

4 Regio cup 17-03-2024 Sint Truiden  
Sint-Truiden, 17/3/2024

1 - zondag 17 maart 2024

17/03/2024 - 14:00

Programmanr. 1  
17/03/2024 - 14:00

Dames, 200m rugslag

11 jaar en ouder  
Startlijst

Serie 1 van 7, 14:00

1			
2			
3	Van Guyse Ada	HZS/21292/13	NT
4	Plasschaert Martha	ZDKB/21124/11	NT
5	Vangeloven Fran	DMB/21155/11	NT
6			
7			
8			

Serie 2 van 7, 14:05

1	Lambrigts Gitte	DMB/21215/11	NT
2	Verhofstede Charlie	DMB/21194/13	NT
3	Moors Nora	DBT/21196/12	NT
4	Huskens Liene	DMB/21166/12	NT
5	Nijs Alani	DBT/21174/13	NT
6	Vos Birthe	ZDKB/21126/12	NT
7	Desair Anna-louise	HZS/21294/13	NT
8			

Serie 3 van 7, 14:10

1	Theuwissen Nore	DMB/21164/13	NT
2	Beckers Fien	DMB/21204/13	NT
3	Janssens Lieze	DBT/21163/13	NT
4	Vanierschot Nora	HZS/21214/11	NT
5	Bosch Nienke	ZDKB/21130/09	NT
6	Brebels Maartje	DBT/21202/12	NT
7	Franssen Lyna	HZS/21279/12	NT
8	Gabriëls Amelia	GZVN/21370/12	NT

Serie 4 van 7, 14:15

1	Wolfs Lola	ZDKB/21105/10	3:35.54
2	Ardu Peppa Jolene	DBT/21175/12	3:22.57
3	Tekay Sedef	PZC/21098/10	3:15.42
4	Odeur Lore	GZVN/21283/09	3:13.80
5	Paulissen Kaat	GZVN/21144/06	3:13.95
6	Luyten Lore	HZS/21244/08	3:21.19
7	Cypers de Landrecy Jozefien	PZC/21092/11	3:25.64
8	Vanbrabant Manon	DBT/21177/12	3:53.07

Serie 5 van 7, 14:20

1	Joriskes Lore	DMB/21147/12	3:03.74
2	Beylemans Katho	PZC/21073/08	2:59.75
3	Poel Maren	DBT/21173/11	2:55.10
4	Huybregts Jolien	DMB/21082/09	2:54.61
5	Thewissen Mirthe	HZS/21212/11	2:54.64
6	Bousson Julie	DMB/21140/11	2:55.78
7	Maes Leonie	PZC/21106/12	3:02.71
8	Pannemans Tessa	GZVN/21340/10	3:06.77

Serie 6 van 7, 14:24

1	Maes Helene	PZC/21074/10	2:52.60
2	Hermans Yo-Lynne	DBT/21099/08	2:52.05
3	Vanierschot Lina	HZS/21157/08	2:51.14
4	Castillo Ronquillo B.	PZC/21088/08	2:46.87
5	Hiel Lina	DBT/21117/10	2:49.70
6	Sargesjan Nala	HZS/21232/11	2:51.76
7	Verleysen Noa	HZS/21233/11	2:52.15
8	Copermans Sam	HZS/21247/11	2:53.12

Serie 7 van 7, 14:29

1	Meertens Jody	GZVN/21267/09	2:42.33
2	Meers Lien	HZS/21154/08	2:37.56
3	Vanierschot Ella	HZS/21192/10	2:35.84
4	Deckers Maite	DMB/21026/06	2:28.93
5	Vinken Amélie	DMB/21143/07	2:34.98
6	Gerets Sieglinde	HZS/21159/08	2:36.03
7	Stokmans Emma	LWB/21068/10	2:39.79
8	Theuwis Lisabet	DMB/21175/09	2:46.11

Programmanr. 2  
17/03/2024 - 14:32

Heren, 200m rugslag

11 jaar en ouder  
Startlijst

Serie 1 van 5, 14:32

1	Verelst Benjamin	GZVN/11319/10	NT
2	Habex Robbe	ZDKB/11123/11	NT
3	Repriels Arthur	ZDKB/11127/10	NT
4	Lemmens Lars	DBT/11208/12	NT
5	Ballet Emile	DBT/11200/11	NT
6	Beets Jorre	DBT/11162/07	NT
7	Hermans Yesse	DBT/11187/13	NT
8	Tayyem Abdo-almallek	HZS/11248/11	NT

Serie 2 van 5, 14:38

1	Van Mele Gunnar	DBT/11205/13	NT
2	Gielen Zoran	DBT/11186/13	NT
3	Timmers Bjarne	DMB/11178/13	NT
4	Janssen Tibo	DMB/11200/11	4:10.64
5	Knaepen Guus-Jan	HZS/11285/13	NT
6	Fransen Luciano	PZC/11128/13	NT
7	Hensen Lars	ZDKB/11113/07	NT
8	Janssen Lander	LWB/11070/11	NT

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Programmanr. 2, Heren, 200m rugslag

Serie 3 van 5, 14:43

1	Schoofs Tuur	ZCM/11040/10	3:29.37
2	Vandebroek Jonas	GZVN/11320/09	3:09.84
3	Mannaerts Mathias	LWB/11069/11	3:01.92
4	Frederix Lou	DBT/11137/11	2:57.29
5	Janssen Thibe	DBT/11167/11	3:00.63
6	Fransen Dylano	PZC/11096/11	3:06.34
7	Van den Hoom Ebe	DMB/11079/09	3:12.94
8	Ayoubi Farhan	ZDKB/11120/10	3:37.90

Serie 4 van 5, 14:48

1	van den Berg Jasper	PZC/11086/10	2:52.00
2	Vandijck Samuel	DMB/11142/12	2:46.93
3	Roosen Lukas	PZC/11077/10	2:44.73
4	Evens Vince	DMB/11122/11	2:39.20
5	Bergmans Mats	HZS/11194/10	2:44.07
6	Tholen Stijn	DMB/11154/12	2:45.30
7	Daemen Juul	DMB/11105/10	2:47.62
8	Walterus Kilyan	DMB/11156/12	2:52.60

Serie 5 van 5, 14:52

1	Vranken Bjarne	DMB/11134/09	2:35.79
2	Driesen Siebe	DMB/11065/08	2:27.50
3	Vandepoel Quinten	STZC/11007/10	2:27.41
4	Coenen Remco	STZC/11002/03	2:21.57
5	Claeskens Milan	DBT/11091/06	2:23.44
6	Biesmans Jens	ZCM/11011/07	2:27.43
7	Vangrootloon Jef	STZC/11009/10	2:27.59
8	Servranckx Senne	DMB/11107/10	2:38.06

Programmanr. 3  
17/03/2024 - 14:55

50m rugslag

9 - 10 jaar  
Startlijst

Serie 1 van 3, 14:55

1			
2			
3	Ruelens Henri	DMB/11206/14	NT
4	Bosmans Vince	DMB/11203/14	NT
5	Schrooten Lien	DMB/21211/15	NT
6			
7			
8			

Serie 2 van 3, 14:58

1	Segers Mathis	DMB/11207/15	NT
2	Vanbrabant Noah	DBT/11206/15	NT
3	Biesiadecki Alexander	DMB/11214/15	NT
4	Ludwiczak Jagoda	DMB/21212/15	NT
5	Van Eijgen Louise	DMB/21210/15	NT
6	Das Amelie	STZC/21036/15	NT
7	Beijnsberger Julie	DMB/21208/15	NT
8	Soogen Lowie	DMB/11209/15	NT

Serie 3 van 3, 15:00

1	Segers Ferre	DMB/11183/14	58.25
2	Moors Calista	DMB/21190/14	54.72
3	Creemers Alexia	DMB/21189/14	46.56
4	Bollen Warre	PZC/11115/14	42.67
5	Schreurs Alina	DMB/21182/14	46.34
6	Moors Victor	DMB/11185/14	53.15
7	Ferreira Cravo Enzo	DMB/11188/14	57.80
8	Veysière Marélie	PZC/21129/15	1:12.19

Programmanr. 4  
17/03/2024 - 15:02

100m wisselslag

10 jaar  
Startlijst

Serie 1 van 3, 15:02

1			
2	Moors Liam	DBT/11197/14	NT
3	Claes Janne	DBT/21185/14	NT
4	Joriskes Gijs	DMB/11193/14	NT
5	Pirard Driek	STZC/11039/14	NT
6	Thomas Lyne	PZC/21126/14	NT
7			
8			

Serie 2 van 3, 15:05

1	Bevernage Trix	HZS/21293/14	NT
2	Moors Victor	DMB/11185/14	NT
3	Put Tyana	HZS/21283/14	NT
4	Swinnen Paulien	DBT/21189/14	NT
5	Vreys Anse	DBT/21191/14	NT
6	Ruelens Henri	DMB/11206/14	NT
7	Thys Vince	STZC/11043/14	NT
8	Vaneesbeck Emma	PZC/21116/14	NT

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Programmanr. 4, 100m wisselslag

Serie 3 van 3, 15:07

1	Bosmans Vince	DMB/11203/14	NT
2	Meylaers Seppe	PZC/11127/14	1:45.56
3	Ferreira Cravo Enzo	DMB/11188/14	1:44.35
4	Beijnsberger Louise	DMB/21184/14	1:36.84
5	Creemers Alexia	DMB/21189/14	1:40.73
6	Schreurs Alina	DMB/21182/14	1:44.99
7	Moors Calista	DMB/21190/14	1:54.87
8	Segers Ferre	DMB/11183/14	NT

Programmanr. 5  
17/03/2024 - 15:10

Dames, 100m vlinderslag

11 jaar en ouder  
Startlijst

Serie 1 van 6, 15:10

1			
2			
3	Theuwissen Nore	DMB/21164/13	NT
4	Vanheeswijck Amelea	DMB/21193/13	NT
5	Loenders Griet	PZC/21052/07	NT
6			
7			
8			

Serie 2 van 6, 15:13

1			
2	Vlassaks Rosalie	PZC/21103/13	NT
3	Thieleman Kensi	PZC/21108/11	NT
4	Michiels Ans	LWB/21052/10	NT
5	Nijs Alani	DBT/21174/13	NT
6	Ardu Peppa Jolene	DBT/21175/12	NT
7	Nouwen Fleur	DMB/21167/13	NT
8			

Serie 3 van 6, 15:15

1	Nagy Iyana	DBT/21201/10	NT
2	Ludwiczak Lena	DMB/21213/12	NT
3	Theuwis Rune	DMB/21174/02	NT
4	Vandewaerde Oobe	DMB/21181/13	NT
5	Bousson Julie	DMB/21140/11	NT
6	Tekay Sedef	PZC/21098/10	NT
7	Gabriëls Amelía	GZVN/21370/12	NT
8	Luyten Elise	HZS/21246/10	NT

Serie 4 van 6, 15:18

1	De Belder Kato	DMB/21150/12	1:52.18
2	Maes Leonie	PZC/21106/12	1:38.95
3	Huybregts Jolien	DMB/21082/09	1:31.72
4	Theuwis Lisabet	DMB/21175/09	1:28.88
5	Habex Hanne	ZDKB/21093/07	1:29.06
6	Pannemans Tessa	GZVN/21340/10	1:37.24
7	Remans Quin	DMB/21146/12	1:48.44
8	Ruelens Cobien	DMB/21159/12	1:52.59

Serie 5 van 6, 15:20

1	Jansen Roos	PZC/21042/08	1:28.12
2	Mélard Levi	ZDKB/21091/10	1:27.23
3	Cypers de Landrecy Tillie	PZC/21084/10	1:23.53
4	Hermans Yo-Lynne	DBT/21099/08	1:22.99
5	Claeskens Lina	DBT/21098/08	1:23.31
6	Wevers Gitte	DMB/21123/11	1:25.52
7	Hiel Lina	DBT/21117/10	1:27.42
8	Schouteden Nienke	DMB/21149/12	1:28.62

Serie 6 van 6, 15:22

1	Maes Helene	PZC/21074/10	1:21.18
2	Kerkhofs Kaat	DMB/21124/11	1:16.83
3	Weytjens Amber	DMB/21071/08	1:14.92
4	Broux Elise	GZVN/21015/05	1:08.33
5	Theuwis Nelle	DMB/21173/06	1:12.97
6	Janssen Lore	GZVN/21253/07	1:15.44
7	Coomans Emely	DMB/21144/07	1:18.88
8	But Anastacia	HZS/21173/09	1:21.71

Programmanr. 6  
17/03/2024 - 15:25

Heren, 100m vlinderslag

11 jaar en ouder  
Startlijst

Serie 1 van 5, 15:25

1			
2			
3	Swendrowski Milan	ZDKB/11111/10	NT
4	Janssen Thibe	DBT/11167/11	NT
5	Michiels Tuur	LWB/11064/09	NT
6			
7			
8			

Serie 2 van 5, 15:27

1	Frederix Lou	DBT/11137/11	NT
2	Jans Sen	ZDKB/11104/11	NT
3	Vandebroek Jonas	GZVN/11320/09	1:34.37
4	Geutjens Maxime	DMB/11148/12	1:32.64
5	Mannaerts Mathias	LWB/11069/11	1:32.99
6	Tayyem Abdo-almallek	HZS/11248/11	1:38.69
7	Swennen Lars	ZDKB/11114/09	NT
8	Prosmans Gé	ZDKB/11075/09	NT

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Programmanr. 6, Heren, 100m vlinderslag

Serie 3 van 5, 15:29

1	Walterus Kilyan	DMB/11156/12	1:28.89
2	Tholen Stijn	DMB/11154/12	1:22.78
3	Roosen Lukas	PZC/11077/10	1:16.94
4	Bergmans Mats	HZS/11194/10	1:16.23
5	Vandijck Samuel	DMB/11142/12	1:16.42
6	Tielen Sander	DMB/11119/11	1:18.17
7	Vertessen Wout	DBT/11161/12	1:27.60
8	Fransen Dylano	PZC/11096/11	1:29.07

Serie 4 van 5, 15:31

1	Vranken Barend	DMB/11136/11	1:16.04
2	Metten Vince	DMB/11103/10	1:13.77
3	Vranken Bjarne	DMB/11134/09	1:11.23
4	Vos Sem	GZVN/11257/10	1:07.73
5	Daemen Tuur	DMB/11064/08	1:09.80
6	Evens Mats	DMB/11106/10	1:13.31
7	Servranckx Senne	DMB/11107/10	1:15.76
8	Cetinkaya Doruk	DBT/11166/08	1:16.18

Serie 5 van 5, 15:33

1	Biesmans Jens	ZCM/11011/07	1:04.13
2	Veestraeten Mats	DMB/11031/06	1:01.94
3	Van den Hoorn Jelle	DMB/10445/04	1:01.03
4	Verbeek Bram	LWB/10168/99	59.15
5	Vranken Bartel	DMB/11135/07	59.89
6	Oris Tim	DMB/10326/98	1:01.93
7	Claeskens Milan	DBT/11091/06	1:03.48
8	Pouls Roderik	GZVN/11167/07	1:07.44

Programmanr. 7  
17/03/2024 - 15:35

Dames, 50m vrije slag

11 jaar en ouder  
Startlijst

Serie 1 van 4, 15:35

1	Plasschaert Martha	ZDKB/21124/11	NT
2	Lambrigts Gitte	DMB/21215/11	NT
3	Mélard Levi	ZDKB/21091/10	NT
4	Vos Birthe	ZDKB/21126/12	NT
5	Bosch Nienke	ZDKB/21130/09	NT
6	Meers Lien	HZS/21154/08	NT
7	Joriskes Lore	DMB/21147/12	NT
8	Wolfs Lola	ZDKB/21105/10	NT

Serie 2 van 4, 15:36

1	Van Guyse Ada	HZS/21292/13	45.15
2	Desair Anna-louise	HZS/21294/13	42.01
3	Brebels Maartje	DBT/21202/12	40.40
4	Cluysen Ziva	LWB/21065/12	39.25
5	van Soest Arisra	PZC/21112/12	39.86
6	Janssens Lieze	DBT/21163/13	40.63
7	Moors Nora	DBT/21196/12	42.53
8	Huskens Liene	DMB/21166/12	47.83

Serie 3 van 4, 15:38

1	Luyten Lore	HZS/21244/08	36.79
2	Habex Hanne	ZDKB/21093/07	35.25
3	Nagy Ilyana	DBT/21201/10	33.79
4	Odeur Lore	GZVN/21283/09	32.68
5	Vanierschot Nora	HZS/21214/11	33.36
6	Vanierschot Lina	HZS/21157/08	34.17
7	Franssen Lyna	HZS/21279/12	35.81
8	Luyten Elise	HZS/21246/10	37.30

Serie 4 van 4, 15:39

1	Gerets Sieglinde	HZS/21159/08	31.31
2	Cluysen Zoë	LWB/21062/10	30.76
3	Deckers Maite	DMB/21026/06	29.83
4	Theuwis Nelle	DMB/21173/06	27.79
5	Vanierschot Ella	HZS/21192/10	29.17
6	Kozulya Mila	GZVN/21089/07	30.24
7	Meertens Jody	GZVN/21267/09	30.98
8	Copermans Sam	HZS/21247/11	31.38

Programmanr. 8  
17/03/2024 - 15:41

Heren, 50m vrije slag

11 jaar en ouder  
Startlijst

Serie 1 van 4, 15:41

1	Schoofs Tuur	ZCM/11040/10	NT
2	Van Mele Gunnar	DBT/11205/13	NT
3	Knaepen Guus-Jan	HZS/11285/13	45.81
4	Timmers Bjarne	DMB/11178/13	42.18
5	Hermans Yesse	DBT/11187/13	42.48
6	Habex Robbe	ZDKB/11123/11	NT
7	Repriels Arthur	ZDKB/11127/10	NT
8	Bruninx Leon	HZS/11304/13	NT

Serie 2 van 4, 15:42

1	Gielen Zoran	DBT/11186/13	36.90
2	Cluysen Kyan	LWB/31082/12	35.91
3	Janssen Lander	LWB/11070/11	34.90
4	van den Berg Jasper	PZC/11086/10	33.93
5	Prosmans Gé	ZDKB/11075/09	34.40
6	Ayoubi Farhan	ZDKB/11120/10	34.95
7	Swendrowski Milan	ZDKB/11111/10	36.11
8	Lemmens Lars	DBT/11208/12	37.77

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Programmanr. 8, Heren, 50m vrije slag

Serie 3 van 4, 15:43

1	Beets Jorre	DBT/11162/07	33.15
2	Swennen Lars	ZDKB/11114/09	30.44
3	Vranken Bjarne	DMB/11134/09	29.36
4	Vandepoel Quinten	STZC/11007/10	28.60
5	Cetinkaya Doruk	DBT/11166/08	28.66
6	Beusen Yordan	GZVN/11387/08	30.40
7	Van den Hoom Ebe	DMB/11079/09	32.93
8	Jans Sen	ZDKB/11104/11	33.72

Serie 4 van 4, 15:44

1	Biesmans Jens	ZCM/11011/07	26.91
2	Vangrootloon Jef	STZC/11009/10	26.00
3	Vranken Bartel	DMB/11135/07	24.94
4	Verbeek Bram	LWB/10168/99	24.51
5	Oris Tim	DMB/10326/98	24.64
6	Veestraeten Mats	DMB/11031/06	25.94
7	Coenen Remco	STZC/11002/03	26.49
8	Hensen Lars	ZDKB/11113/07	28.00

Programmanr. 9  
17/03/2024 - 15:46

100m vrije slag

9 - 10 jaar  
Startlijst

Serie 1 van 3, 15:46

1	Biesiadecki Alexander	DMB/11214/15	NT
2	Ludwiczak Jagoda	DMB/21212/15	2:15.53
3	Segers Mathis	DMB/11207/15	1:52.83
4	Put Tyana	HZS/21283/14	1:42.86
5	Vanbrabant Noah	DBT/11206/15	1:43.04
6	Soogen Lowie	DMB/11209/15	2:00.81
7	Schrooten Lien	DMB/21211/15	NT
8	Veyssi�re Mar�lie	PZC/21129/15	NT

Serie 2 van 3, 15:49

1	Das Amelie	STZC/21036/15	1:40.75
2	Moors Liam	DBT/11197/14	1:39.68
3	Bevernage Trix	HZS/21293/14	1:34.65
4	Beijnsberger Julie	DMB/21208/15	1:32.76
5	Swinnen Paulien	DBT/21189/14	1:34.07
6	Thomas Lyne	PZC/21126/14	1:36.61
7	Meylaers Seppe	PZC/11127/14	1:39.75
8	Van Eijgen Louise	DMB/21210/15	1:42.67

Serie 3 van 3, 15:51

1	Vaneesbeck Emma	PZC/21116/14	1:31.06
2	Pirard Driek	STZC/11039/14	1:25.57
3	Vreys Anse	DBT/21191/14	1:23.18
4	Bollen Warre	PZC/11115/14	1:19.01
5	Beijnsberger Louise	DMB/21184/14	1:20.34
6	Claes Janne	DBT/21185/14	1:25.47
7	Thys Vince	STZC/11043/14	1:30.49
8	Joriskes Gijs	DMB/11193/14	1:31.12

Programmanr. 10  
17/03/2024 - 15:53

Dames, 400m vrije slag

11 jaar en ouder  
Startlijst

Serie 1 van 6, 15:53

1			
2	Paulissen Kaat	GZVN/21144/06	NT
3	Vander Meer Amber	HZS/21209/11	NT
4	Hendrix Lillith	STZC/21038/10	NT
5	Cypers de Landrecy Jozefien	PZC/21092/11	NT
6	Janssen Lore	GZVN/21253/07	NT
7	Gerets Annelien	HZS/21300/11	NT
8			

Serie 2 van 6, 16:03

1	Beckers Fien	DMB/21204/13	8:58.57
2	van Soest Arisra	PZC/21112/12	7:14.56
3	Vanheeswijk Amelea	DMB/21193/13	6:54.47
4	Cluysen Ziva	LWB/21065/12	6:39.70
5	Vanbrabant Manon	DBT/21177/12	6:54.13
6	Vander Meer Noor	HZS/21282/13	7:12.50
7	Franssen Emily	DMB/21180/13	7:28.48
8	Ludwiczak Lena	DMB/21213/12	NT

Serie 3 van 6, 16:13

1	Machiels Lore	STZC/21017/12	6:31.28
2	De Belder Kato	DMB/21150/12	6:16.86
3	Vandewaerde Oobe	DMB/21181/13	6:10.66
4	Thieleman Kensi	PZC/21108/11	6:08.59
5	Billen Yana	STZC/21018/10	6:09.36
6	Vlassaks Rosalie	PZC/21103/13	6:13.62
7	Das Louise	STZC/21015/13	6:24.84
8	Nouwen Fleur	DMB/21167/13	6:39.23

Serie 4 van 6, 16:20

1	van de voort Saule	STZC/21012/10	5:54.97
2	Vangeloven Fran	DMB/21155/11	5:45.50
3	Schouteden Nienke	DMB/21149/12	5:32.33
4	Kerkhofs Kaat	DMB/21124/11	5:30.52
5	Claeskens Lina	DBT/21098/08	5:31.97
6	Cypers de Landrecy Tillie	PZC/21084/10	5:36.86
7	Ruelens Cobien	DMB/21159/12	5:51.96
8	Remans Quin	DMB/21146/12	6:00.44

4 Regio cup 17-03-2024 Sint Truiden  
Sint-Truiden, 17/3/2024

Programmanr. 10, Dames, 400m vrije slag

Serie 5 van 6, 16:26

1	Verleysen Noa	HZS/21233/11	5:27.81
2	Wevers Gitte	DMB/21123/11	5:27.16
3	Loenders Griet	PZC/21052/07	5:24.69
4	Stokmans Emma	LWB/21068/10	5:11.06
5	Thewissen Mirthe	HZS/21212/11	5:23.03
6	Beylemans Katho	PZC/21073/08	5:24.90
7	Poel Maren	DBT/21173/11	5:27.67
8	Castillo Ronquillo B.	PZC/21088/08	5:28.03

Serie 6 van 6, 16:32

1	Jansen Roos	PZC/21042/08	5:01.67
2	Vinken Amélie	DMB/21143/07	4:53.47
3	Theuwis Rune	DMB/21174/02	4:40.64
4	Theuwis Nelle	DMB/21173/06	4:37.76
5	Weytjens Amber	DMB/21071/08	4:39.23
6	Broux Elise	GZVN/21015/05	4:44.67
7	Kozulya Mila	GZVN/21089/07	4:57.08
8	Coomans Emely	DMB/21144/07	5:06.39

Programmanr. 11  
17/03/2024 - 16:39

Heren, 400m vrije slag

11 jaar en ouder  
Startlijst

Serie 1 van 4, 16:39

1	Fransen Luciano	PZC/11128/13	NT
2	Versluys Jules	STZC/11041/12	NT
3	Ruymen Siebe	STZC/11040/10	NT
4	Ballet Emile	DBT/11200/11	NT
5	Schoofs Tuur	ZCM/11040/10	NT
6	Bruninx Leon	HZS/11304/13	NT
7	Beusen Yordan	GZVN/11387/08	NT
8	Wery Milan	STZC/11042/11	NT

Serie 2 van 4, 16:45

1	Jamar Kamiel	STZC/11016/12	6:16.00
2	Vertessen Wout	DBT/11161/12	5:59.23
3	Janssen Tibo	DMB/11200/11	5:44.02
4	Tielen Sander	DMB/11119/11	5:08.25
5	Geutjens Maxime	DMB/11148/12	5:31.78
6	Verelst Benjamin	GZVN/11319/10	5:58.55
7	Mannaerts Mathias	LWB/11069/11	6:09.26
8	Guilliams Remko	STZC/11037/12	NT

Serie 3 van 4, 16:52

1	Metten Vince	DMB/11103/10	5:01.63
2	Vrankens Barend	DMB/11136/11	4:53.75
3	Vos Sem	GZVN/11257/10	4:49.90
4	Daemen Tuur	DMB/11064/08	4:45.60
5	Vanoppen Mathias	HZS/11151/09	4:46.29
6	Leyssen Warre	PZC/11082/10	4:53.13
7	Daemen Juul	DMB/11105/10	5:00.21
8	Evens Vince	DMB/11122/11	5:07.58

Serie 4 van 4, 16:58

1	Pouls Roderik	GZVN/11167/07	4:36.02
2	Verbeek Bram	LWB/10168/99	4:32.77
3	Veestraeten Mats	DMB/11031/06	4:20.32
4	Van den Hoorn Jelle	DMB/10445/04	4:10.10
5	Vranken Bartel	DMB/11135/07	4:13.53
6	Oris Tim	DMB/10326/98	4:27.76
7	Driesen Siebe	DMB/11065/08	4:35.79
8	Evens Mats	DMB/11106/10	4:37.85

Programmanr. 12  
17/03/2024 - 17:04

Dames, 4 x 100m wisselslag

11 jaar en ouder  
Startlijst

Serie 1 van 1, 17:04

1			
2			
3	DBT 3		6:36.00
4	PZC 1		5:19.42
5	DBT 1		5:26.00
6	ZDKB 1		NT
7			
8			

Programmanr. 13  
17/03/2024 - 17:11

Heren, 4 x 100m wisselslag

11 jaar en ouder  
Startlijst

Serie 1 van 1, 17:11

1			
2	ZDKB 3		NT
3	LWB 1		5:50.11
4	PZC 1		5:08.72
5	DBT 1		5:37.00
6	ZDKB 2		NT
7			
8			