOZ, Anas
- 5 VEKEMAN, Kwinte
- 6 VANDERGUCHT, Jonas

STZ/11124/11 1:20.66
CNSN/014745/12 1:20.34
CNSN/014443/11 1:19.36
KVZP/11075/10 1:20.09
STZ/11130/10 1:20.57
STZ/11149/13 1:21.27

Serie 9 van 10, 15:35

- 1 CLAES, Elian
- 2 JACOB, Geoffrey
- 3 VAN HOOFF, Cobbe
- 4 HALLET, Brent
- 5 BAS, Briek
- 6 EL BOUSTANE, Dawood

DDAT/11105/10 1:17.96
HN/000145/88 1:15.28
BEST/11118/10 1:11.01
STZ/11118/11 1:15.18
STZ/11115/10 1:15.64
HN/055459/10 1:18.31

Serie 10 van 10, 15:35

- 1 VERROKEN, Gerben
- 2 CHAREF, Billal
- 3 CLEYMANS, Torben
- 4 CLEYMANS, Karsten
- 5 BENNANI, Walid
- 6 MEERT, Vince

ZIOS/11130/08 1:08.56
HN/002440/02 1:06.22
STZ/11081/08 1:02.17
STZ/11058/02 1:05.22
HN/014066/07 1:07.49
1:09.18



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HIGH QUALITY SPORTS SUPPLEMENTS



Swimming Cup Zennevallei 2026
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Programmanr. 18
18/10/2026 - 15:40

Dames, 100m schoolslag

11 jaar en ouder
Startlijst

Serie 1 van 7, 15:40

1			
2	MACKEN, Lola	NT	
3	GROMADKA, Emilia	CNSN/015957/14	2:01.38
4	LAZZOUNI, Dina	CNSN/136552/16	NT
5			
6			

Serie 2 van 7, 15:40

1			
2	MOERMAN, Noémie	SCSG/21280/13	1:57.86
3	VANBELLINGEN VERMEERE, L.	KVZP/21115/14	1:55.41
4	FAHY, Julie	ZIOS/21149/15	1:55.82
5	VANDERVELDEN, Valentine	SCSG/21299/15	1:58.66
6			

Serie 3 van 7, 15:45

1	VANDE VELDE, Sien	ZIOS/21138/12	1:52.32
2	PINTE, Ella	ALZV/21175/15	1:46.49
3	PEETERS RUCHE, Alicia	STZ/21162/14	1:44.92
4	VERMEIR, Josefien	DDAT/21171/13	1:45.72
5	DOYEN, Laure	STZ/21171/13	1:47.05
6	FAHY, Emma	ZIOS/21148/15	1:53.26

Serie 4 van 7, 15:45

1	DE PRATER, Eline	DDAT/21180/15	1:44.34
2	THIERENS, Chiara	ZORO/21216/13	1:43.41
3	GÖNCÜ, Nisanur	SCSG/21255/12	1:37.47
4	DE MEY, Merel	ZIOS/21136/12	1:37.75
5	AELLEN, Lin	STZ/21126/10	1:44.05
6	TRONCKOE, Bente	DDAT/21167/13	1:44.48

Serie 5 van 7, 15:50

1	MECHROUBI, Yasmina	STZ/21164/14	1:36.24
2	NECULAE, Maria Iulia	ALZV/21186/14	1:35.41
3	VAN STEENWINKEL, Esther	KVZP/21095/10	1:32.98
4	VAN LIERDE, Lana	ZIOS/21082/07	1:33.64
5	VAN DER BEKEN, Shaïna	STZ/21160/11	1:36.10
6	VAN ROYE, Yane	STZ/21183/10	1:36.29

Serie 6 van 7, 15:50

1	CHARGOU, Sophia	CNSN/014009/13	1:32.34
2	WYFFELS, Louise Marie	DDAT/21150/13	1:28.95
3	DEROOST, Beau	ZIOS/21127/12	1:25.50
4	FRANCKX, Margaux	DDAT/21132/11	1:25.86
5	VAN ROY, Onah	DDAT/21196/13	1:31.95
6	BOMBAERT, Milla	ZIOS/21105/10	1:32.69

Serie 7 van 7, 15:50

1	KERCKHOFS, Nienke	BEST/21116/11	1:24.09
2	DE BACKER, Birgit	ZIOS/21066/09	1:22.38
3	CIOBANU, Anastasia	DDAT/21112/09	1:19.00
4	HENNEAU, Lotte	STZ/21180/10	1:20.17
5	LANDRIEU, Nora	ZIOS/21100/10	1:23.35
6	ESHREF, Alara	HN/012918/11	1:25.45

15:55 Pauze: om veiligheidsredenen is inzwemmen tijdens de pauze niet mogelijk.

Programmanr. 19
18/10/2026 - 16:10

100m wisselslag

9 - 10 jaar
Startlijst

Serie 1 van 3, 16:10

1			
2	VAN THIENEN, Juliette	STZ/21219/16	NT
3	VANDER ELST, Elliot	DDAT/21195/16	NT
4	CIETERS VANDI, Lisa	STZ/21222/16	NT
5			
6			

Serie 2 van 3, 16:10

1	EGÉE, Samuel	KVZP/11126/17	1:55.95
2	VANDER STRAETEN, Sem	STZ/11198/16	1:41.16
3	HALLET, Sibbe	STZ/11195/16	1:37.78
4	KERCKHOFS, Diewke	BEST/21188/16	1:38.81
5	GHOOS, Dorien	BEST/21190/16	1:45.20
6	VAN LAER, Milla	DDAT/21189/16	1:56.78

Serie 3 van 3, 16:15

1	DE VRIESE, Leon	STZ/11216/17	1:35.68
2	STEELS, Wout	STZ/11201/16	1:34.65
3	LUBOWICKI, Ada	ZIOS/21141/16	1:31.59
4	HAAN, Maximiliaan	STZ/11190/16	1:33.48
5	JANUARIUS, Jef	STZ/11217/17	1:34.73
6	VAN DE GUCHT, Tibo	DDAT/11179/16	1:36.05

DEKANTINE



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Programmanr. 20
18/10/2026 - 16:15

Heren, 100m wisselslag

11 jaar en ouder
Startlijst

Serie 1 van 5, 16:15

1			
2	CONSTANTINESCU, Armand	HN/014123/13	NT
3	DE MUNCK, Edouard	ZORO/11238/14	NT
4	COCRIAMONT, Théo	CNSN/014745/12	NT
5			
6			

Serie 2 van 5, 16:20

1	MUSSIMBWA, Isaaka	HN/059346/15	NT
2	BRYNAERT, Jonas	STZ/11063/07	NT
3	JAMAR, Jonathan	BEST/11187/15	1:52.86
4	TODERICA, Andrei	ZIOS/11157/13	NT
5	WILLEMS, Jack	ZORO/11240/15	NT
6			

Serie 3 van 5, 16:20

1	CLAESSENS, Mattiz	STZ/11199/14	1:46.65
2	KHAN, Raja Balaj	BEST/11183/13	1:41.38
3	ABOUAZAR, Karl	STZ/11170/14	1:39.07
4	DESMET, Finn	STZ/11173/13	1:39.71
5	D'HOKER, Tijl	STZ/11197/14	1:43.38
6	PEETERS, Tibo	STZ/11210/13	1:49.80

Serie 4 van 5, 16:25

1	ABOUAZAR, Pieter	STZ/11113/11	1:23.79
2	PEETERS, Kobe	STZ/11211/11	1:18.63
3	EL BOUSTANE, Dawood	HN/055459/10	1:12.42
4	LAMAASAB, Raphaël	CNSN/014443/11	1:17.86
5	HAENEN, Colin	STZ/11125/11	1:19.30
6	EL MELIOUI, Abderazak	CNSN/013589/14	1:29.93

Serie 5 van 5, 16:25

1	VANHASSEL, Mathias	STZ/11009/07	1:08.68
2	EUGENE, Felix	ZORO/11114/07	1:06.15
3	CHAREF, Billal	HN/002440/02	1:00.72
4	BRYNAERT, Jasper	STZ/11082/07	1:05.09
5	SEGBERS, Louis	STZ/11004/07	1:08.09
6	SMISMANS, Kamil	STZ/11033/07	1:09.38

Programmanr. 21
18/10/2026 - 16:30

Dames, 100m vlinderslag

11 jaar en ouder
Startlijst

Serie 1 van 4, 16:30

1	MUYLAERT, Yinse	ZIOS/21134/11	NT
2	DE BRUYN, Jade	ZIOS/21139/14	NT
3	VANDERVELDEN, Aude	SCSG/21248/12	1:54.54
4	FAHY, Julie	ZIOS/21149/15	NT
5	PEETERS RUCHE, Alicia	STZ/21162/14	NT
6			

Serie 2 van 4, 16:30

1	GÖNCÜ, Nisanur	SCSG/21255/12	1:38.18
2	CHARGOU, Sophia	CNSN/014009/13	1:31.55
3	VAN HOYLANDT, Julie	KVZP/21106/13	1:25.23
4	NSUBUGA, Sofia	DDAT/21172/11	1:29.44
5	BIESEMANS, Jana	ZIOS/21109/13	1:34.71
6	KERCKHOFS, Wouke	BEST/21148/13	1:40.18

Serie 3 van 4, 16:35

1	GHOOS, Kato	BEST/21171/14	1:20.13
2	DE PRATER, Juno	DDAT/21148/11	1:17.83
3	DE CORTE, Alix	ZORO/21157/09	1:16.08
4	D'HONDT, Annelien	STZ/21182/12	1:17.08
5	NECULAE, Maria Iulia	ALZV/21186/14	1:19.40
6	DELCOIGNE, Ella	DDAT/21161/14	1:20.56

Serie 4 van 4, 16:35

1	NDIAYE, Maï	DDAT/21170/14	1:14.43
2	AELLEN, Bente	STZ/21127/12	1:12.85
3	DE BACKER, Birgit	ZIOS/21066/09	1:08.66
4	VANDERLINDEN, Paulien	BEST/21117/11	1:09.16
5	LOUCKX, Célie	STZ/21207/10	1:13.35
6	IANNINO, Valentina	STZ/21150/12	1:14.79

Programmanr. 22
18/10/2026 - 16:35

Heren, 100m vlinderslag

11 jaar en ouder
Startlijst

Serie 1 van 6, 16:35

1			
2	VERMEIR, Caene	ZIOS/11144/13	NT
3	MEMA, Brady	CNSN/014447/13	NT
4	ANCOLET, Mats	ZIOS/11133/11	NT
5			
6			

Serie 2 van 6, 16:40

1	JACQUEMYNS, Lewis	DDAT/11175/14	1:51.74
2	BLOMMAERTS, Mathis	ZIOS/11135/12	1:36.67
3	PEETERS, Kobe	STZ/11211/11	1:31.76
4	SA'ADEH, Nayim	STZ/11192/13	1:33.78
5	BOONE, Torre	ALZV/11192/14	1:42.30
6	ASSELMAN, Jeff	ZIOS/11150/14	NT

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Programmanr. 22, Heren, 100m vlinderslag

Serie 3 van 6, 16:40

1	GUENDOUZ, Anas	KVZP/11075/10	1:27.29
2	JAMAR, Alexander	BEST/11155/12	1:26.76
3	LESCRAUWAET, Max	STZ/11134/12	1:22.24
4	HERMANS, Viktor	ALZV/11156/12	1:22.40
5	DE MESMAEKER, Loann	DDAT/11149/13	1:27.04
6	ABOUAZAR, Pieter	STZ/11113/11	1:28.21

Serie 4 van 6, 16:45

1	BAS, Gaston	STZ/11128/12	1:18.08
2	VERHASSELT, Lars	DDAT/11151/11	1:14.75
3	BAS, Briek	STZ/11115/10	1:12.98
4	VANDAELE, Felix	STZ/11124/11	1:14.20
5	WAGEMANS, Daan	ALZV/11185/15	1:16.45
6	VAN DEN BERGHE, Vince	ALZV/11147/12	1:20.47

Serie 5 van 6, 16:45

1	JACQUEMYS, Kobe	DDAT/11137/13	1:11.67
2	BRYNAERT, Jasper	STZ/11082/07	1:08.66
3	VAN HOOFF, Cobe	BEST/11118/10	1:07.47
4	TRONCKOE, Kobe	DDAT/11131/11	1:07.61
5	VEKEMAN, Kwinte	STZ/11130/10	1:10.86
6	DE HAES, Tibo	STZ/11112/10	1:12.09

Serie 6 van 6, 16:50

1	JACOB, Geoffrey	HN/000145/88	1:02.50
2	MEERT, Vince		1:02.26
3	CLEYMANS, Torben	STZ/11081/08	1:01.64
4	CLEYMANS, Karsten	STZ/11058/02	1:02.22
5	ZEGAYE, Imrane	HN/014068/07	1:02.28
6	VANHASSEL, Mathias	STZ/11009/07	1:04.52

Programmanr. 23
18/10/2026 - 16:50

Dames, 100m rugslag

11 jaar en ouder
Startlijst

Serie 1 van 8, 16:50

1			
2	DAI, Zixuan Alina	ZORO/21236/14	NT
3	MACKEN, Lola		NT
4	VANDE VELDE, Sien	ZIOS/21138/12	NT
5			
6			

Serie 2 van 8, 16:50

1	VANDERVELDEN, Valentine	SCSG/21299/15	NT
2	JADOUL, Juliette	ZORO/21233/15	1:51.57
3	STEENO, Lies	ZORO/21220/13	1:41.74
4	ANCOLET, Laure	ZIOS/21140/14	1:46.23
5	VAN ROYE, Yane	STZ/21183/10	NT
6	MOERMAN, Noémie	SCSG/21280/13	NT

Serie 3 van 8, 16:55

1	CINAR, Elif	SCSG/21252/12	1:38.66
2	DOYEN, Laure	STZ/21171/13	1:36.57
3	DE MEY, Merel	ZIOS/21136/12	1:34.46
4	FAHY, Emma	ZIOS/21148/15	1:35.14
5	VANBELLINGEN VERMEERE, L.	KVZP/21115/14	1:36.87
6	D'HOKER, Lotte	STZ/21179/11	1:39.36

Serie 4 van 8, 16:55

1	DE BRIER, Rosalie	BEST/21181/15	1:31.74
2	VANGENECHTEN, Anna	BEST/21163/15	1:29.99
3	DECROLIER, Yasmine	HN/095340/13	1:29.37
4	PEETROONS, Zena	ZORO/21209/12	1:29.79
5	PINTE, Ella	ALZV/21175/15	1:30.06
6	MUYLAERT, Yaelle	ZIOS/21111/09	1:31.84

Serie 5 van 8, 17:00

1	VAN DER VEKEN, Lara	ZIOS/21132/13	1:26.35
2	VANMECHELEN, Kato	BEST/21180/14	1:26.01
3	MECHROUBI, Yasmina	STZ/21164/14	1:23.35
4	VERMEIR, Josefien	DDAT/21171/13	1:24.62
5	SMEETS, Lou	BEST/21169/14	1:26.20
6	KABEYA MBOTE, Eliana	HN095369/15	1:28.49

Serie 6 van 8, 17:00

1	VAN HOYLANDT, Julie	KVZP/21106/13	1:21.53
2	HENNEAU, Lotte	STZ/21180/10	1:20.73
3	ROELANT, Siska	KVZP/21088/11	1:17.42
4	BOMBAERT, Milla	ZIOS/21105/10	1:20.00
5	GHISLAIN, Juliette	STZ/21120/09	1:20.99
6	VAN STEENWINKEL, Esther	KVZP/21095/10	1:23.04

Serie 7 van 8, 17:00

1	DEROOST, Beau	ZIOS/21127/12	1:16.40
2	KERCKHOFS, Nienke	BEST/21116/11	1:14.55
3	VAN ROY, Onah	DDAT/21196/13	1:14.19
4	FRANCKX, Margaux	DDAT/21132/11	1:14.36
5	D'HONDT, Annelien	STZ/21182/12	1:15.64
6	NSUBUGA, Sofia	DDAT/21172/11	1:16.94

Serie 8 van 8, 17:05

1	RIAH, Sonia	HN/010591/10	1:11.96
2	LECHIFFLARD, Léa	CNSN/013582/09	1:09.43
3	LABASSE, Clemence	HN/015249/07	1:04.33
4	BENNANI, Maryam	HN/014122/10	1:06.04
5	LANDRIEU, Nora	ZIOS/21100/10	1:10.38
6	ESHREF, Alara	HN/012918/11	1:13.26

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Swimming Cup Zennevallei 2026
Sint-Pieters-Leeuw, 18/10/2026



Programmanr. 24
18/10/2026 - 17:05

Heren, 100m rugslag

11 jaar en ouder
Startlijst

Serie 1 van 7, 17:05

- 1 SEGERS, Louis
- 2 DOBELAERE, Daan
- 3 WILLEMS, Jack
- 4 CINAR, Eyüp
- 5 D'HONDT, Michiel
- 6 DE MUNCK, Edouard

STZ/11004/07
BEST/11191/14
ZORO/11240/15
SCSG/11229/10
STZ/11223/15
ZORO/11238/14

NT
NT
NT
NT
NT
NT

Serie 2 van 7, 17:10

- 1 JADDI, Mohamed Yassin
- 2 HENRION, Victor
- 3 YAKILI, Furkan
- 4 SZAUKA, David
- 5 GERITS, Jasper
- 6 MUSSIMBWA, Isaaka

ALZV/11189/12 1:54.51
SCSG/11251/11 1:39.79
BEST/11158/14 1:32.95
STZ/11172/14 1:34.85
SCSG/11279/15 1:46.64
HN/059346/15 NT

Serie 3 van 7, 17:10

- 1 JANUARIUS, Jules
- 2 HAAN, Alexander
- 3 TIELEMANS, Wolf
- 4 DOBBELEIRE, Niels
- 5 VANTHUYNE, Wout
- 6 DESMEDT, Timo

STZ/11185/15 1:28.35
STZ/11169/14 1:27.59
STZ/11181/15 1:24.66
STZ/11167/13 1:27.09
ALZV/11159/12 1:27.69
ALZV/11190/12 1:30.30

Serie 4 van 7, 17:15

- 1 HERMAN, Wout
- 2 MATHELOT, Amaury
- 3 VANDERGUCHT, Jonas
- 4 BOMBAERT, Louis
- 5 VANGENECHTEN, Matthias
- 6 HAENEN, Colin

ALZV/11172/13 1:21.78
ALZV/11168/13 1:21.39
STZ/11149/13 1:20.50
ZIOS/11120/12 1:20.70
BEST/11156/14 1:21.51
STZ/11125/11 1:22.44

Serie 5 van 7, 17:15

- 1 WIELEMAN, Robbe
- 2 KOROGLU, Sinan
- 3 TURF, Sander
- 4 GHISLAIN, Antoine
- 5 VANINBROUKX, Toon
- 6 CLAES, Elian

STZ/11137/13 1:19.01
CNSN/014762/12 1:17.76
ZIOS/11114/10 1:15.74
STZ/11148/13 1:16.84
BEST/11168/13 1:18.25
DDAT/11105/10 1:19.08

Serie 6 van 7, 17:15

- 1 HALLET, Brent
- 2 LESCRAUWAET, Max
- 3 BRYNAERT, Jonas
- 4 VOLCKAERT, Thomas
- 5 DE PEYPER, Mats
- 6 DE HAES, Tibo

STZ/11118/11 1:11.35
STZ/11134/12 1:10.90
STZ/11063/07 1:07.91
ZIOS/11106/10 1:09.31
ZIOS/11113/11 1:11.06
STZ/11112/10 1:15.44

Serie 7 van 7, 17:20

- 1 SMISMANS, Kamil
- 2 VERROKEN, Gerben
- 3 BENNANI, Walid
- 4 VOLCKAERT, Matthias
- 5 WALDMAN, Jonathan
- 6 TUBBE, Xander

STZ/11033/07 1:06.53
ZIOS/11130/08 1:01.23
HN/014066/07 59.10
ZIOS/11067/08 1:00.97
STZ/11226/10 1:04.51
STZ/11003/09 1:06.68

17:20 Einde wedstrijd. Aansluitend Team Race en medaille uitreiking wed 13-24, individuele prijzen en beker in de hal.



Swimming Cup Zennevallei 2026 Team Race
Sint-Pieters-Leeuw, 18/10/2026

Programmanr. 1
18/10/2026 - 18:00

Gemengd, 4 x 50m vrije slag Swimming Cup Zennevallei Team Race 2026
Startlijst

Serie 1 van 1

2	Swimming Team Zennevallei 3	Swimming Team Zennevallei	2:01.89
3	Swimming Team Zennevallei 1	Swimming Team Zennevallei	1:58.64
4	Swimming Team Zennevallei 2	Swimming Team Zennevallei	1:59.99
5	Zwemclub "De Dolfijnen" Asse-Ternat 1	Zwemclub "De Dolfijnen" Asse-Ternat	NT

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