

AST Midzomertest 2024
Aalst, 22/6/2024

1 - Open voorbereidingswedstrijd voor de zomerkampioenschappen

22/06/2024 - 15:00

Programmanr. 8 22/06/2024 - 15:46	Heren, 100m vrije slag		open leeftijdsgroep Resultaten		
Punten: FINA 2023					
Rang			Inschr.	Tijd	Pnt
1.	Claeys Arthur		STA/11056/02	56.82	57.57 539
	50m: 27.87	100m: 57.57			
2.	Waelput Thomas		TSZ/11076/09	57.36	58.26 520
	50m: 28.11	100m: 58.26			
3.	Verhulst Lennert		AZL/11071/07	57.42	59.91 478
	50m: 28.41	100m: 59.91			
4.	Penninger Hector		FAST/11014/08	1:00.58	1:01.09 451
	50m: 29.47	100m: 1:01.09			
5.	Cornelis Isaac		FAST/11039/06	59.53	1:01.38 444
	50m: 29.27	100m: 1:01.38			
6.	Catry Gaetan		ZNA/11253/09	1:02.29	1:02.18 428
	50m: 29.68	100m: 1:02.18			
7.	Teerlinck Klaas		ZNA/11358/09	1:06.35	1:03.06 410
	50m: 29.85	100m: 1:03.06			
8.	Cherretté Balder		AST/11056/10	1:05.04	1:04.04 391
	50m: 30.82	100m: 1:04.04			
9.	Felies Jarne		LZV/11035/08	1:02.49	1:04.51 383
	50m: 30.93	100m: 1:04.51			
10.	Ahallal Adam		ZNA/11274/09	1:04.09	1:05.73 362
	50m: 31.42	100m: 1:05.73			
11.	Sciacca Leandro		TSZ/11064/11	1:08.52	1:05.98 358
	50m: 31.52	100m: 1:05.98			
12.	Janssoone Dennis		ZNA/11269/09	1:06.82	1:07.44 335
	50m: 32.61	100m: 1:07.44			
13.	Triangle Lars		ZORO/11117/09	1:04.38	1:07.61 332
	50m: 32.04	100m: 1:07.61			
14.	Cetin Enes		ZNA/11344/09	1:09.05	1:08.91 314
	50m: 32.48	100m: 1:08.91			
15.	Aerens Jef		TSZ/11062/12	1:12.72	1:12.21 273
	50m: 34.59	100m: 1:12.21			
16.	Maes Jordy		AZL/31020/03	1:09.92	1:12.22 273
	50m: 35.21	100m: 1:12.22			
17.	Van den Eede Elias		AZL/11105/12	1:15.24	1:13.84 255
	50m: 34.69	100m: 1:13.84			
18.	Rogiers Louis		LZV/11080/13	1:17.82	1:15.57 238
	50m: 36.53	100m: 1:15.57			
19.	Prouvé Viktor		BEST/11125/12	1:17.53	1:15.59 238
	50m: 35.48	100m: 1:15.59			
20.	Ter-Eganyan Arman		ZNA/11415/12	1:17.06	1:16.20 232
	50m: 36.35	100m: 1:16.20			
21.	Borodiy Maxim		ZNA/11465/12	1:16.37	1:16.32 231
	50m: 33.86	100m: 1:16.32			
22.	Marius Mattis		AST/11070/13	1:21.61	1:16.97 225
	50m: 36.68	100m: 1:16.97			

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 8, Heren, 100m vrije slag, open leeftijdsgroep

Rang				Inshr.	Tijd	Pnt
23.	Van De Steene Roel			STA/11060/13	1:21.51	1:17.82 218
	50m:	37.21	100m:	1:17.82		
24.	Osselaer Elano			ZNA/11371/11	1:21.92	1:18.27 214
	50m:	37.80	100m:	1:18.27		
25.	Sorgeloos Vincent			AST/11069/13	1:23.02	1:20.18 199
	50m:	38.22	100m:	1:20.18		
26.	Cuypers Maxime			GZVN/11351/13	1:22.23	1:21.47 190
	50m:	38.99	100m:	1:21.47		
27.	De Ridder Leon			ZNA/11410/12	1:26.06	1:28.05 150
	50m:	40.79	100m:	1:28.05		
FF	Boone Oscar			FFAZL/11122/13	1:27.95	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 22
22/06/2024 - 18:04

Heren, 200m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
1.	Van De Vijver Niels					SWEM/11049/07	2:16.00	2:15.72	424
	50m:	30.14	100m:	1:04.89	150m:	1:40.75	200m:	2:15.72	
2.	Van Hoof Cobe					BEST/11118/10	2:16.19	2:17.95	404
	50m:	31.24	100m:	1:06.53	150m:	1:43.30	200m:	2:17.95	
3.	Langenbick Leon					STA/11029/10	2:18.04	2:18.92	395
	50m:	31.18	100m:	1:07.25	150m:	1:43.49	200m:	2:18.92	
4.	Cherretté Balder					AST/11056/10	2:19.11	2:19.24	393
	50m:	32.40	100m:	1:08.52	150m:	1:44.73	200m:	2:19.24	
5.	Vanderniepen Louis					ZDKK/11000/08	2:18.35	2:20.73	380
	50m:	31.32	100m:	1:06.96	150m:	1:43.85	200m:	2:20.73	
6.	Bas Matteo					STW/11205/10	2:22.25	2:21.09	377
	50m:	32.49	100m:	1:09.04	150m:	1:46.34	200m:	2:21.09	
7.	Van Den Bremt Mathias					AZL/11097/11	2:25.56	2:24.83	349
	50m:	33.72	100m:	1:11.16	150m:	1:48.71	200m:	2:24.83	
8.	Van den Broeck Lukas					ZNA/11197/08	2:24.21	2:24.99	348
	50m:	33.29	100m:	1:11.39	150m:	1:50.78	200m:	2:24.99	
9.	Wachtelaer Celle					AST/11061/12	2:23.02	2:26.91	334
	50m:	32.79	100m:	1:09.63	150m:	1:47.78	200m:	2:26.91	
10.	De Clerck Emiel					AZL/11102/10	2:27.18	2:27.75	329
	50m:	34.15	100m:	1:12.19	150m:	1:50.35	200m:	2:27.75	
11.	Vroman Finn					STA/11062/12	2:46.72	2:29.82	315
	50m:	34.16	100m:	1:12.76	150m:	1:51.78	200m:	2:29.82	
12.	Janssoone Dennis					ZNA/11269/09	2:31.33	2:30.13	313
	50m:	35.35	100m:	1:16.09	150m:	1:56.43	200m:	2:30.13	
13.	Bourdiaudhy Thibau					STW/11221/11	2:54.60	2:36.56	276
	50m:	33.94	100m:	1:13.86	150m:	1:56.92	200m:	2:36.56	
14.	Verhenne Tim					LZV/11077/10	2:41.62	2:40.33	257
	50m:	35.84	100m:	1:17.58	150m:	2:00.38	200m:	2:40.33	
15.	De Smet Kobe					STA/11061/13	2:41.65	2:41.22	253
	50m:	37.09	100m:	1:18.85	150m:	2:01.70	200m:	2:41.22	
16.	Van De Steene Roel					STA/11060/13	2:55.99	2:50.63	213
	50m:	37.90	100m:	1:22.01	150m:	2:07.33	200m:	2:50.63	
17.	Korku Kuzey					ZORO/11186/10	NT	2:56.39	193
	50m:	40.64	100m:	1:25.63	150m:	2:12.72	200m:	2:56.39	
18.	Vogels Oscar					ZORO/11182/13	3:12.57	3:06.01	164
	50m:	42.22	100m:	1:30.22	150m:	2:20.00	200m:	3:06.01	
dis	Hebbelinc Ruben					di:ZORO/11166/09	2:55.99		
	<i>SW 4.4 - valse start</i>								
FF	Schaubroeck Yarno					FFSWEM/11117/06	2:09.82		
FF	De Cock Emiel					FFSTA/11053/10	2:25.74		
FF	El Amrani Wail					FFZNA/11379/09	NT		

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 12
22/06/2024 - 16:38

Heren, 400m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
1.	Eugene Felix						ZORO/11114/07	5:10.81	4:51.93 428
	50m:	32.72	150m:	1:48.13	250m:	3:03.14	350m:	4:18.02	
	100m:	1:10.28	200m:	2:25.83	300m:	3:40.22	400m:	4:51.93	
2.	Caudron Xibe						ZNA/11331/08	4:51.12	4:54.06 419
	50m:	32.85	150m:	1:47.25	250m:	3:03.22	350m:	4:18.46	
	100m:	1:09.77	200m:	2:25.59	300m:	3:41.95	400m:	4:54.06	
3.	Hallet Brent						STZ/11118/11	5:09.64	4:54.46 417
	50m:	33.18	150m:	1:47.33	250m:	3:03.95	350m:	4:19.40	
	100m:	1:09.90	200m:	2:25.57	300m:	3:42.34	400m:	4:54.46	
4.	Vanderniepen Louis						ZDKK/11000/08	NT	5:06.38 370
	50m:	33.50	150m:	1:50.85	250m:	3:10.00	350m:	4:28.89	
	100m:	1:11.47	200m:	2:30.37	300m:	3:49.96	400m:	5:06.38	
5.	Maes Jordy						AZL/31020/03	5:23.39	5:22.51 317
	50m:	36.59	150m:	1:59.35	250m:	3:24.11	350m:	4:44.72	
	100m:	1:17.46	200m:	2:41.53	300m:	4:05.38	400m:	5:22.51	
6.	Aerens Jef						TSZ/11062/12	5:22.82	5:23.49 314
	50m:	36.98	150m:	2:00.39	250m:	3:23.18	350m:	4:44.36	
	100m:	1:18.77	200m:	2:41.49	300m:	4:03.91	400m:	5:23.49	
7.	Vanhavere Daan						STW/11229/11	5:47.20	5:27.28 304
	50m:	37.06	150m:	2:00.82	250m:	3:24.82	350m:	4:47.81	
	100m:	1:19.30	200m:	2:43.61	300m:	4:06.29	400m:	5:27.28	
8.	Hoefman Hannes						STW/11222/12	5:47.11	5:35.71 281
	50m:	36.75	150m:	2:01.42	250m:	3:28.01	350m:	4:55.10	
	100m:	1:18.53	200m:	2:44.06	300m:	4:10.67	400m:	5:35.71	
9.	Poppe Warre						AZL/11112/11	5:37.82	5:37.84 276
	50m:	38.11	150m:	2:05.52	250m:	3:33.76	350m:	5:00.08	
	100m:	1:21.29	200m:	2:49.47	300m:	4:17.78	400m:	5:37.84	
10.	Moeyersons Maxim						AZL/11114/10	6:38.39	5:51.16 246
	50m:	42.04	150m:	2:11.16	250m:	3:41.55	350m:	5:10.67	
	100m:	1:26.62	200m:	2:56.13	300m:	4:25.99	400m:	5:51.16	
11.	Sorgeloos Vincent						AST/11069/13	6:08.35	6:03.24 222
	50m:	42.61	150m:	2:19.75	250m:	3:52.62	350m:	5:21.47	
	100m:	1:31.55	200m:	3:06.98	300m:	4:37.91	400m:	6:03.24	
12.	Boel Elias						AZL/11116/13	6:38.03	6:12.16 206
	50m:	42.39	150m:	2:16.87	250m:	3:53.90	350m:	5:29.29	
	100m:	1:30.52	200m:	3:06.08	300m:	4:42.71	400m:	6:12.16	
13.	Schepers Ruben						AZL/11119/12	7:01.10	6:12.33 206
	50m:	42.88	150m:	2:20.08	250m:	3:55.92	350m:	5:30.92	
	100m:	1:30.83	200m:	3:07.68	300m:	4:44.35	400m:	6:12.33	
14.	Vernaillen Seppe						ZDKK/11026/12	NT	6:16.35 199
	50m:	41.85	150m:	2:18.09	250m:	3:55.92	350m:	5:31.74	
	100m:	1:29.52	200m:	3:06.29	300m:	4:44.53	400m:	6:16.35	
15.	Marius Mattis						AST/11070/13	6:27.87	6:18.09 197
	50m:	41.88	150m:	2:20.13	250m:	3:57.35	350m:	5:32.64	
	100m:	1:30.65	200m:	3:08.49	300m:	4:45.39	400m:	6:18.09	
16.	Haeck Rune						SWEM/11110/11	NT	6:31.92 177
	50m:	42.01	150m:	2:20.05	250m:	4:00.52	350m:	5:44.38	
	100m:	1:30.29	200m:	3:09.18	300m:	4:53.05	400m:	6:31.92	
17.	Chkikar Imrane						ZDKK/11033/12	NT	6:48.57 156
	50m:	39.23	150m:	2:17.22	250m:	4:01.96	350m:	5:57.23	
	100m:	1:25.70	200m:	3:07.69	300m:	4:59.74	400m:	6:48.57	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 12, Heren, 400m vrije slag, open leeftijdsgroep

Rang		Inshr.	Tijd	Pnt
dis	Rogiers Louis <i>SW 4.4 - valse start</i>	diLZV/11080/13	6:06.94	
FF	Heynze Lasse	FFSWEM/11077/12	NT	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 4
22/06/2024 - 15:22

Heren, 100m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang				Inschr.	Tijd	Pnt
1.	Cornelis Isaac			FAST/11039/06	1:07.05	1:08.18 433
	50m:	33.44	100m:			
2.	Van De Vijver Niels			SWEM/11049/07	1:10.40	1:10.37 394
	50m:	34.29	100m:			
3.	Penninger Hector			FAST/11014/08	1:11.09	1:10.69 388
	50m:	34.27	100m:			
4.	Triangle Lars			ZORO/11117/09	1:12.59	1:11.56 374
	50m:	35.36	100m:			
5.	Wojciula Tymon			ZNA/11416/11	1:16.37	1:15.24 322
	50m:	37.75	100m:			
6.	Langenbick Leon			STA/11029/10	1:16.40	1:15.28 322
	50m:	36.12	100m:			
7.	Van De Winkel Milan			AZL/11096/10	1:17.09	1:15.52 318
	50m:	36.28	100m:			
8.	Van Laere Juul			LZV/11072/11	1:18.23	1:17.29 297
	50m:	37.48	100m:			
9.	De Witte Juul			ZNA/11336/10	1:17.49	1:18.69 281
	50m:	37.59	100m:			
10.	Van den Eede Elias			AZL/11105/12	1:25.98	1:21.73 251
	50m:	39.74	100m:			
11.	Hebbelinck Ruben			ZORO/11166/09	1:27.56	1:23.44 236
	50m:	40.16	100m:			
12.	Vanhavere Daan			STW/11229/11	1:26.01	1:24.69 226
	50m:	41.26	100m:			
13.	Hoefman Hannes			STW/11222/12	1:28.80	1:26.54 211
	50m:	42.23	100m:			
14.	De Smet Kobe			STA/11061/13	1:23.75	1:27.00 208
	50m:	41.55	100m:			
15.	Borodiy Maxim			ZNA/11465/12	NT	1:27.14 207
	50m:	41.29	100m:			
16.	Verhagen Toon			STW/11223/11	1:31.77	1:29.30 192
	50m:	43.87	100m:			
17.	Moeyersons Maxim			AZL/11114/10	1:38.80	1:31.07 181
	50m:	44.39	100m:			
18.	Boel Elias			AZL/11116/13	1:35.63	1:34.30 163
	50m:	45.70	100m:			
19.	Vogels Oscar			ZORO/11182/13	1:43.38	1:38.94 141
	50m:	48.21	100m:			
20.	Cuypers Maxime			GZVN/11351/13	1:39.66	1:38.99 141
	50m:	46.16	100m:			
dis	Korku Kuzey			disZORO/11186/10	1:29.88	
	<i>SW 4.4 - valse start</i>					
dis	Thys Gerben			disSTW/11215/11	1:32.64	
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>					
FF	Schaubroeck Yarno			FFSWEM/11117/06	1:10.39	
FF	Boone Oscar			FFAZL/11122/13	1:59.30	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 18
22/06/2024 - 17:25

Heren, 200m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt
1.	Cherretté Balder					AST/11056/10	2:40.24	395
	50m:	36.60	100m:	1:16.66	150m:	1:56.21	200m:	2:32.42
2.	Van De Winkel Milan					AZL/11096/10	NT	312
	50m:	39.42	100m:	1:21.00	150m:	2:03.74	200m:	2:44.93
3.	Coppens Quinten					STA/11050/10	2:57.31	292
	50m:	41.17	100m:	1:23.81	150m:	2:06.79	200m:	2:48.56
4.	De Cock Matz					AZL/11104/10	NT	291
	50m:	41.01	100m:	1:24.68	150m:	2:07.31	200m:	2:48.81
5.	Sciacca Leandro					TSZ/11064/11	NT	278
	50m:	39.88	100m:	1:23.57	150m:	2:07.82	200m:	2:51.32
6.	De Witte Juul					ZNA/11336/10	2:47.81	267
	50m:	40.62	100m:	1:26.85	150m:	2:12.85	200m:	2:53.80
7.	Boone Felix					AZL/11111/09	2:50.11	262
	50m:	40.89	100m:	1:25.71	150m:	2:12.18	200m:	2:54.86
8.	Rutsaert Alexander					STA/11051/10	3:13.86	254
	50m:	40.36	100m:	1:26.08	150m:	2:12.65	200m:	2:56.67
9.	Boel Liam					TSZ/11082/11	NT	250
	50m:	41.41	100m:	1:28.17	150m:	2:13.40	200m:	2:57.66
10.	Renders Klaas					TSZ/11078/12	3:16.14	244
	50m:	41.92	100m:	1:27.69	150m:	2:14.92	200m:	2:59.10
11.	Van Achter Mauro					LZV/11068/11	NT	236
	50m:	45.34	100m:	1:31.44	150m:	2:18.31	200m:	3:01.04
12.	Osselaer Elano					ZNA/11371/11	NT	174
	50m:	47.69	100m:	1:37.69	150m:	2:29.62	200m:	3:20.42
13.	Chkikar Imrane					ZDKK/11033/12	NT	137
	50m:	47.90	100m:	1:45.33	150m:	2:42.63	200m:	3:36.95
dis	Sciacca Emilio					dis:TSZ/11077/13	NT	
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>							
dis	Prouvé Viktor					dis:BST/11125/12	3:02.27	
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>							

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 6
22/06/2024 - 15:35

Heren, 100m schoolslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang				Inschr.	Tijd	Pnt
1.	Fransen Thibeu			TSZ/11027/08	1:13.25	1:14.50 445
	50m: 35.09	100m: 1:14.50				
2.	Dekyvere Mathias			ZDKK/11015/09	1:20.76	1:22.39 329
	50m: 39.29	100m: 1:22.39				
3.	Ahallal Adam			ZNA/11274/09	1:22.91	1:22.42 328
	50m: 39.45	100m: 1:22.42				
4.	Verhulst Meindert			AZL/11092/10	1:23.11	1:25.08 298
	50m: 39.80	100m: 1:25.08				
5.	El boujaddayni Daoud			TSZ/11057/10	1:28.19	1:26.75 281
	50m: 41.55	100m: 1:26.75				
6.	Hallet Brent			STZ/11118/11	1:28.58	1:27.54 274
	50m: 42.43	100m: 1:27.54				
7.	De Cock Matz			AZL/11104/10	1:28.33	1:28.42 266
	50m: 42.07	100m: 1:28.42				
8.	Poppe Warre			AZL/11112/11	1:27.25	1:29.91 253
	50m: 43.43	100m: 1:29.91				
9.	Bourdiaudhy Thibau			STW/11221/11	1:35.64	1:32.77 230
	50m: 43.99	100m: 1:32.77				
10.	Van Goethem Arthur			STW/11247/12	1:33.13	1:33.17 227
	50m: 43.34	100m: 1:33.17				
11.	Verhaevert Nan			ZNA/11328/10	1:42.63	1:35.47 211
	50m: 45.03	100m: 1:35.47				
12.	Vroman Finn			STA/11062/12	1:34.82	1:35.78 209
	50m: 44.47	100m: 1:35.78				
13.	De Backer Rune			ZNA/11329/11	1:32.42	1:36.02 207
	50m: 45.55	100m: 1:36.02				
14.	Ter-Eganyan Arman			ZNA/11415/12	1:35.25	1:36.07 207
	50m: 45.19	100m: 1:36.07				
15.	Oh Seojoon			ZORO/11174/09	NT	1:37.82 196
	50m: 44.01	100m: 1:37.82				
16.	Bombeeck Mathias			ZNA/11417/12	2:03.29	1:49.83 138
	50m: 51.54	100m: 1:49.83				

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 20
22/06/2024 - 17:38

Heren, 200m schoolslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt
1.	Baeten Lukas					LAQUA/11292/072:19.13	2:19.97	728
	50m: 31.36	100m: 1:06.89	150m: 1:43.33	200m: 2:19.97				
2.	Van den Eede Simon					AZL/11067/07 2:29.98	2:36.90	517
	50m: 36.43	100m: 1:16.93	150m: 1:58.02	200m: 2:36.90				
3.	Claeys Arthur					STA/11056/02 2:39.57	2:40.97	479
	50m: 36.05	100m: 1:16.52	150m: 1:58.46	200m: 2:40.97				
4.	Verhulst Lennert					AZL/11071/07 2:44.19	2:48.71	416
	50m: 37.75	100m: 1:20.40	150m: 2:04.40	200m: 2:48.71				
5.	Dekyvere Mathias					ZDKK/11015/09 3:06.19	3:03.90	321
	50m: 42.18	100m: 1:30.02	150m: 2:18.19	200m: 3:03.90				
6.	Felies Jarne					LZV/11035/08 3:03.87	3:10.12	290
	50m: 41.86	100m: 1:30.87	150m: 2:20.98	200m: 3:10.12				
7.	Verhulst Meindert					AZL/11092/10 3:04.14	3:11.53	284
	50m: 44.49	100m: 1:33.96	150m: 2:23.98	200m: 3:11.53				
8.	Vroman Wout					STA/11055/10 NT	3:11.56	284
	50m: 45.53	100m: 1:34.93	150m: 2:24.44	200m: 3:11.56				
9.	Wachtelaer Celle					AST/11061/12 3:20.79	3:15.65	266
	50m: 44.52	100m: 1:35.38	150m: 2:25.77	200m: 3:15.65				
10.	Rutsaert Alexander					STA/11051/10 NT	3:17.80	258
	50m: 46.75	100m: 1:38.01	150m: 2:29.27	200m: 3:17.80				
11.	Degrande Vic					STA/11065/11 NT	3:19.23	252
	50m: 46.50	100m: 1:37.12	150m: 2:28.88	200m: 3:19.23				
12.	Verhaevert Nan					ZNA/11328/10 NT	3:24.38	234
	50m: 46.80	100m: 1:39.62	150m: 2:34.62	200m: 3:24.38				
13.	De Bruyne Briek					STA/11063/11 NT	3:26.88	225
	50m: 48.23	100m: 1:41.72	150m: 2:34.44	200m: 3:26.88				
14.	Stassijns Nand					ZNA/11375/11 NT	3:37.99	192
	50m: 50.95	100m: 1:47.10	150m: 2:42.51	200m: 3:37.99				
dis	Luypaert Eden					dis:AZL/11103/11 3:47.54		
	<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt of handen op elkaar gelegd bij KP of A</i>							

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 2
22/06/2024 - 15:05

Heren, 100m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang				Inschr.	Tijd	Pnt
1.	Van den Eede Simon			AZL/11067/07	59.97	1:01.58 517
	50m: 29.43	100m: 1:01.58				
2.	Boodts Gerben			TSZ/11025/07	1:02.80	1:02.51 495
	50m: 29.76	100m: 1:02.51				
3.	Eugene Felix			ZORO/11114/07	1:08.41	1:10.32 347
	50m: 31.94	100m: 1:10.32				
4.	Michiels Sibe			TSZ/11052/10	1:12.05	1:11.03 337
	50m: 32.35	100m: 1:11.03				
5.	Caudron Xibe			ZNA/11331/08	1:09.76	1:11.86 325
	50m: 32.58	100m: 1:11.86				
6.	Van Hoof Cobe			BEST/11118/10	1:13.83	1:13.07 309
	50m: 32.79	100m: 1:13.07				
7.	Van Achter Mauro			LZV/11068/11	1:19.57	1:17.26 262
	50m: 35.21	100m: 1:17.26				
8.	Cetin Enes			ZNA/11344/09	1:24.28	1:21.56 222
	50m: 34.88	100m: 1:21.56				
9.	Sciacca Emilio			TSZ/11077/13	1:22.60	1:22.37 216
	50m: 37.83	100m: 1:22.37				
10.	Wojciula Tymon			ZNA/11416/11	1:26.93	1:26.36 187
	50m: 38.62	100m: 1:26.36				
11.	Degrande Vic			STA/11065/11	NT	1:26.53 186
	50m: 39.58	100m: 1:26.53				
12.	Luypaert Eden			AZL/11103/11	NT	1:31.88 155
	50m: 39.68	100m: 1:31.88				
13.	De Bruyne Briek			STA/11063/11	NT	1:34.06 145
	50m: 41.37	100m: 1:34.06				
14.	Boel Liam			TSZ/11082/11	NT	1:36.04 136
	50m: 43.01	100m: 1:36.04				
15.	Stassijns Nand			ZNA/11375/11	NT	1:36.68 133
	50m: 42.86	100m: 1:36.68				
16.	Renders Klaas			TSZ/11078/12	NT	1:37.13 131
	50m: 44.03	100m: 1:37.13				
17.	Boonen Karel			FAST/11115/13	1:53.24	1:40.77 118
	50m: 43.09	100m: 1:40.77				
18.	De Rybel Anthony			LZV/11071/10	NT	1:50.00 90
	50m: 48.81	100m: 1:50.00				
19.	De Ridder Leon			ZNA/11410/12	NT	1:52.32 85
	50m: 51.79	100m: 1:52.32				
dis	Karer Malik			dis:TSZ/11099/12	NT	
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>					
dis	Haeck Rune			dis:SWEM/11110/11	NT	
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>					
FF	De Cock Emiel			FFSTA/11053/10	NT	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 16
22/06/2024 - 17:17

Heren, 200m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
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AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 10
22/06/2024 - 16:06

Heren, 200m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt
1.	Michiels Sibe					TSZ/11052/10	2:45.61	394
	50m: 33.92	100m: 1:14.08	150m: 2:01.72	200m: 2:35.44			2:35.44	
2.	Vroman Wout					STA/11055/10	2:49.03	378
	50m: 33.35	100m: 1:13.11	150m: 2:03.10	200m: 2:37.58			2:37.58	
3.	Van den Broeck Lukas					ZNA/11197/08	2:42.21	356
	50m: 34.08	100m: 1:17.13	150m: 2:05.92	200m: 2:40.75			2:40.75	
4.	Van Den Bremt Mathias					AZL/11097/11	2:51.75	323
	50m: 35.36	100m: 1:18.32	150m: 2:09.31	200m: 2:46.13			2:46.13	
5.	Van Laere Juul					LZV/11072/11	2:52.96	302
	50m: 35.96	100m: 1:19.01	150m: 2:12.33	200m: 2:49.81			2:49.81	
6.	De Clerck Emiel					AZL/11102/10	NT	289
	50m: 39.23	100m: 1:25.20	150m: 2:12.84	200m: 2:52.32			2:52.32	
7.	Boone Felix					AZL/11111/09	2:58.72	277
	50m: 38.52	100m: 1:22.72	150m: 2:16.06	200m: 2:54.70			2:54.70	
8.	El boujaddayni Daoud					TSZ/11057/10	2:58.83	277
	50m: 42.64	100m: 1:27.31	150m: 2:16.21	200m: 2:54.84			2:54.84	
9.	Martelé Stan					MEGA/11331/12	3:03.11	257
	50m: 41.27	100m: 1:26.39	150m: 2:20.71	200m: 2:59.24			2:59.24	
10.	Van Goethem Arthur					STW/11247/12	2:57.46	255
	50m: 39.37	100m: 1:26.77	150m: 2:18.53	200m: 2:59.71			2:59.71	
11.	Verhenne Tim					LZV/11077/10	NT	254
	50m: 39.69	100m: 1:26.02	150m: 2:20.24	200m: 2:59.90			2:59.90	
12.	Verhagen Toon					STW/11223/11	3:01.24	234
	50m: 42.40	100m: 1:30.23	150m: 2:23.41	200m: 3:04.93			3:04.93	
13.	Boonen Karel					FAST/11115/13	3:21.35	216
	50m: 43.03	100m: 1:29.11	150m: 2:28.04	200m: 3:09.96			3:09.96	
14.	Oh Seojoon					ZORO/11174/09	NT	214
	50m: 40.64	100m: 1:27.19	150m: 2:26.81	200m: 3:10.37			3:10.37	
15.	Van Braeckel Seppe					FAST/11124/13	3:18.14	214
	50m: 45.56	100m: 1:33.58	150m: 2:29.52	200m: 3:10.46			3:10.46	
16.	De Rybel Anthony					LZV/11071/10	NT	186
	50m: 49.86	100m: 1:40.36	150m: 2:35.90	200m: 3:19.45			3:19.45	
17.	Thys Gerben					STW/11215/11	3:31.28	182
	50m: 44.83	100m: 1:36.08	150m: 2:34.87	200m: 3:20.88			3:20.88	
18.	Karer Malik					TSZ/11099/12	NT	177
	50m: 51.71	100m: 1:45.13	150m: 2:38.99	200m: 3:22.78			3:22.78	
19.	Schepers Ruben					AZL/11119/12	NT	169
	50m: 50.96	100m: 1:41.36	150m: 2:43.86	200m: 3:26.17			3:26.17	
dis	Coppens Quinten					dis:STA/11050/10	2:38.37	
	<i>SW 4.4 - valse start</i>							
dis	Vernaillen Seppe					dis:ZDKK/11026/12	NT	
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>							
dis	Bombeeck Mathias					dis:ZNA/11417/12	3:18.99	
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>							
FF	Heynze Lasse					FFSWEM/11077/12	NT	
FF	El Amrani Wail					FFZNA/11379/09	NT	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 14
22/06/2024 - 17:07

Heren, 400m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
1.	Goethals Matthis						STA/11034/06	4:48.06	4:53.50 573
	50m:	30.74	150m:	1:44.56	250m:	3:05.04	350m:	4:21.37	
	100m:	1:06.14	200m:	2:22.75	300m:	3:47.85	400m:	4:53.50	
2.	Boodts Gerben						TSZ/11025/07	5:01.47	5:05.94 506
	50m:	30.96	150m:	1:45.42	250m:	3:10.79	350m:	4:32.70	
	100m:	1:08.18	200m:	2:23.33	300m:	3:58.53	400m:	5:05.94	
3.	Waelput Thomas						TSZ/11076/09	NT	5:09.24 490
	50m:	30.61	150m:	1:46.95	250m:	3:13.58	350m:	4:35.89	
	100m:	1:07.19	200m:	2:26.45	300m:	4:01.30	400m:	5:09.24	
4.	Fransen Thibeau						TSZ/11027/08	5:10.04	5:09.82 487
	50m:	32.36	150m:	1:52.65	250m:	3:15.18	350m:	4:34.55	
	100m:	1:11.34	200m:	2:32.49	300m:	3:58.44	400m:	5:09.82	
5.	D'Hooge Liam						STA/11032/08	NT	5:31.28 398
	50m:	34.35	150m:	1:59.24	250m:	3:28.84	350m:	4:55.67	
	100m:	1:16.95	200m:	2:39.27	300m:	4:19.63	400m:	5:31.28	
6.	Parlevliet Zeno						STA/11027/08	NT	5:33.34 391
	50m:	34.00	150m:	1:56.97	250m:	3:30.08	350m:	4:57.74	
	100m:	1:14.83	200m:	2:38.40	300m:	4:21.70	400m:	5:33.34	
7.	Catry Gaetan						ZNA/11253/09	NT	5:54.75 324
	50m:	34.82	150m:	2:09.40	250m:	3:42.15	350m:	5:15.26	
	100m:	1:19.94	200m:	2:57.17	300m:	4:31.27	400m:	5:54.75	
8.	De Backer Rune						ZNA/11329/11	NT	6:46.80 215
	50m:	46.44	150m:	2:34.79	250m:	4:21.17	350m:	6:04.56	
	100m:	1:43.40	200m:	3:26.13	300m:	5:17.63	400m:	6:46.80	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 7
22/06/2024 - 15:40

Dames, 100m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang				Inschr.	Tijd	Pnt
1.	Michiels Nore			TSZ/21026/08	57.43	58.20 701
	50m: 28.08	100m: 58.20				
2.	Vanderbeke Hasse			AST/21052/08	1:05.71	1:04.75 509
	50m: 31.48	100m: 1:04.75				
3.	Van Daele Lore			FAST/21046/07	1:04.68	1:04.78 508
	50m: 30.76	100m: 1:04.78				
4.	Delporte Lotte			STW/21156/09	1:05.33	1:05.90 483
	50m: 31.43	100m: 1:05.90				
5.	Van Bunder Amy			TSZ/21092/10	1:09.14	1:06.75 464
	50m: 31.99	100m: 1:06.75				
6.	Verluyten Niene			TSZ/41093/12	1:07.91	1:07.79 443
	50m: 33.20	100m: 1:07.79				
7.	Beunckens Tess			GZVN/21326/11	1:09.07	1:08.06 438
	50m: 32.82	100m: 1:08.06				
8.	Gaudaen Maud			TSZ/21070/11	1:09.27	1:08.70 426
	50m: 32.95	100m: 1:08.70				
9.	Buyle Laure			STA/21064/11	1:10.88	1:08.73 425
	50m: 33.19	100m: 1:08.73				
10.	Meertens Jessy			GZVN/21277/11	1:09.55	1:08.97 421
	50m: 32.10	100m: 1:08.97				
11.	Vander Mijnsbrugge Lisa			AZL/21101/10	1:11.74	1:10.10 401
	50m: 34.17	100m: 1:10.10				
12.	Debrabandere Leonie			TSZ/21071/12	1:10.27	1:10.49 394
	50m: 33.90	100m: 1:10.49				
13.	Van Der Heyden Sam			LZV/21061/10	1:11.82	1:10.93 387
	50m: 34.03	100m: 1:10.93				
14.	Boxho Valentine			ZORO/21168/11	1:15.13	1:11.17 383
	50m: 33.66	100m: 1:11.17				
15.	Den Tandt Amber			AZL/21036/07	1:10.07	1:11.76 374
	50m: 34.62	100m: 1:11.76				
16.	Colpaert Julie			SWEM/21071/11	1:13.48	1:11.91 371
	50m: 34.72	100m: 1:11.91				
17.	Koren Zara			GZVN/21294/11	1:12.16	1:12.08 369
	50m: 35.18	100m: 1:12.08				
18.	Van Hul Emma			STW/21242/11	1:13.03	1:12.71 359
	50m: 33.96	100m: 1:12.71				
19.	Osselaer Geike			ZNA/21373/12	1:17.15	1:14.29 337
	50m: 34.32	100m: 1:14.29				
20.	Cuypers Manon			GZVN/21315/12	1:16.24	1:15.95 315
	50m: 36.06	100m: 1:15.95				
21.	Ottoy Lili			ZDKK/21017/11	1:18.04	1:17.89 292
	50m: 36.74	100m: 1:17.89				
22.	Descheemaecker Camille			ZORO/21165/09	1:25.14	1:20.99 260
	50m: 36.59	100m: 1:20.99				
23.	Badidi Chahd			ZNA/21442/12	1:22.53	1:25.32 222
	50m: 40.08	100m: 1:25.32				

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 7, Dames, 100m vrije slag, open leeftijdsgroep

Rang		Inscr.	Tijd	Pnt
FF	Van De Winkel Lola	FFAZL/21106/12	1:15.14	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 21
22/06/2024 - 17:46

Dames, 200m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt
1.	Michiels Nore					TSZ/21026/08	2:03.98	2:07.79 691
	50m: 29.33	100m: 1:02.30	150m: 1:35.57	200m: 2:07.79				
2.	Van Daele Lore					FAST/21046/07	2:18.93	2:18.06 548
	50m: 33.12	100m: 1:07.98	150m: 1:43.51	200m: 2:18.06				
3.	Chichkova Lili					FAST/21011/08	2:21.74	2:19.32 533
	50m: 33.21	100m: 1:08.52	150m: 1:44.35	200m: 2:19.32				
4.	Delporte Lotte					STW/21156/09	2:23.36	2:23.07 492
	50m: 35.42	100m: 1:11.56	150m: 1:47.75	200m: 2:23.07				
5.	Vanderbeke Hasse					AST/21052/08	2:21.98	2:23.31 489
	50m: 33.97	100m: 1:10.15	150m: 1:47.55	200m: 2:23.31				
6.	De Grave Lize					STA/21048/09	2:26.04	2:24.28 480
	50m: 33.29	100m: 1:09.32	150m: 1:47.91	200m: 2:24.28				
7.	Van Bunder Amy					TSZ/21092/10	2:37.42	2:25.36 469
	50m: 32.84	100m: 1:10.18	150m: 1:48.55	200m: 2:25.36				
8.	Vandeputte Eebe					BEST/21093/08	2:22.88	2:25.38 469
	50m: 34.16	100m: 1:11.41	150m: 1:49.91	200m: 2:25.38				
9.	Murat Irem					TSZ/21050/10	2:27.40	2:27.21 452
	50m: 32.92	100m: 1:10.07	150m: 1:48.39	200m: 2:27.21				
10.	Vanderlinden Paulien					BEST/21117/11	2:30.15	2:28.00 444
	50m: 35.63	100m: 1:14.45	150m: 1:52.79	200m: 2:28.00				
11.	Claessens Ella-Louise					GZVN/21290/11	2:29.98	2:28.75 438
	50m: 33.65	100m: 1:11.75	150m: 1:50.82	200m: 2:28.75				
12.	Wullaert Fien					STW/21220/11	2:32.71	2:28.80 437
	50m: 34.20	100m: 1:12.19	150m: 1:51.94	200m: 2:28.80				
13.	Gaudaen Maud					TSZ/21070/11	2:37.58	2:28.99 436
	50m: 34.30	100m: 1:12.16	150m: 1:51.20	200m: 2:28.99				
14.	De Smul Pauline					STA/21042/09	2:27.89	2:29.15 434
	50m: 35.02	100m: 1:12.49	150m: 1:51.12	200m: 2:29.15				
15.	Beijnsberger Mare					FAST/21119/10	2:49.78	2:29.82 428
	50m: 33.16	100m: 1:12.29	150m: 1:53.15	200m: 2:29.82				
16.	Rutsaert Emily					STA/21067/12	2:53.69	2:29.83 428
	50m: 34.72	100m: 1:13.67	150m: 1:53.45	200m: 2:29.83				
17.	Eelbode Emelie					ZNA/21374/12	2:31.50	2:30.00 427
	50m: 34.49	100m: 1:13.12	150m: 1:51.81	200m: 2:30.00				
18.	Beunckens Tess					GZVN/21326/11	2:31.01	2:31.02 418
	50m: 34.27	100m: 1:13.12	150m: 1:51.99	200m: 2:31.02				
19.	Wachtelaer Charlot					AST/21051/10	2:26.25	2:31.05 418
	50m: 36.34	100m: 1:15.13	150m: 1:53.85	200m: 2:31.05				
20.	De Wolf Tine					AST/21058/09	2:27.89	2:31.13 417
	50m: 34.57	100m: 1:12.96	150m: 1:52.49	200m: 2:31.13				
21.	Bayens Nina					ZDKK/21014/12	2:31.34	2:32.25 408
	50m: 34.93	100m: 1:13.33	150m: 1:54.12	200m: 2:32.25				
22.	Martens Ries					GZVN/21316/11	2:49.10	2:34.27 392
	50m: 33.68	100m: 1:12.66	150m: 1:53.56	200m: 2:34.27				
23.	Hoebecck Tinne					ZNA/21330/10	2:38.69	2:36.84 373
	50m: 34.54	100m: 1:14.80	150m: 1:56.57	200m: 2:36.84				

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 21, Dames, 200m vrije slag, open leeftijdsgroep

Rang					Inschr.	Tijd	Pnt	
24.	Filimonov Vlada				SWEM/21100/10	2:35.73	373	
	50m:	35.60	100m:	1:15.61	150m:	1:57.37	200m:	2:36.85
25.	Decuman Janina				STA/21069/10	2:50.94	364	
	50m:	36.21	100m:	1:18.07	150m:	1:58.99	200m:	2:38.20
26.	Debaets Lies				AZL/21117/09	2:32.87	360	
	50m:	35.55	100m:	1:16.67	150m:	1:59.08	200m:	2:38.74
27.	Van Der Heyden Sam				LZV/21061/10	2:43.07	326	
	50m:	37.92	100m:	1:21.33	150m:	2:04.20	200m:	2:44.06
28.	Vander Mijnsbrugge Lani				AZL/21108/11	3:00.84	298	
	50m:	36.73	100m:	1:20.35	150m:	2:06.83	200m:	2:48.97
29.	Carrera Nyah				ZORO/21199/07	NT	290	
	50m:	39.49	100m:	1:22.16	150m:	2:07.51	200m:	2:50.65
30.	Verhofstede Lena				GBZ/21100/11	2:58.94	283	
	50m:	38.05	100m:	1:21.45	150m:	2:07.55	200m:	2:51.94
31.	Berkein Alessia				STA/21077/12	NT	277	
	50m:	36.60	100m:	1:21.19	150m:	2:08.32	200m:	2:53.31
32.	du Parc Aurore				ZORO/21180/12	NT	264	
	50m:	39.97	100m:	1:25.34	150m:	2:13.84	200m:	2:56.11
33.	Guldemont Nell				ZDKK/21030/11	NT	242	
	50m:	40.28	100m:	1:26.54	150m:	2:14.46	200m:	3:01.20
34.	Noppe Emma				STA/21072/12	3:11.91	240	
	50m:	39.86	100m:	1:25.52	150m:	2:14.18	200m:	3:01.62
35.	Buyle Geike				STA/21078/13	3:03.73	236	
	50m:	40.60	100m:	1:28.54	150m:	2:17.47	200m:	3:02.59
36.	Descheemaecker Camille				ZORO/21165/09	NT	226	
	50m:	40.07	100m:	1:26.36	150m:	2:16.32	200m:	3:05.28
37.	De Wulf Alexine				STA/21076/12	3:10.42	225	
	50m:	41.40	100m:	1:28.71	150m:	2:18.35	200m:	3:05.71
38.	Charlier Margot				ZORO/21183/12	NT	146	
	50m:	45.64	100m:	1:40.68	150m:	2:38.86	200m:	3:34.28
FF	Kerremans Nora				FFAZL/21095/10	2:38.14		

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 11
22/06/2024 - 16:18

Dames, 400m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
1.	De Wolf Tine						AST/21058/09	5:02.12	464
	50m:	34.06	150m:	1:51.02	250m:	3:09.30	350m:	4:27.42	
	100m:	1:12.05	200m:	2:30.20	300m:	3:48.59	400m:	5:05.21	
2.	Maes Noor						AST/21062/11	5:14.14	426
	50m:	34.94	150m:	1:54.22	250m:	3:16.20	350m:	4:36.94	
	100m:	1:13.81	200m:	2:34.74	300m:	3:57.21	400m:	5:14.05	
3.	De Backer Mirthe						ZNA/21116/06	5:07.13	414
	50m:	35.98	150m:	1:56.60	250m:	3:19.16	350m:	4:40.08	
	100m:	1:15.72	200m:	2:38.60	300m:	4:00.48	400m:	5:16.94	
4.	Stessens Emma-Louise						TSZ/21065/11	5:25.90	413
	50m:	35.60	150m:	1:56.02	250m:	3:17.62	350m:	4:39.08	
	100m:	1:15.09	200m:	2:36.88	300m:	3:58.28	400m:	5:17.39	
5.	Schelfaut Nell						TSZ/21056/10	5:34.92	401
	50m:	36.52	150m:	1:58.05	250m:	3:19.85	350m:	4:41.21	
	100m:	1:16.83	200m:	2:38.82	300m:	4:00.93	400m:	5:20.37	
6.	Koren Zara						GZVN/21294/11	5:22.91	391
	50m:	36.17	150m:	1:58.79	250m:	3:20.89	350m:	4:43.80	
	100m:	1:17.71	200m:	2:39.97	300m:	4:02.67	400m:	5:23.03	
7.	Filimonov Vlada						SWEM/21100/10	5:31.04	362
	50m:	37.35	150m:	2:02.46	250m:	3:27.81	350m:	4:52.87	
	100m:	1:19.95	200m:	2:45.76	300m:	4:10.20	400m:	5:31.47	
8.	Boterbergh Lieke						AST/21065/12	5:42.54	357
	50m:	35.87	150m:	1:59.11	250m:	3:24.26	350m:	4:51.38	
	100m:	1:17.27	200m:	2:41.62	300m:	4:07.69	400m:	5:33.03	
9.	Van Daele Josefien						STW/21204/11	6:33.52	351
	50m:	36.07	150m:	2:01.19	250m:	3:30.08	350m:	4:54.71	
	100m:	1:17.22	200m:	2:45.81	300m:	4:12.66	400m:	5:34.96	
10.	De Smet Lily						ZDKK/21010/12	5:38.39	342
	50m:	37.24	150m:	2:03.40	250m:	3:29.99	350m:	4:58.32	
	100m:	1:19.90	200m:	2:47.07	300m:	4:13.90	400m:	5:37.86	
11.	Loncke Jutta						STA/21068/13	6:07.22	340
	50m:	38.97	150m:	2:07.79	250m:	3:34.75	350m:	4:58.72	
	100m:	1:23.14	200m:	2:51.92	300m:	4:17.68	400m:	5:38.43	
12.	Colpaert Julie						SWEM/21071/11	NT	334
	50m:	38.74	150m:	2:06.74	250m:	3:34.93	350m:	5:01.46	
	100m:	1:22.39	200m:	2:50.88	300m:	4:19.33	400m:	5:40.59	
13.	Vander Mijnsbrugge Lore						AZL/21109/12	6:23.95	316
	50m:	36.80	150m:	2:05.12	250m:	3:34.22	350m:	5:04.09	
	100m:	1:20.24	200m:	2:49.84	300m:	4:19.41	400m:	5:46.77	
14.	Lammens Alix						LZV/21075/13	6:21.55	302
	50m:	39.63	150m:	2:10.39	250m:	3:41.13	350m:	5:10.46	
	100m:	1:24.56	200m:	2:55.50	300m:	4:25.51	400m:	5:52.23	
15.	Van Hul Emma						STW/21242/11	NT	301
	50m:	38.61	150m:	2:07.96	250m:	3:40.88	350m:	5:11.05	
	100m:	1:22.53	200m:	2:54.19	300m:	4:26.51	400m:	5:52.55	
16.	Maes Hanne						AST/21068/13	6:25.56	294
	50m:	40.52	150m:	2:12.21	250m:	3:44.14	350m:	5:14.25	
	100m:	1:26.03	200m:	2:58.80	300m:	4:29.78	400m:	5:55.17	
17.	Taelman Yade						SWEM/21085/11	NT	292
	50m:	41.60	150m:	2:12.12	250m:	3:42.77	350m:	5:14.02	
	100m:	1:26.96	200m:	2:57.35	300m:	4:28.34	400m:	5:55.93	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 11, Dames, 400m vrije slag, open leeftijdsgroep

Rang							Inschr.	Tijd	Pnt	
18.	Vereecken Lara						GBZ/21106/10	NT	6:01.30	280
	50m:	39.26	150m:	2:11.15	250m:	3:45.70	350m:	5:20.17		
	100m:	1:24.42	200m:	2:57.89	300m:	4:33.24	400m:	6:01.30		
19.	Osselaer Geike						ZNA/21373/12	NT	6:02.69	276
	50m:	40.35	150m:	2:14.10	250m:	3:48.86	350m:	5:21.44		
	100m:	1:26.35	200m:	3:01.83	300m:	4:36.04	400m:	6:02.69		
20.	De Groote Liesl						ZDKK/21018/10	NT	6:08.30	264
	50m:	40.36	150m:	2:13.41	250m:	3:47.32	350m:	5:22.97		
	100m:	1:26.54	200m:	3:00.51	300m:	4:35.51	400m:	6:08.30		
21.	Ottoy Lili						ZDKK/21017/11	6:04.72	6:09.56	261
	50m:	39.26	150m:	2:11.87	250m:	3:50.62	350m:	5:25.89		
	100m:	1:24.92	200m:	3:00.72	300m:	4:38.54	400m:	6:09.56		
22.	Verhulst Noor						STW/21219/12	6:06.03	6:15.90	248
	50m:	39.77	150m:	2:13.43	250m:	3:53.69	350m:	5:32.45		
	100m:	1:25.80	200m:	3:02.98	300m:	4:43.35	400m:	6:15.90		
23.	Cowie Lore						SWEM/21070/11	NT	6:31.45	220
	50m:	45.64	150m:	2:27.20	250m:	4:07.44	350m:	5:46.09		
	100m:	1:36.15	200m:	3:18.31	300m:	4:56.97	400m:	6:31.45		
dis	Verhofstede Lena						di:GBZ/21100/11	NT		
	<i>SW 4.4 - valse start</i>									

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 3
22/06/2024 - 15:12

Dames, 100m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang				Inschr.	Tijd	Pnt
1.	Renders Charlotte			TSZ/21051/09	1:12.77	1:12.92 489
	50m: 34.30	100m: 1:12.92				
2.	Stessens Emma-Louise			TSZ/21065/11	1:13.53	1:14.80 453
	50m: 36.47	100m: 1:14.80				
3.	Guisset Jelle			AST/21057/10	1:14.20	1:15.13 447
	50m: 36.09	100m: 1:15.13				
4.	Eelbode Emelie			ZNA/21374/12	1:18.93	1:15.52 440
	50m: 36.81	100m: 1:15.52				
5.	Verluyten Niene			TSZ/41093/12	1:16.43	1:16.30 426
	50m: 37.14	100m: 1:16.30				
6.	De Smul Pauline			STA/21042/09	1:17.05	1:18.81 387
	50m: 38.56	100m: 1:18.81				
7.	Wachtelaer Charlot			AST/21051/10	1:17.81	1:18.96 385
	50m: 37.98	100m: 1:18.96				
8.	Kerckhofs Nienke			BEST/21116/11	1:20.87	1:19.12 382
	50m: 38.58	100m: 1:19.12				
9.	Schelfaut Nell			TSZ/21056/10	1:19.60	1:20.14 368
	50m: 38.64	100m: 1:20.14				
10.	Jacobs Eva			LZV/21062/11	1:19.80	1:20.98 357
	50m: 38.30	100m: 1:20.98				
11.	Wullaert Fien			STW/21220/11	1:21.72	1:21.12 355
	50m: 39.57	100m: 1:21.12				
12.	Vander Mijnsbrugge Lore			AZL/21109/12	1:25.90	1:21.45 350
	50m: 39.94	100m: 1:21.45				
13.	Bayens Nina			ZDKK/21014/12	1:23.65	1:22.12 342
	50m: 40.72	100m: 1:22.12				
14.	De Smet Amélie			STW/21217/13	1:23.72	1:22.39 339
	50m: 39.54	100m: 1:22.39				
15.	Filimonov Vlada			SWEM/21100/10	1:18.73	1:22.68 335
	50m: 40.31	100m: 1:22.68				
16.	Boterbergh Lieke			AST/21065/12	1:25.56	1:23.07 330
	50m: 40.62	100m: 1:23.07				
17.	Osselaer Kato			ZNA/21337/10	1:26.35	1:23.50 325
	50m: 41.05	100m: 1:23.50				
18.	Carrera Nyah			ZORO/21199/07	NT	1:23.69 323
	50m: 39.76	100m: 1:23.69				
19.	Rutsaert Emily			STA/21067/12	1:23.74	1:23.71 323
	50m: 41.41	100m: 1:23.71				
20.	Van Daele Josefien			STW/21204/11	1:29.22	1:24.61 313
	50m: 41.05	100m: 1:24.61				
21.	Janssen Lauren			GZVN/21367/12	1:24.37	1:24.77 311
	50m: 41.80	100m: 1:24.77				
22.	D'Hondt Annelien			STZ/21182/12	1:30.22	1:26.81 289
	50m: 43.02	100m: 1:26.81				
23.	Hoebbeck Tinne			ZNA/21330/10	NT	1:29.24 266
	50m: 43.13	100m: 1:29.24				

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 3, Dames, 100m rugslag, open leeftijdsgroep

Rang				Inscr.	Tijd	Pnt
24.	Verhulst Noor			STW/21219/12	1:30.74	1:30.07 259
	50m:	44.44	100m:	1:30.07		
25.	Cuypers Manon			GZVN/21315/12	1:31.70	1:31.24 249
	50m:	44.10	100m:	1:31.24		
26.	du Parc Aurore			ZORO/21180/12	1:32.83	1:31.29 249
	50m:	43.97	100m:	1:31.29		
27.	Buyle Geike			STA/21078/13	1:38.50	1:35.67 216
	50m:	45.11	100m:	1:35.67		
28.	Ratsitska Irini			GZVN/21352/13	1:36.85	1:36.50 211
	50m:	45.71	100m:	1:36.50		
29.	De Wulf Alexine			STA/21076/12	1:41.83	1:41.07 183
	50m:	47.70	100m:	1:41.07		
30.	Debaets Elien			AZL/21118/13	1:45.76	1:41.12 183
	50m:	48.17	100m:	1:41.12		
31.	Charlier Margot			ZORO/21183/12	1:44.39	1:43.12 172
	50m:	50.62	100m:	1:43.12		
32.	Noppe Emma			STA/21072/12	1:40.49	1:43.26 172
	50m:	49.88	100m:	1:43.26		

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 17
22/06/2024 - 17:17

Dames, 200m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt
1.	Beijnsberger Mare					FAST/21119/10 NT	2:41.00	449
	50m: 36.82	100m: 1:18.82	150m: 2:01.86	200m: 2:41.00				
2.	Meertens Jessy					GZVN/21277/11 2:53.62	2:49.94	382
	50m: 37.50	100m: 1:19.58	150m: 2:05.46	200m: 2:49.94				
3.	De Corte Alix					ZORO/21157/09 2:51.28	2:51.72	370
	50m: 39.47	100m: 1:23.76	150m: 2:08.78	200m: 2:51.72				
4.	Van Ooteghem Kyana					FAST/21095/11 2:49.39	2:52.97	362
	50m: 41.69	100m: 1:25.41	150m: 2:10.00	200m: 2:52.97				
5.	Buyle Laure					STA/21064/11 2:51.30	2:54.18	355
	50m: 41.04	100m: 1:26.11	150m: 2:10.53	200m: 2:54.18				
6.	Boxho Valentine					ZORO/21168/11 3:00.47	2:56.24	342
	50m: 40.67	100m: 1:25.78	150m: 2:11.68	200m: 2:56.24				
7.	Van Bunder Inez					TSZ/21091/13 NT	2:57.52	335
	50m: 42.13	100m: 1:29.03	150m: 2:14.77	200m: 2:57.52				
8.	Jacobs Eva					LZV/21062/11 2:53.40	2:57.54	335
	50m: 41.53	100m: 1:27.35	150m: 2:13.57	200m: 2:57.54				
9.	Taelman Yade					SWEM/21085/11 NT	3:08.48	280
	50m: 45.90	100m: 1:34.42	150m: 2:22.94	200m: 3:08.48				
dis	Vander Mijnsbrugge Lisa					disAZL/21101/10 3:07.02		
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>							
FF	Murat Irem					FFTSZ/21050/10 NT		

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 5
22/06/2024 - 15:30

Dames, 100m schoolslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
1. Chichkova Lili 50m: 39.23 100m: 1:24.54	FAST/21011/08 1:26.73	1:24.54	436
2. De Grave Lize 50m: 40.07 100m: 1:25.95	STA/21048/09 1:27.21	1:25.95	415
3. Martens Ries 50m: 41.44 100m: 1:29.46	GZVN/21316/11 1:32.00	1:29.46	368
4. Bonnier Charlène 50m: 42.79 100m: 1:30.09	FAST/21033/10 1:30.23	1:30.09	360
5. Berkein Alessia 50m: 44.17 100m: 1:34.42	STA/21077/12 1:41.38	1:34.42	313
6. Decuman Janina 50m: 45.52 100m: 1:36.04	STA/21069/10 1:34.35	1:36.04	297
7. Van Nieuwenhuysse Lotte 50m: 45.30 100m: 1:37.05	ZNA/21414/12 1:39.17	1:37.05	288
8. Kemseke Jenne 50m: 47.72 100m: 1:40.35	ZNA/21378/11 1:37.80	1:40.35	260
9. D'Hondt Annelien 50m: 49.88 100m: 1:41.70	STZ/21182/12 1:38.53	1:41.70	250
10. Lammens Alix 50m: 49.23 100m: 1:43.54	LZV/21075/13 1:42.64	1:43.54	237
11. Punzo Michelle 50m: 48.52 100m: 1:43.56	STW/21238/11 1:43.78	1:43.56	237
12. Ratsitska Irini 50m: 50.20 100m: 1:46.20	GZVN/21352/13 1:50.48	1:46.20	220
13. De Mey Aurora 50m: 51.90 100m: 1:48.08	SWEM/21106/12 1:48.60	1:48.08	208
14. Cowie Lore 50m: 52.49 100m: 1:48.60	SWEM/21070/11 2:00.44	1:48.60	205
15. Jacob Emma 50m: 56.30 100m: 1:58.79	ZNA/21412/13 NT	1:58.79	157
dis Legrand Alicia SW 7.2.b - <i>armbeweging wordt niet gevolgd door beenbeweging = schoolslagcyclus (behalve bij KP of A)</i>	dis:ZNA/21411/12 1:38.91		

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 19
22/06/2024 - 17:33

Dames, 200m schoolslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt
1.	Van Den Bremt Sarah					AZL/21085/10	3:04.95	3:08.88 398
	50m: 44.37	100m: 1:32.51	150m: 2:21.42	200m: 3:08.88				
2.	Reychler Jinne					ZNA/21342/09	3:09.25	3:11.66 381
	50m: 43.29	100m: 1:33.29	150m: 2:23.70	200m: 3:11.66				
3.	Bullen Lotte					ZDKK/21013/11	3:24.98	3:12.68 375
	50m: 43.38	100m: 1:34.10	150m: 2:24.12	200m: 3:12.68				
4.	Osselaer Kato					ZNA/21337/10	3:14.09	3:13.20 372
	50m: 44.98	100m: 1:34.93	150m: 2:25.71	200m: 3:13.20				
5.	Van Doorne Lore					STA/21066/11	NT	3:19.30 338
	50m: 46.96	100m: 1:37.87	150m: 2:29.35	200m: 3:19.30				
6.	Wachtelaer Charlot					AST/21051/10	3:15.05	3:19.69 336
	50m: 43.97	100m: 1:36.23	150m: 2:28.19	200m: 3:19.69				
7.	De Mulder Chloë					STA/21049/10	NT	3:24.01 315
	50m: 47.22	100m: 1:38.97	150m: 2:31.23	200m: 3:24.01				
8.	Debrabandere Leonie					TSZ/21071/12	3:18.80	3:24.18 315
	50m: 45.29	100m: 1:37.80	150m: 2:30.86	200m: 3:24.18				

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 1
22/06/2024 - 15:00

Dames, 100m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang				Inschr.	Tijd	Pnt
1.	Verluyten Leni			TSZ/21094/10	1:11.90	1:13.86 423
	50m:	34.36	100m:			1:13.86
2.	Vanderlinden Paulien			BEST/21117/11	1:16.39	1:15.68 393
	50m:	35.31	100m:			1:15.68
3.	Waelput Elodie			TSZ/21075/10	1:19.68	1:17.82 362
	50m:	35.91	100m:			1:17.82
4.	Van Bunder Inez			TSZ/21091/13	1:20.72	1:19.72 337
	50m:	37.40	100m:			1:19.72
5.	De Corte Alix			ZORO/21157/09	1:20.14	1:20.99 321
	50m:	34.87	100m:			1:20.99
6.	Van Doorne Lore			STA/21066/11	1:23.80	1:21.70 313
	50m:	38.16	100m:			1:21.70
7.	Den Tandt Amber			AZL/21036/07	1:17.03	1:23.50 293
	50m:	36.09	100m:			1:23.50
8.	Debaets Lies			AZL/21117/09	NT	1:26.89 260
	50m:	39.27	100m:			1:26.89
9.	Janssen Lauren			GZVN/21367/12	1:31.39	1:35.35 196
	50m:	41.77	100m:			1:35.35
10.	Meganck Lio			AST/21063/11	1:42.51	1:36.00 193
	50m:	42.01	100m:			1:36.00
dis	Badidi Chahd			dis:ZNA/21442/12	NT	
	<i>SW 10.2 - Niet de volledige afstand gezwommen</i>					

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 15
22/06/2024 - 17:13

Dames, 200m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
1.	Van Ooteghem Kyana						FAST/21095/11 NT	3:09.31	266
	50m:	37.82	100m:	1:23.83	150m:	2:15.40	200m:	3:09.31	
2.	De Mey Aurora						SWEM/21106/12 NT	3:58.52	133
	50m:	46.66	100m:	1:43.30	150m:	2:50.46	200m:	3:58.52	

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 9
22/06/2024 - 15:53

Dames, 200m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
1. Van Den Brecht Sarah	AZL/21085/10 2:44.32	2:41.09	479
50m: 34.80 100m: 1:15.77 150m: 2:04.72 200m: 2:41.09			
2. Guisset Jelle	AST/21057/10 2:41.55	2:45.19	445
50m: 35.15 100m: 1:17.28 150m: 2:08.80 200m: 2:45.19			
3. Maes Marthe	AST/21055/09 2:46.95	2:45.39	443
50m: 33.47 100m: 1:15.33 150m: 2:06.93 200m: 2:45.39			
4. Claessens Ella-Louise	GZVN/21290/11 2:51.31	2:48.51	419
50m: 35.90 100m: 1:20.22 150m: 2:10.31 200m: 2:48.51			
5. Vandeputte Eebe	BEST/21093/08 2:45.53	2:48.73	417
50m: 38.27 100m: 1:23.39 150m: 2:11.67 200m: 2:48.73			
6. Kerckhofs Nienke	BEST/21116/11 2:53.19	2:51.68	396
50m: 39.18 100m: 1:23.54 150m: 2:13.76 200m: 2:51.68			
7. Maes Noor	AST/21062/11 2:55.34	2:52.49	390
50m: 36.65 100m: 1:19.10 150m: 2:15.43 200m: 2:52.49			
8. Bullen Lotte	ZDKK/21013/11 2:55.71	2:56.08	367
50m: 37.59 100m: 1:26.90 150m: 2:15.54 200m: 2:56.08			
9. De Smet Amélie	STW/21217/13 3:04.48	3:04.31	320
50m: 42.03 100m: 1:25.32 150m: 2:22.51 200m: 3:04.31			
10. Maes Hanne	AST/21068/13 3:24.53	3:10.29	291
50m: 40.48 100m: 1:29.06 150m: 2:28.87 200m: 3:10.29			
11. Legrand Alicia	ZNA/21411/12 3:08.76	3:14.32	273
50m: 47.67 100m: 1:35.75 150m: 2:29.19 200m: 3:14.32			
12. Vander Mijnsbrugge Lani	AZL/21108/11 NT	3:16.59	264
50m: 45.11 100m: 1:33.11 150m: 2:34.98 200m: 3:16.59			
13. Meganck Lio	AST/21063/11 3:15.85	3:17.56	260
50m: 42.39 100m: 1:34.86 150m: 2:33.30 200m: 3:17.56			
14. De Maeijer Elena	SWEM/21079/11 4:02.22	3:26.76	226
50m: 44.87 100m: 1:37.48 150m: 2:41.34 200m: 3:26.76			
15. Kemseke Jenne	ZNA/21378/11 NT	3:31.61	211
50m: 51.18 100m: 1:46.78 150m: 2:41.92 200m: 3:31.61			
16. Van Nieuwenhuysse Lotte	ZNA/21414/12 NT	3:34.45	203
50m: 54.68 100m: 1:50.79 150m: 2:44.86 200m: 3:34.45			
17. Debaets Elien	AZL/21118/13 3:40.51	3:43.80	178
50m: 56.89 100m: 1:54.12 150m: 2:54.68 200m: 3:43.80			
dis Reychler Jinne	dis:ZNA/21342/09 3:14.35		
<i>SW 7.1.a - meer dan één vlinderslag beenbeweging uitgevoerd na S of KP</i>			
dis Punzo Michelle	dis:STW/21238/11 3:17.91		
<i>SW 7.1.c - Hoofd doorbreekt wateroppervlak niet vooraleer de armen binnenwaarts te brengen bij de 2de armbeweging</i>			
dis Guldemont Nell	dis:ZDKK/21030/11 3:22.78		
<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt of handen op elkaar gelegd bij KP of A</i>			
dis Jacob Emma	dis:ZNA/21412/13 NT		
<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt of handen op elkaar gelegd bij KP of A</i>			
FF Kerremans Nora	FFAZL/21095/10 2:57.03		
FF Van De Winkel Lola	FFAZL/21106/12 3:01.39		

AST Midzomertest 2024
Aalst, 22/6/2024

Programmanr. 13
22/06/2024 - 17:00

Dames, 400m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2023

Rang						Inschr.	Tijd	Pnt	
1.	Verluyten Leni					TSZ/21094/10	NT	5:30.28	524
	50m:	34.68	150m:	1:56.31	250m:	3:24.36	350m:	4:52.46	
	100m:	1:15.06	200m:	2:37.82	300m:	4:13.26	400m:	5:30.28	
2.	Van Avondt Lina					STA/21039/09	NT	5:30.92	521
	50m:	34.78	150m:	1:58.17	250m:	3:29.35	350m:	4:56.09	
	100m:	1:15.63	200m:	2:40.44	300m:	4:18.43	400m:	5:30.92	
3.	Waelput Elodie					TSZ/21075/10	5:50.15	5:40.83	477
	50m:	36.80	150m:	2:04.37	250m:	3:34.83	350m:	5:03.48	
	100m:	1:19.92	200m:	2:48.25	300m:	4:23.47	400m:	5:40.83	
4.	Renders Charlotte					TSZ/21051/09	NT	5:44.67	461
	50m:	37.59	150m:	2:04.47	250m:	3:36.04	350m:	5:06.30	
	100m:	1:24.89	200m:	2:44.32	300m:	4:28.23	400m:	5:44.67	
5.	Maes Marthe					AST/21055/09	5:40.66	5:51.56	434
	50m:	36.93	150m:	2:05.21	250m:	3:37.89	350m:	5:15.19	
	100m:	1:23.33	200m:	2:45.90	300m:	4:33.53	400m:	5:51.56	
6.	Vlamijnck Lore					STA/21024/09	NT	5:55.00	422
	50m:	36.38	150m:	2:06.07	250m:	3:42.29	350m:	5:15.96	
	100m:	1:20.21	200m:	2:49.42	300m:	4:35.07	400m:	5:55.00	
7.	De Mulder Chloë					STA/21049/10	NT	6:00.54	403
	50m:	36.50	150m:	2:09.66	250m:	3:48.29	350m:	5:22.75	
	100m:	1:22.12	200m:	2:55.15	300m:	4:42.19	400m:	6:00.54	