

**5° DAG REGIONAAL CRITERIUM  
'HENRI LECLUYSE' 2022 - 2023**

# **PROGRAMMA**

**VEURNSE**



**VZV  
ZWEMVERENIGING**

**VZV**

**Est 1973**

**02 APRIL 2023**

**STEDELIJK ZWEMBAD**

**SINT DENISPLAATS 15 - 8630 VEURNE**



## Inschrijf statistieken

## Alle wedstrijden

| Vereniging                              | afk./depot | Land | Zwemmers  |            |            | Individueel |            |            | Estafettes |          |           |
|---|------------|------|-----------|------------|------------|-------------|------------|------------|------------|----------|-----------|
|   |            |      | Heren     | Dames      | Totaal     | Heren       | Dames      | Totaal     | Heren      | Dames    | Totaal    |
| Bruinvissen Diksmuide                   | ZB         | BEL  | 13        | 18         | 31         | 25          | 32         | 57         | 1          | 1        | 2         |
| Gold Swimming Team                      | GOLD       | BEL  | 2         | 7          | 9          | 3           | 12         | 15         | -          | -        | -         |
| Izegemse Kregelzwemmers                 | IKZ        | BEL  | 5         | 16         | 21         | 8           | 28         | 36         | -          | 1        | 1         |
| Koninklijke Brugse Zwem- & Reddingkring | BZK        | BEL  | 9         | 12         | 21         | 16          | 19         | 35         | 1          | 1        | 2         |
| Koninklijke Kortrijkse Zwemkring        | KZK        | BEL  | 2         | 4          | 6          | 4           | 6          | 10         | -          | -        | -         |
| Royal Ostend Swimming Club              | ROSC       | BEL  | 12        | 12         | 24         | 15          | 16         | 31         | 1          | 1        | 2         |
| Torhoute Zwemclub Thor (TZT)            | TZT        | BEL  | 13        | 10         | 23         | 26          | 20         | 46         | 1          | 1        | 2         |
| Ursus Zwemklub Zwevegem                 | UZKZ       | BEL  | 13        | 10         | 23         | 20          | 17         | 37         | 1          | 1        | 2         |
| Veurnse zwemvereniging                  | VZV        | BEL  | 9         | 8          | 17         | 16          | 12         | 28         | -          | 1        | 1         |
| Zwemclub Ter Borcht-Meulebeke           | ZTB        | BEL  | 15        | 4          | 19         | 30          | 8          | 38         | 1          | 1        | 2         |
| Zwemclub Tieltse Zeeduivels             | ZTZ        | BEL  | 3         | 8          | 11         | 6           | 15         | 21         | -          | -        | -         |
| <b>Totaal 11 verenigingen</b>           |            |      | <b>96</b> | <b>109</b> | <b>205</b> | <b>169</b>  | <b>185</b> | <b>354</b> | <b>6</b>   | <b>8</b> | <b>14</b> |

Naam wedstrijd: 5de dag Provinciaal Criterium 'Henri Lecluyse' 2023  
 Locatie (plaats): Veurne (BEL) Zwembad: Korte baan (25m)  
 Datum: 02/04/2023 - 02/04/2023 Aantal banen: 6 (1 - 6)  
 Adres zwembad: Sint-Denisplaats 15, Tijdmeting: Handmatig 1 klok  
 Start methode: 1 start regel

### Sessienr. 1 - zondag 2 april 2023

2/04/2023 - 14:00

| #  | Functie        | Nr. | Naam                   | Vereniging | Plaats             | Licentie               | Opmerkingen |
|----|----------------|-----|------------------------|------------|--------------------|------------------------|-------------|
| 1  | Kamprechter    |     | Halsberghe Gaëlle      | D GOLD     | Wervik             | GOLD /20025/94         |             |
| 2  | Starter        |     | Halsberghe Tony        | H GOLD     | Wervik             | GOLD /10058/65         |             |
| 3  | Jurysecretaris |     | Vanhoucke Marc         | H VZV      | Veurne             | VZV/10035/52           |             |
| 4  | Computercel    |     | Bartholomeus Jan       | H VZV      | Veurne             | VZV/11000/55           |             |
| 5  | Computercel    |     | Ghyselbrecht Alain     | H VZV      | Oostduinkerke      | VZV/11008/61           |             |
| 6  | Official TAK   |     | Bosschaert Leen        | D ROSC     |                    | ROSC/21314/80          |             |
| 7  | Official TAK   |     | Carlier Elisa          | D ROSC     |                    | ROSC/21246/82          |             |
| 8  | Official TAK   |     | Christiaens Michel     | H TZT      | Eernegem           | TZT/11068/72           |             |
| 9  | Official TAK   |     | Claerhout Philippe     | H ZTB      | Izegem             | ZTB/11086/82           |             |
| 10 | Official TAK   |     | D'Haene Veerle         | D VZV      |                    | TAK, VZV/21006/90      |             |
| 11 | Official TAK   |     | De Wever Wim           | H IKZ      | Emelgem            | IKZ/11150/77           |             |
| 12 | Official TAK   |     | Desmytere Els          | D TZT      | Koksijde           | TAK, TZT/21113/73      |             |
| 13 | Official TAK   |     | Desodt Pedro           | H KZK      | HEULE              | TAK, KZK/11133/80      |             |
| 14 | Official TAK   |     | Desplenter Sharon      | D IKZ      | Emelgem            | IKZ/21151/85           |             |
| 15 | Official TAK   |     | Devos Peter            | H ROSC     |                    | ROSC/11322/66          |             |
| 16 | Official TAK   |     | Dubois Cindy           | D BZK      |                    | TAK, BZK/21354/82      |             |
| 17 | Official TAK   |     | François Ewout         | H TZT      | Veldegem           | TAK, TZT/11031/78      |             |
| 18 | Official TAK   |     | Hellebuyck Lien        | D ZTZ      | Sint-Eloois-Winkel | ZTZ /20007/81          |             |
| 19 | Official TAK   |     | Huysentruyt Robby      | H UZKZ     |                    | TAK, UZKZ/11115/84     |             |
| 20 | Official TAK   |     | Janssens Wendy         | D ZB       | Kortemark          | ZB/21055/77            |             |
| 21 | Official TAK   |     | Meylaerts Veerle       | D VZV      | Gistel             | VZV/21042/78           |             |
| 22 | Official TAK   |     | Overbergh Philip       | H VZV      |                    | TAK, VZV/11010/67      |             |
| 23 | Official TAK   |     | Rousseau Sofie         | D ZB       | Diksmuide          | ZB/21079/78            |             |
| 24 | Official TAK   |     | Thyvelen Lode          | H ZB       | Diksmuide          | ZB/11056/75            |             |
| 25 | Official TAK   |     | Uytersprot Daniel      | H VZV      |                    | lesgever, VZV/11012/65 |             |
| 26 | Official TAK   |     | Van Compernelle Pieter | H ZTZ      | Wingene            | ZTZ /11036/80          |             |
| 27 | Official TAK   |     | Vandeputte Debby       | D IKZ      | Izegem             | IKZ/21057/86           |             |
| 28 | Official TAK   |     | Vansielegem Evy        | D ZTB      | Kachtem            | TAK, ZTB/21042/82      |             |
| 29 | Official TAK   |     | Veryser Marc           | H VZV      |                    | TAK, VZV/11016/64      |             |
| 30 | Official TAK   |     | Vulsteke Annemie       | D VZV      |                    | TAK, VZV/21019/65      |             |

Handtekening jurysecretaris

Handtekening kamprechter

1 - zondag 2 april 2023

2/04/2023 - 14:00

Programmanr. 1 200m rugslag 10 jaar  
2/04/2023 - 14:00 Startlijst

| Baan Naam                   | Strartnr.     | Inschrijftijd | Baan Naam                   | Strartnr.     | Inschrijftijd |
|-----------------------------|---------------|---------------|-----------------------------|---------------|---------------|
| <u>Serie 1 van 3, 14:00</u> |               |               | <u>Serie 2 van 3, 14:05</u> |               |               |
| 1                           |               |               | 1 Bohijn Milo               | UZKZ/11135/13 | NT            |
| 2 Van Cauwenberge Lio       | ROSC/21340/13 | NT            | 2 Lagacie Axelle            | IKZ/21140/13  | NT            |
| 3 Huyst Gaëlle              | ZB/21097/13   | NT            | 3 Vanbrabant Esben          | IKZ/11157/13  | NT            |
| 4 Vandeputte Rube           | UZKZ/11142/13 | NT            | 4 De Wever Maud             | IKZ/21138/13  | NT            |
| 5                           |               |               | 5 De Baere Arnaud           | UZKZ/11136/13 | NT            |
| 6                           |               |               | 6 Dekeyser Norah            | ROSC/21342/13 | NT            |
| <u>Serie 3 van 3, 14:11</u> |               |               |                             |               |               |
| 1 Bruyneel Laure            | ZTZ/21067/13  | NT            |                             |               |               |
| 2 De Bruyne Sander          | GOLD/11135/13 | 4:07.58       |                             |               |               |
| 3 Devuyt Oona               | BZK/21300/13  | 3:21.56       |                             |               |               |
| 4 Depraetere Indy           | GOLD/21137/13 | 3:50.41       |                             |               |               |
| 5 Verplancke Mara           | GOLD/21140/13 | 4:18.85       |                             |               |               |
| 6 Defever Auwke             | IKZ/21143/13  | NT            |                             |               |               |

Programmanr. 2 100m rugslag 9 jaar  
2/04/2023 - 14:16 Startlijst

| Baan Naam                   | Strartnr.     | Inschrijftijd | Baan Naam                   | Strartnr.     | Inschrijftijd |
|-----------------------------|---------------|---------------|-----------------------------|---------------|---------------|
| <u>Serie 1 van 2, 14:16</u> |               |               | <u>Serie 2 van 2, 14:18</u> |               |               |
| 1                           |               |               | 1                           |               |               |
| 2 Ryckeman Ella             | ROSC/21341/14 | NT            | 2 Vansteenkste Marilou      | IKZ/21156/14  | NT            |
| 3 Vandaele Axelle           | ROSC/21343/14 | NT            | 3 Vandeputte Jorbe          | IKZ/11153/14  | NT            |
| 4 Vancamelbeke Lotte        | UZKZ/21141/14 | NT            | 4 Ghekiere June             | ZB/21096/14   | NT            |
| 5                           |               |               | 5 Tuytens Laure             | UZKZ/21140/14 | NT            |
| 6                           |               |               | 6                           |               |               |

Programmanr. 3 Dames, 400m wisselslag 11 jaar en ouder  
2/04/2023 - 14:20 Startlijst

Loodsvijze 2023 11: 6:26.80; 12: 6:07.43; 13: 5:51.44; 14: 5:37.91; 15: 5:31.87; 16: 5:26.24; 17: 5:20.98; 18+: 5:16.04 /  
Haai 2023 13: 5:24.20; 14: 5:18.70; 15: 5:09.70; 16: 5:05.70; 17: 5:04.70; 18: 5:04.20

| Baan Naam                    | Strartnr.     | Inschrijftijd | Baan Naam                    | Strartnr.     | Inschrijftijd |
|------------------------------|---------------|---------------|------------------------------|---------------|---------------|
| <u>Serie 1 van 10, 14:20</u> |               |               | <u>Serie 2 van 10, 14:27</u> |               |               |
| 1 Mestdagh Laure             | BZK/21286/11  | NT            | 1 Starink Rilou              | BZK/21143/06  | NT            |
| 2 Coussement Manon           | IKZ/21108/10  | NT            | 2 Anquetil Inaya             | GOLD/21102/09 | NT            |
| 3 Descan Hanne               | IKZ/21127/12  | NT            | 3 Casteleyn Yana             | ZB/21081/12   | NT            |
| 4 Jansseune Julie            | VZV/21038/07  | NT            | 4 Aneev Zayana               | IKZ/21136/11  | NT            |
| 5 Lammens Louise             | TZT/21069/08  | NT            | 5 Velghe Laura               | IKZ/21118/12  | NT            |
| 6                            |               |               | 6 Bouttelegier Anaïs         | ZB/21071/09   | NT            |
| <u>Serie 3 van 10, 14:34</u> |               |               | <u>Serie 4 van 10, 14:42</u> |               |               |
| 1 Koolen Aurianne            | TZT/21085/07  | NT            | 1 Andries Febe               | IKZ/21148/09  | NT            |
| 2 Depondt-Velter Tille       | ROSC/21212/09 | NT            | 2 Dejonckheere Merel         | KZK/21099/07  | NT            |
| 3 Deschoemaeker Rani         | ZB/21074/10   | NT            | 3 Deschoemaeker Zara         | ZB/21040/07   | NT            |
| 4 Vinck Lore                 | BZK/21356/02  | NT            | 4 De Bruycker Chloë          | TZT/21096/11  | NT            |
| 5 Migom Lobke                | ZB/21075/08   | NT            | 5 Lammens Mary               | TZT/21095/11  | NT            |
| 6 Notredame Ine              | ZB/21064/09   | NT            | 6 Goemaere Alizée            | ZB/21088/09   | NT            |

Programmanr. 3, Dames, 400m wisselslag

Serie 5 van 10, 14:49

|   |                 |              |    |
|---|-----------------|--------------|----|
| 1 | Gantois Janne   | BZK/21324/11 | NT |
| 2 | Demarest Hailey | ZB/21082/12  | NT |
| 3 | Caris Marthe    | ZTZ/21051/10 | NT |
| 4 | Vanpoucke Hanne | ZB/21042/06  | NT |
| 5 | Coopman Isolde  | TZT/21104/11 | NT |
| 6 | Maes Kaat       | TZT/21064/09 | NT |

Serie 6 van 10, 14:56

|   |                       |               |    |
|---|-----------------------|---------------|----|
| 1 | Verstraete Linde      | IKZ/21128/12  | NT |
| 2 | Verhelst Tiele        | IKZ/21113/11  | NT |
| 3 | Van Cauwenberge Catho | ROSC/21278/10 | NT |
| 4 | Cailliau Pauline      | ZB/21047/05   | NT |
| 5 | Desmet Fien           | TZT/21062/08  | NT |
| 6 | Declercq Margarita    | IKZ/21081/09  | NT |

Serie 7 van 10, 15:03

|   |                         |               |    |
|---|-------------------------|---------------|----|
| 1 | Desmet Lieze            | TZT/21077/10  | NT |
| 2 | Verhaeghe Marthe        | ZTB/21088/10  | NT |
| 3 | Despeghel Laurann       | BZK/21144/07  | NT |
| 4 | Noppe Pauline           | IKZ/21126/12  | NT |
| 5 | Mabbe Norah             | UZKZ/21027/06 | NT |
| 6 | Vandekerckhove Juliette | TZT/21114/11  | NT |

Serie 8 van 10, 15:10

|   |                   |               |         |
|---|-------------------|---------------|---------|
| 1 | Vanden Abeele Syl | UZKZ/21113/99 | NT      |
| 2 | Dufoort Alexia    | IKZ/21114/10  | NT      |
| 3 | Schacht Hanne     | IKZ/21104/11  | 6:34.56 |
| 4 | Meurisse Kyana    | GOLD/21114/10 | 6:39.66 |
| 5 | Linskens Elloise  | TZT/21098/11  | NT      |
| 6 | Demuyndt Margot   | ZB/21073/09   | NT      |

Serie 9 van 10, 15:17

|   |                      |               |         |
|---|----------------------|---------------|---------|
| 1 | Verhaeghe Lara       | VZV/21032/07  | 6:27.70 |
| 2 | Van Quaethem Anke    | ZTZ/21030/07  | 6:18.15 |
| 3 | Eeckhout Fleur       | ZB/21048/08   | 6:08.23 |
| 4 | Thyvelen Lise        | ZB/21050/08   | 6:14.26 |
| 5 | Depaeppe Elize       | ROSC/21236/11 | 6:18.32 |
| 6 | Vanden Baviere Margo | GOLD/21096/09 | 6:34.36 |

Serie 10 van 10, 15:24

|   |                    |               |         |
|---|--------------------|---------------|---------|
| 1 | Caris Louise       | ZTZ/21032/08  | 5:43.92 |
| 2 | Mignauw Laura      | UZKZ/21029/05 | 5:32.17 |
| 3 | Van De Keere Anna  | ZTZ/21002/05  | 5:25.11 |
| 4 | Réady Emma         | UZKZ/21033/07 | 5:29.56 |
| 5 | Devolder Yelena    | IKZ/21086/09  | 5:40.82 |
| 6 | Landuyt Anna-Lucia | ZTZ/21043/08  | 6:01.94 |

Programmanr. 4  
2/04/2023 - 15:32

Heren, 400m wisselslag

11 jaar en ouder  
Startlijst

Loodsvisie 2023 11: 6:26.06; 12: 6:01.08; 13: 5:33.19; 14: 5:18.69; 15: 5:12.31; 16: 5:00.94; 17: 4:55.84; 18: 4:51.07; 19+: 4:46.59 /  
Haai 2023 13: 5:31.70; 14: 5:09.70; 15: 4:53.70; 16: 4:49.70; 17: 4:38.70; 18: 4:38.20

| Baan                         | Naam                  | Startnr.      | Inschrijftijd | Baan                         | Naam               | Startnr.      | Inschrijftijd |
|------------------------------|-----------------------|---------------|---------------|------------------------------|--------------------|---------------|---------------|
| <u>Serie 1 van 10, 15:32</u> |                       |               |               | <u>Serie 2 van 10, 15:38</u> |                    |               |               |
| 1                            | Baeyens Siemen        | ZTB/11069/09  | NT            | 1                            | Vandewaetere Stan  | VZV/11039/08  | NT            |
| 2                            | De Gryse Hamza        | ZB/11084/07   | NT            | 2                            | Goemaere Joren     | ZB/11078/08   | NT            |
| 3                            | Tacq Nathan           | ZTZ/11062/11  | NT            | 3                            | François Tijs      | TZT/11063/08  | NT            |
| 4                            | Reynaert Tibe         | TZT/11107/11  | NT            | 4                            | Deblauwe Thomas    | ROSC/11235/09 | NT            |
| 5                            | Provoost Dajo         | ROSC/11243/08 | NT            | 5                            | Declercq Lukas     | TZT/11099/11  | NT            |
| 6                            | Devos Mathis          | ROSC/31318/12 | NT            | 6                            | Claerhout Wolf     | ZTB/11087/09  | NT            |
| <u>Serie 3 van 10, 15:45</u> |                       |               |               | <u>Serie 4 van 10, 15:52</u> |                    |               |               |
| 1                            | Vanderbeken Yoren     | UZKZ/11040/07 | NT            | 1                            | Eeckhout Sieben    | ZB/11049/06   | NT            |
| 2                            | Baeyens Warre         | ZTB/11068/11  | NT            | 2                            | Declercq Simon     | TZT/11088/09  | NT            |
| 3                            | Vandenweghe Miel      | ZB/11091/08   | NT            | 3                            | Caris Emiel        | ZTZ/11061/09  | NT            |
| 4                            | Delporte Nio          | ZB/11076/09   | NT            | 4                            | Mabbe Elian        | UZKZ/11028/04 | NT            |
| 5                            | Piceu Seppe           | KZK/11131/12  | NT            | 5                            | Segaert Kobe       | BZK/11328/10  | NT            |
| 6                            | Vandekerckhove Jerome | TZT/11115/10  | NT            | 6                            | Vandemaele Jacob   | KZK/11149/11  | NT            |
| <u>Serie 5 van 10, 15:59</u> |                       |               |               | <u>Serie 6 van 10, 16:06</u> |                    |               |               |
| 1                            | Housen Korneel        | TZT/11091/09  | NT            | 1                            | Provoost Matice    | ROSC/11125/08 | NT            |
| 2                            | Feys Sammy            | VZV/11025/00  | NT            | 2                            | Baert Warre        | ZTB/11072/09  | NT            |
| 3                            | Vandamme Lucas        | ZB/11066/07   | NT            | 3                            | Van Craeynest Bas  | ROSC/11271/12 | NT            |
| 4                            | Bruyneel Ferre        | ZTZ/11052/09  | NT            | 4                            | De Craemer Cas     | ZB/11092/08   | NT            |
| 5                            | Quartier Matisse      | ROSC/11237/11 | NT            | 5                            | Van Den Bossche G. | BZK/11345/06  | NT            |
| 6                            | Vanoverbeke Seppe     | UZKZ/11067/08 | NT            | 6                            | Claeys Mauro       | ROSC/11177/08 | NT            |

Programmanr. 4, Heren, 400m wisselslag

Serie 7 van 10, 16:13

|   |                         |               |    |
|---|-------------------------|---------------|----|
| 1 | Maes Briek              | TZT/11049/07  | NT |
| 2 | Peiren Nicolas          | ZTB/11062/10  | NT |
| 3 | Vanvyaene Matthys       | ZTB/11075/11  | NT |
| 4 | Kindt Liam              | TZT/11075/10  | NT |
| 5 | Druant Andreas          | ZB/11089/06   | NT |
| 6 | Huysentruyt Ferre-Louis | UZKZ/11093/10 | NT |

Serie 8 van 10, 16:20

|   |                  |               |         |
|---|------------------|---------------|---------|
| 1 | Igodt Daan       | ZTB/11022/06  | 5:47.53 |
| 2 | Pickavet Joachim | ZTB/11021/06  | 5:44.09 |
| 3 | Druwel Mauro     | ZTB/11027/08  | 5:23.02 |
| 4 | Pattyn Lowie     | ZTB/11070/10  | 5:24.19 |
| 5 | Plovie Flynn     | ZB/11051/10   | 5:47.26 |
| 6 | De Moor Maxime   | GOLD/11094/09 | 6:27.92 |

Serie 9 van 10, 16:27

|   |                   |               |         |
|---|-------------------|---------------|---------|
| 1 | Commeene Jasper   | ZB/11038/07   | 5:13.49 |
| 2 | Desmet Leendert   | TZT/31033/06  | 5:06.59 |
| 3 | Christiaens Stijn | TZT/11060/06  | 5:04.69 |
| 4 | Salomez Haakon    | ZB/11033/06   | 5:05.77 |
| 5 | Vanhoutte Warre   | ROSC/11087/07 | 5:10.75 |
| 6 | Deblauwe Mathis   | ROSC/11116/07 | 5:14.13 |

Serie 10 van 10, 16:33

|   |                   |               |         |
|---|-------------------|---------------|---------|
| 1 | François Wout     | TZT/11047/07  | 5:01.45 |
| 2 | Thyvelen Wout     | ZB/11025/06   | 4:48.30 |
| 3 | Hebb Xander       | ROSC/11277/03 | 4:28.92 |
| 4 | Van Humbeeck Sean | BZK/11310/05  | 4:47.24 |
| 5 | Kindt Levi        | TZT/11048/07  | 4:56.83 |
| 6 | Desmet Simon      | TZT/11011/04  | 5:04.02 |

Programmanr. 5  
2/04/2023 - 16:39

Dames, 50m vrije slag

11 jaar en ouder  
Startlijst

Loodsvisje 2023 17: 28.42; 18 +: 27.99

| Baan Naam                    | Startnr.             | Inschrijftijd       | Baan Naam                     | Startnr.                | Inschrijftijd       |
|------------------------------|----------------------|---------------------|-------------------------------|-------------------------|---------------------|
| <u>Serie 1 van 12, 16:39</u> |                      |                     | <u>Serie 2 van 12, 16:40</u>  |                         |                     |
| 1                            |                      |                     | 1                             | Deschoemaeker Rani      | ZB/21074/10 41.94   |
| 2                            | Eeckhout Floor       | BZK/41230/08 NT     | 2                             | Descan Hanne            | IKZ/21127/12 41.66  |
| 3                            | Desodt Felien        | KZK/21143/11 NT     | 3                             | De Bruyne Silke         | GOLD/21128/11 39.00 |
| 4                            | Spillebeen Jutta     | KZK/21136/12 NT     | 4                             | Casteleyn Yana          | ZB/21081/12 40.13   |
| 5                            | Maertens Emma        | ZB/21095/11 NT      | 5                             | Verhaeghe Marthe        | ZTB/21088/10 41.83  |
| 6                            |                      |                     | 6                             | Candaele Kelsey         | ZB/21093/10 NT      |
| <u>Serie 3 van 12, 16:41</u> |                      |                     | <u>Serie 4 van 12, 16:43</u>  |                         |                     |
| 1                            | Vanmeenen Estee      | VZV/21058/12 38.54  | 1                             | Dekeyser Hasse          | ROSC/21268/11 36.74 |
| 2                            | Verhelst Tiele       | IKZ/21113/11 38.40  | 2                             | Verstraete Linde        | IKZ/21128/12 36.70  |
| 3                            | Vermander Chéyenne   | VZV/21044/10 37.75  | 3                             | Druwel Nora             | ZTB/21057/11 35.89  |
| 4                            | Decruynaere Fran     | BZK/21329/12 37.85  | 4                             | Van Compennolle Marit   | TZT/21060/12 35.91  |
| 5                            | Van Iseghem Phéline  | BZK/21323/11 38.49  | 5                             | Lizy Kyra               | GOLD/21119/11 36.73 |
| 6                            | Thieren Frauke       | VZV/21048/09 38.57  | 6                             | Noppe Pauline           | IKZ/21126/12 37.72  |
| <u>Serie 5 van 12, 16:44</u> |                      |                     | <u>Serie 6 van 12, 16:45</u>  |                         |                     |
| 1                            | Demarest Hailey      | ZB/21082/12 35.63   | 1                             | Demuynck Margot         | ZB/21073/09 34.00   |
| 2                            | Verhaeghe Lise       | VZV/21033/08 35.08  | 2                             | Thyvelen Lise           | ZB/21050/08 33.52   |
| 3                            | Van Cauwenberge Juul | ROSC/21231/09 34.82 | 3                             | Depondt-Velter Nette    | ROSC/21239/09 33.20 |
| 4                            | Coopman Isolde       | TZT/21104/11 34.83  | 4                             | Goemaere Alizée         | ZB/21088/09 33.52   |
| 5                            | Van Compennolle Noa  | ZTZ/21033/06 35.47  | 5                             | Vermaut Celine          | KZK/21125/99 33.88  |
| 6                            | Vanmeenen Celeste    | VZV/21049/10 35.66  | 6                             | Meersseman Tiany        | VZV/21051/07 34.73  |
| <u>Serie 7 van 12, 16:46</u> |                      |                     | <u>Serie 8 van 12, 16:47</u>  |                         |                     |
| 1                            | Mus Amalia           | BZK/21083/06 32.59  | 1                             | Vercouillie Romy        | ZTB/21040/08 31.27  |
| 2                            | Linskens Elloise     | TZT/21098/11 31.47  | 2                             | Vandekerckhove Juliette | TZT/21114/11 31.12  |
| 3                            | Vinck Lore           | BZK/21356/02 31.41  | 3                             | Bouttelegier Anaïs      | ZB/21071/09 31.09   |
| 4                            | Deschoemaeker Zara   | ZB/21040/07 31.44   | 4                             | Starink Rilou           | BZK/21143/06 31.10  |
| 5                            | Mestdagh Laure       | BZK/21286/11 31.81  | 5                             | Van Barneveld Kaat      | BZK/21254/08 31.23  |
| 6                            | Salomez Imaani       | ZB/21069/09 33.15   | 6                             | Maes Kaat               | TZT/21064/09 31.40  |
| <u>Serie 9 van 12, 16:48</u> |                      |                     | <u>Serie 10 van 12, 16:49</u> |                         |                     |
| 1                            | Lorthioir Lisa       | UZKZ/21132/09 31.00 | 1                             | Desmet Fien             | TZT/21062/08 30.14  |
| 2                            | Gantois Janne        | BZK/21324/11 30.68  | 2                             | Vanpoucke Hanne         | ZB/21042/06 30.10   |
| 3                            | Notredame Ine        | ZB/21064/09 30.59   | 3                             | Den Baes Elise          | BZK/21327/10 29.88  |
| 4                            | Jungbluth Elise      | ROSC/21328/09 30.66 | 4                             | Cailliau Pauline        | ZB/21047/05 29.90   |
| 5                            | Anquetil Inaya       | GOLD/21102/09 30.72 | 5                             | Brys Emma               | ROSC/21320/06 30.12 |
| 6                            | De Bruycker Chloë    | TZT/21096/11 31.03  | 6                             | Lammens Mary            | TZT/21095/11 30.55  |

Programmanr. 5, Dames, 50m vrije slag

Serie 11 van 12, 16:50

|   |                  |               |       |
|---|------------------|---------------|-------|
| 1 | Ysenbaert Amélie | UZKZ/21046/06 | 29.64 |
| 2 | Mabbe Norah      | UZKZ/21027/06 | 29.29 |
| 3 | Desmet Lieze     | TZT/21077/10  | 29.20 |
| 4 | Eeckhout Fleur   | ZB/21048/08   | 29.21 |
| 5 | Verfaillie Marie | UZKZ/21044/06 | 29.40 |
| 6 | Migom Lobke      | ZB/21075/08   | 29.74 |

Serie 12 van 12, 16:51

|   |                     |               |       |
|---|---------------------|---------------|-------|
| 1 | Koolen Aurianne     | TZT/21085/07  | 28.93 |
| 2 | Lammens Louise      | TZT/21069/08  | 28.49 |
| 3 | Despeghel Laurann   | BZK/21144/07  | 27.76 |
| 4 | Fiers Ena           | ZTB/21078/07  | 27.90 |
| 5 | Vandenbogaerde Noor | UZKZ/21039/06 | 28.64 |
| 6 | Réady Emma          | UZKZ/21033/07 | 29.04 |

Programmanr. 6  
 2/04/2023 - 16:52

Heren, 50m vrije slag

11 jaar en ouder  
 Startlijst

Loodsvisie 2023 18: 24.99; 19 +: 24.61

| Baan                          | Naam                    | Startnr.      | Inschrijftijd | Baan                          | Naam               | Startnr.      | Inschrijftijd |
|-------------------------------|-------------------------|---------------|---------------|-------------------------------|--------------------|---------------|---------------|
| <u>Serie 1 van 11, 16:52</u>  |                         |               |               | <u>Serie 2 van 11, 16:54</u>  |                    |               |               |
| 1                             | Vandemaele Jacob        | KZK/11149/11  | NT            | 1                             | Thieren Kasper     | VZV/11057/11  | 37.22         |
| 2                             | De Bruyne Nand          | ZB/1100/11    | NT            | 2                             | Germonpre Achiel   | VZV/11056/11  | 35.99         |
| 3                             | Galle Lauris            | ZTB/11091/11  | NT            | 3                             | Bogaert Michiel    | IKZ/11154/10  | 35.75         |
| 4                             | De Gryse Hamza          | ZB/11084/07   | NT            | 4                             | Garmyn Leon        | VZV/11054/11  | 35.92         |
| 5                             | Gantois Staf            | BZK/11355/12  | NT            | 5                             | Neyrinck Loïck     | VZV/11053/11  | 36.19         |
| 6                             | Callewaert Eben         | BZK/11357/12  | NT            | 6                             | Vandorpe Jules     | IKZ/11152/11  | 43.27         |
| <u>Serie 3 van 11, 16:55</u>  |                         |               |               | <u>Serie 4 van 11, 16:56</u>  |                    |               |               |
| 1                             | Garreyn Bent            | UZKZ/11110/10 | 34.16         | 1                             | Verfaillie Thomas  | UZKZ/11084/09 | 32.70         |
| 2                             | Demeyere Lars           | UZKZ/11104/11 | 33.61         | 2                             | Vanvyaene Matthys  | ZTB/11075/11  | 32.47         |
| 3                             | Van Cauwenberge Isaac   | ROSC/11261/07 | 33.46         | 3                             | Bonny Andreas      | VZV/11043/09  | 31.80         |
| 4                             | Declerck Lukas          | TZT/11099/11  | 33.48         | 4                             | Baeyens Warre      | ZTB/11068/11  | 32.47         |
| 5                             | Lycke Thibault          | ZTB/11073/11  | 33.66         | 5                             | Vansielegem Jayden | BZK/11346/10  | 32.61         |
| 6                             | Huyghebaert Jules       | UZKZ/11111/10 | 34.31         | 6                             | Jansseune Vic      | VZV/11045/09  | 33.03         |
| <u>Serie 5 van 11, 16:57</u>  |                         |               |               | <u>Serie 6 van 11, 16:58</u>  |                    |               |               |
| 1                             | Brassaert Arthur        | VZV/11037/06  | 31.74         | 1                             | Vandewaetere Stan  | VZV/11039/08  | 30.99         |
| 2                             | Sabbe Louis             | ZTB/11045/10  | 31.47         | 2                             | Reynaert Tibe      | TZT/11107/11  | 30.12         |
| 3                             | Baeyens Siemen          | ZTB/11069/09  | 31.14         | 3                             | Delporte Nio       | ZB/11076/09   | 29.82         |
| 4                             | Devos Rhune             | ROSC/31319/09 | 31.28         | 4                             | Goemaere Joren     | ZB/11078/08   | 29.92         |
| 5                             | Baert Miel              | ZTB/11071/11  | 31.56         | 5                             | Plovie Flynn       | ZB/11051/10   | 30.58         |
| 6                             | Huysentruyt Ferre-Louis | UZKZ/11093/10 | 31.76         | 6                             | Declerck Simon     | TZT/11088/09  | 31.09         |
| <u>Serie 7 van 11, 16:59</u>  |                         |               |               | <u>Serie 8 van 11, 17:00</u>  |                    |               |               |
| 1                             | Kindt Liam              | TZT/11075/10  | 29.73         | 1                             | Vanderbeken Yoren  | UZKZ/11040/07 | 28.43         |
| 2                             | Vandekerckhove Jerome   | TZT/11115/10  | 29.28         | 2                             | Desmet Simon       | TZT/11011/04  | 28.23         |
| 3                             | Maes Briek              | TZT/11049/07  | 28.97         | 3                             | François Wout      | TZT/11047/07  | 28.08         |
| 4                             | Vandamme Lucas          | ZB/11066/07   | 29.26         | 4                             | Igodt Daan         | ZTB/11022/06  | 28.14         |
| 5                             | Housen Korneel          | TZT/11091/09  | 29.49         | 5                             | Vandenweghe Miel   | ZB/11091/08   | 28.26         |
| 6                             | Devriese Jonathan       | BZK/11226/08  | 29.78         | 6                             | François Tijs      | TZT/11063/08  | 28.67         |
| <u>Serie 9 van 11, 17:01</u>  |                         |               |               | <u>Serie 10 van 11, 17:02</u> |                    |               |               |
| 1                             | Salomez Haakon          | ZB/11033/06   | 27.64         | 1                             | Eeckhout Sieben    | ZB/11049/06   | 26.49         |
| 2                             | Samyn Jitse             | ZTB/11037/08  | 26.95         | 2                             | Van Humbeeck Sean  | BZK/11310/05  | 26.20         |
| 3                             | Commeene Jasper         | ZB/11038/07   | 26.81         | 3                             | Pickavet Joachim   | ZTB/11021/06  | 25.85         |
| 4                             | Desmet Leendert         | TZT/31033/06  | 26.95         | 4                             | Feys Sammy         | VZV/11025/00  | 26.12         |
| 5                             | Dutré Andreas           | BZK/11155/06  | 27.41         | 5                             | Maenhout Arjen     | UZKZ/11066/07 | 26.47         |
| 6                             | Gruyaert Achile         | IKZ/11065/07  | 27.65         | 6                             | De Craemer Cas     | ZB/11092/08   | 26.74         |
| <u>Serie 11 van 11, 17:03</u> |                         |               |               |                               |                    |               |               |
| 1                             | Kindt Levi              | TZT/11048/07  | 24.81         |                               |                    |               |               |
| 2                             | Thyvelen Wout           | ZB/11025/06   | 24.58         |                               |                    |               |               |
| 3                             | Vansielegem Killian     | BZK/11347/05  | 23.57         |                               |                    |               |               |
| 4                             | Devoldere Henri         | UZKZ/11131/04 | 24.56         |                               |                    |               |               |
| 5                             | Druant Andreas          | ZB/11089/06   | 24.72         |                               |                    |               |               |
| 6                             | Christiaens Stijn       | TZT/11060/06  | 25.42         |                               |                    |               |               |

Programmanr. 7  
2/04/2023 - 17:04

100m vlinderslag

10 jaar  
Startlijst

| Baan | Naam | Strartnr. | Inschrijftijd | Baan | Naam | Strartnr. | Inschrijftijd |
|------|------|-----------|---------------|------|------|-----------|---------------|
|------|------|-----------|---------------|------|------|-----------|---------------|

## PAUZE

Programmanr. 8  
2/04/2023 - 17:14

Dames, 100m vlinderslag

11 jaar en ouder  
Startlijst

Loodsvijsje 2023 11: 1:21.55; 12: 1:17.46; 13: 1:14.09; 14: 1:11.24; 15: 1:09.97; 16: 1:08.78; 17: 1:07.67; 18+: 1:06.63 /  
Haai 2023 11: 1:22.60; 12: 1:13.60; 13: 1:09.60; 14: 1:08.60; 15: 1:05.60; 16: 1:05.10; 17: 1:04.60; 18: 1:04.10

| Baan                        | Naam                  | Strartnr.     | Inschrijftijd | Baan                        | Naam                | Strartnr.     | Inschrijftijd |
|-----------------------------|-----------------------|---------------|---------------|-----------------------------|---------------------|---------------|---------------|
| <u>Serie 1 van 7, 17:14</u> |                       |               |               | <u>Serie 2 van 7, 17:17</u> |                     |               |               |
| 1                           |                       |               |               | 1                           | Van Compernelle Noa | ZTZ/21033/06  | NT            |
| 2                           | Spillebeen Jutta      | KZK/21136/12  | NT            | 2                           | Van Iseghem Phéline | BZK/21323/12  | NT            |
| 3                           | Jungbluth Elise       | ROSC/21328/09 | NT            | 3                           | Thieren Frauke      | VZV/21048/09  | NT            |
| 4                           | Depondt-Velter Nette  | ROSC/21239/09 | NT            | 4                           | De Bruyne Silke     | GOLD/21128/11 | NT            |
| 5                           | Van Cauwenberge Juul  | ROSC/21231/09 | NT            | 5                           | Verhaeghe Lise      | VZV/21033/08  | NT            |
| 6                           |                       |               |               | 6                           | Andries Febe        | IKZ/21148/09  | NT            |
| <u>Serie 3 van 7, 17:19</u> |                       |               |               | <u>Serie 4 van 7, 17:22</u> |                     |               |               |
| 1                           | Van Compernelle Marit | ZTZ/21060/12  | 1:57.06       | 1                           | Vermout Celine      | KZK/21125/99  | 1:31.88       |
| 2                           | Lizy Kyra             | GOLD/21119/11 | 1:52.84       | 2                           | Lorthioir Lisa      | UZKZ/21132/09 | 1:29.35       |
| 3                           | Meurisse Kyana        | GOLD/21114/10 | 1:34.16       | 3                           | Coussement Manon    | IKZ/21108/10  | 1:28.86       |
| 4                           | Aneev Zayana          | IKZ/21136/11  | 1:34.67       | 4                           | Dufoort Alexia      | IKZ/21114/10  | 1:29.09       |
| 5                           | Vermander Chényenne   | VZV/21044/10  | 1:54.02       | 5                           | Druwel Nora         | ZTB/21057/11  | 1:29.63       |
| 6                           | Salomez Imaani        | ZB/21069/09   | NT            | 6                           | Meersseman Tiany    | VZV/21051/07  | 1:34.00       |
| <u>Serie 5 van 7, 17:24</u> |                       |               |               | <u>Serie 6 van 7, 17:26</u> |                     |               |               |
| 1                           | Schacht Hanne         | IKZ/21104/11  | 1:28.27       | 1                           | Brys Emma           | ROSC/21320/06 | 1:19.33       |
| 2                           | Velghe Laura          | IKZ/21118/12  | 1:24.41       | 2                           | Van Quaethem Anke   | ZTZ/21030/07  | 1:18.72       |
| 3                           | Caris Louise          | ZTZ/21032/08  | 1:20.09       | 3                           | Van De Keere Anna   | ZTZ/21002/05  | 1:13.94       |
| 4                           | Den Baes Elise        | BZK/21327/10  | 1:23.67       | 4                           | Landuyt Anna-Lucia  | ZTZ/21043/08  | 1:15.89       |
| 5                           | Vanden Baviere Margo  | GOLD/21096/09 | 1:25.26       | 5                           | Caris Marthe        | ZTZ/21051/10  | 1:18.75       |
| 6                           | Declercq Margarita    | IKZ/21081/09  | 1:28.41       | 6                           | Vercouillie Romy    | ZTB/21040/08  | 1:19.38       |
| <u>Serie 7 van 7, 17:28</u> |                       |               |               |                             |                     |               |               |
| 1                           | Verfaillie Marie      | UZKZ/21044/06 | 1:12.47       |                             |                     |               |               |
| 2                           | Fiers Ena             | ZTB/21078/07  | 1:11.43       |                             |                     |               |               |
| 3                           | Vanden Abeele Syl     | UZKZ/21113/99 | 1:07.96       |                             |                     |               |               |
| 4                           | Mignauw Laura         | UZKZ/21029/05 | 1:10.80       |                             |                     |               |               |
| 5                           | Devolder Yelena       | IKZ/21086/09  | 1:12.03       |                             |                     |               |               |
| 6                           | Ysenbaert Amélie      | UZKZ/21046/06 | 1:13.26       |                             |                     |               |               |

Programmanr. 9  
 2/04/2023 - 17:30

Heren, 100m vlinderslag

11 jaar en ouder  
 Startlijst

Loodsvijze 2023 11: 1:18.56; 12: 1:13.47; 13: 1:07.80; 14: 1:04.85; 15: 1:03.55; 16: 1:01.24; 17: 1:00.20; 18: 59.23; 19+: 58.32 /  
 Haai 2023 11: 1:22.10; 12: 1:11.60; 13: 1:07.60; 14: 1:04.10; 15: 1:00.60; 17: 58.10; 18: 57.60

| Baan                        | Naam                | Strartnr.     | Inschrijftijd | Baan                        | Naam                  | Strartnr.     | Inschrijftijd |
|-----------------------------|---------------------|---------------|---------------|-----------------------------|-----------------------|---------------|---------------|
| <u>Serie 1 van 7, 17:30</u> |                     |               |               | <u>Serie 2 van 7, 17:32</u> |                       |               |               |
| 1                           |                     |               |               | 1                           |                       |               |               |
| 2                           | Bruyneel Ferre      | ZTZ/11052/09  | NT            | 2                           | Vandorpe Jules        | IKZ/11152/11  | NT            |
| 3                           | Neyrinck Loïck      | VZV/11053/11  | NT            | 3                           | Van Cauwenberge Isaac | ROSC/11261/07 | NT            |
| 4                           | Bonny Andreas       | VZV/11043/09  | NT            | 4                           | Galle Lauris          | ZTB/11091/11  | NT            |
| 5                           |                     |               |               | 5                           | Jansseune Vic         | VZV/11045/09  | NT            |
| 6                           |                     |               |               | 6                           |                       |               |               |
| <u>Serie 3 van 7, 17:34</u> |                     |               |               | <u>Serie 4 van 7, 17:37</u> |                       |               |               |
| 1                           | Callewaert Eben     | BZK/11357/12  | NT            | 1                           | Huyghebaert Jules     | UZKZ/11111/10 | 1:31.31       |
| 2                           | Germopre Achiel     | VZV/11056/11  | 1:47.74       | 2                           | De Moor Maxime        | GOLD/11094/09 | 1:30.23       |
| 3                           | Lycke Thibault      | ZTB/11073/11  | 1:35.43       | 3                           | Sabbe Louis           | ZTB/11045/10  | 1:26.49       |
| 4                           | Vansielegem Jayden  | BZK/11346/10  | 1:38.89       | 4                           | Demeyere Lars         | UZKZ/11104/11 | 1:29.91       |
| 5                           | Bogaert Michiel     | IKZ/11154/10  | NT            | 5                           | Piceu Seppe           | KZK/11131/12  | 1:31.15       |
| 6                           | Garmyn Leon         | VZV/11054/11  | NT            | 6                           | Baert Miel            | ZTB/11071/11  | 1:35.34       |
| <u>Serie 5 van 7, 17:39</u> |                     |               |               | <u>Serie 6 van 7, 17:41</u> |                       |               |               |
| 1                           | Peiren Nicolas      | ZTB/11062/10  | 1:21.33       | 1                           | Devos Rhune           | ROSC/31319/09 | 1:12.50       |
| 2                           | Tacq Nathan         | ZTZ/11062/11  | 1:18.32       | 2                           | Pattyn Lowie          | ZTB/11070/10  | 1:08.19       |
| 3                           | Dutr e Andreas      | BZK/11155/06  | 1:17.02       | 3                           | Druwel Mauro          | ZTB/11027/08  | 1:06.50       |
| 4                           | Devriese Jonathan   | BZK/11226/08  | 1:18.08       | 4                           | Maenhout Arjen        | UZKZ/11066/07 | 1:07.19       |
| 5                           | Caris Emiel         | ZTZ/11061/09  | 1:18.88       | 5                           | Baert Warre           | ZTB/11072/09  | 1:11.95       |
| 6                           | Verfaillie Thomas   | UZKZ/11084/09 | 1:24.21       | 6                           | Claerhout Wolf        | ZTB/11087/09  | 1:16.26       |
| <u>Serie 7 van 7, 17:42</u> |                     |               |               |                             |                       |               |               |
| 1                           | Samyn Jitse         | ZTB/11037/08  | 1:03.33       |                             |                       |               |               |
| 2                           | Vansielegem Killian | BZK/11347/05  | 59.05         |                             |                       |               |               |
| 3                           | Hebb Xander         | ROSC/11277/03 | 56.43         |                             |                       |               |               |
| 4                           | Devoldere Henri     | UZKZ/11131/04 | 57.15         |                             |                       |               |               |
| 5                           | Van Den Bossche G.  | BZK/11345/06  | 1:01.41       |                             |                       |               |               |
| 6                           | Gruyaert Achile     | IKZ/11065/07  | 1:06.42       |                             |                       |               |               |

Programmanr. 10  
 2/04/2023 - 17:45

Dames, 4 x 100m wissel­slag

11 jaar en ouder  
 Startlijst

| Baan                        | Strartnr.                       | Inschrijftijd | Baan                        | Strartnr.                                  | Inschrijftijd |
|-----------------------------|---------------------------------|---------------|-----------------------------|--|---------------|
| <u>Serie 1 van 2, 17:45</u> |                                 |               | <u>Serie 2 van 2, 17:51</u> |  |               |
| 1                           |                                 |               | 1                           | Koninklijke Brugse Zwem- & Reddingskring 1 | 5:13.12       |
| 2                           | Veurnse zwemvereniging 1        | NT            | 2                           | Bruinvissen Diksmuide 1                    | 4:49.17       |
| 3                           | Zwemclub Ter Borcht-Meulebeke 1 | 5:18.31       | 3                           | Royal Ostend Swimming Club 1               | 3:46.46       |
| 4                           | Izegemse Krek­el­zwemmers 1     | 5:41.88       | 4                           | Torhoutse Zwemclub Thor (TZT) 1            | 4:46.75       |
| 5                           |                                 |               | 5                           | Ursus Zwemclub Zwevegem 1                  | 4:50.56       |
| 6                           |                                 |               | 6                           |  |               |

Programmanr. 11  
 2/04/2023 - 17:57

Heren, 4 x 100m wissel­slag

11 jaar en ouder  
 Startlijst

| Baan                        | Strartnr.                                  | Inschrijftijd | Baan | Strartnr. | Inschrijftijd |
|-----------------------------|--|---------------|------|-----------|---------------|
| <u>Serie 1 van 1, 17:57</u> |  |               |      |           |               |
| 1                           | Ursus Zwemclub Zwevegem 1                  | 5:16.98       |      |           |               |
| 2                           | Torhoutse Zwemclub Thor (TZT) 1            | 4:13.48       |      |           |               |
| 3                           | Bruinvissen Diksmuide 1                    | 4:12.19       |      |           |               |
| 4                           | Royal Ostend Swimming Club 1               | 4:12.74       |      |           |               |
| 5                           | Zwemclub Ter Borcht-Meulebeke 1            | 4:31.20       |      |           |               |
| 6                           | Koninklijke Brugse Zwem- & Reddingskring 2 | 5:27.48       |      |           |               |

**EINDE WEDSTRIJD**



## Richtlijnen 5° Dag Regionaal Criterium H.Lelcluyse – 02-04-2023

- Voor de zwemmers zullen er zones per club worden toegewezen.
- Voor de **officials**, is er kleed- en vergaderruimte in het Stadhuis naast het zwembad.
- Er worden GEEN zwemzakken toegelaten in de zwemruimte.
- De medailles voor de 9- en 10-jarigen zullen uitgereikt worden in de CAFETARIA na wedstrijd nummer 2.
- Alle overige medailles zullen in een omslag worden meegegeven aan de clubafgevaardigde.
- Er zullen enkel programma's beschikbaar zijn voor de **officials**.
- Voor de **clubs** en **toeschouwers** zal het programma van de wedstrijden digitaal beschikbaar zijn op volgende sites: **vzv.be**, **Swimrankings**, **Splash**.
- Alle deelnemende clubs zullen ook het programma ontvangen.
- **Indeling inzwemmen:**

| 12.40 - 13.00 | Baan  | 13.05 - 13.25 | Baan  | 13.30 - 13.50 | Baan  |
|---------------|-------|---------------|-------|---------------|-------|
| VZV           | 1 + 2 | TZT           | 1 + 2 | KZK           | 1     |
| ZB            | 3 + 4 | BZK           | 3 + 4 | ZTB           | 2     |
| ROSC          | 5 + 6 | ZTZ           | 5     | UZKZ          | 3 + 4 |
|               |       | GOLD          | 6     | IKZ           | 5 + 6 |

**Er wordt geen afzonderlijk sprintbaan voorzien gelieve dit af te werken binnen de eigen baan.**

Mogen we U vriendelijk vragen deze regeling te willen respecteren.

**WIL BIJ HET VERLATEN VAN DE KLEEDRUIMTE GRAAG OPRUIJEN IN DE VOORZIENE  
VUILNISZAKKEN**

**Wij wensen alle deelnemers alvast veel succes toe op deze wedstrijd**